



Ross Valley Village

January 2019 Newsletter

Serving the communities of Fairfax, Greenbrae, Kentfield,
Ross and San Anselmo

A new year with new opportunities

As 2019 begins we hope you will make a resolution to take advantage of more of the opportunities that Marin Villages offers each month. Look at our newsletters each month and pick an activity to go to where you might meet a new person. Call to request a volunteer walking companion or a ride to a local park or exercise class. Let us help you to get that challenging household task off of your to-do list. Marin Villages is here to motivate you and meet your needs.

We look forward to seeing you more this year!

The Ross Valley Village Steering Committee: Loulie Sutro, Loraine Berry, Terri Dowling, Carolyn Jones, Suellen Lamorte, Anne Ramsey, Sara Robinson

December Holiday Party A tradition and festive time for all

We had over 24 Village members and volunteers come to St. John's for a holiday luncheon that included good conversation, a lovely array of food, and charming carols sung by the preschool class. This annual Ross Valley Village tradition is a wonderful way for us to end the year with each other. We hope to create more annual traditions this year for our members.



Ross Valley Villages steering committee meeting

Thursday, January 10, 10am -11:30

Location: at the home of Suellen Lamorte's in San Anselmo.

Call the office for directions for a ride to the meeting.

The committee welcomes all members and volunteers who might want to help with marketing our Village, welcoming new members with phone calls or notes, planning our monthly events or who know they have other skills or ideas to offer. Come to our meeting! We will be happy to give you a ride there.

What's Happening in Ross Valley Villages

If you would like to participate in any of the activities below and need transportation, please call the office at 415-457-4633 to arrange a ride.

New Ross Valley Villages Members Coffee

Monday, January 14, 10:30-12:00pm

at the home of Loraine Berry in Ross

The steering committee invites members who joined last year to a special morning of conversation and getting to know some of our members. We will contact you directly about this event. Call the office to arrange for a ride!

(Lunch by the Bay) Table for 8

Wednesday, January 16 at 12pm

Where: Jason's Restaurant, 300 Drakes Landing Rd, Greenbrae

Come join others for lunch and conversation. Set price of \$20.00 per member. Guest must pay for beverages ordered.

*Limited number, so please RSVP at 415-457-4633 or to info@marinvillages.org.

Breakfast with friends at Fairfax Cafe

Wednesday, January 16, 9:30 to 10:30 am

(3rd Wednesdays)

33 Broadway, Fairfax

Join us for our informal monthly social hour over coffee and breakfast (you cover the cost)

Make new friends and keep the old--bring your neighbor, friend, a family member or show up on your own! A joint event by Age Friendly Fairfax.

Ask an Expert:

Friday, January 25 12:30-1 pm

Fairfax Library, 2097 Sir Francis Drake Blvd.

Meet one-on-one if you have concerns or questions about resources for older adults in Fairfax and Marin. Stay for the Fairfax Forum right after. See below.

Age Friendly Fairfax Forum: "Aging in Place with Grace"

Friday, January 25, 1:00-2:00 pm

Fairfax Library 2097 Sir Frances Drake Blvd.

Have you thought about your most and least, preferred scenarios for how you'd like your later years to unfold? What would best support your health and personal care, finances, transportation needs, and living situation, etc. Thinking and planning ahead will help you control or manage the choices and decisions you do have as you age.

Around the Villages

Marin County Commission on Aging

January 3, 10-11am

Whistlestop, 930 Tamalpais Ave. San Rafael

"Aging in Place with Grace: Planning Ahead" Focus will be on scenarios as we age including topics of finances, housing, personal and health care; with presentation on Community Resource Guide and 457-INFOnline.

Mill Valley Village Coffee at Sweetwater

January 9, 11-12:30

19 Corte Madera Ave. Mill Valley Village

Just show up and have a coffee and conversation with our Mill Valley Village Members.

Save the Date

Lunch and Lecture: MarinNostalgia

for all Village Members sponsored by Ross Valley and Twin Cities Villages

Saturday March 2 11:30-2:00

Jason's Community Room, 300 Drake's Landing, Greenbrae

Enjoy your friends over a buffet lunch and listen to local historian and real estate agent Jason Lewis share stories and answer your questions about the history of Marin. Visit Jason's website: www.MarinNostalgia.com, Marin's first "grass roots" history website featuring Marin photos from the 1950s to the 1980s as well as interviews with Marin luminaries. MarinNostalgia was given a "Best of the Bay" award by a local magazine and has been featured in the Marin Independent Journal and Pacific Sun. Lunch starts around 11:30, with Jason speaking at 12:30.