



San Rafael Village

February 2019 Newsletter

FEBRUARY

CALENDAR MONTH

SUNDAY

FIRST DAY OF WEEK

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	01	02
04	05 Death Café 2:00	06 First Wednesday Coffee - 2:00	07 Buck Center Tour 10:30	08 Women's Support Group 10:00 Program Committee 1:30	09
11 Movie Group 4:00	12	13 Membership/ Volunteer Committee 1:30	14	15 Steering Committee 1:30	16
18	19 Scrabble 2:30	20 A Walk with Our Dogs 1:00	21	22 Memoir Writing Group 2:00	23
25 Apple Tech Workshop 1:00	26 Lunch Out! 12:30	27 Great Books Group 1:00	28 Book Club 2:00 Happy Hour 4:00	01	02
04	05	06	07	08	09

Information on San Rafael Village Events for February, 2019

Tuesday, February 5

2:00PM

DEATH CAFÉ

Now scheduled for the first **Tuesday** of every month. Expertly facilitated by Jackie Hewitt, participants share issues and concerns and listen to experiences of others. After several months of oversized groups, the Death Café has evolved to the ideal sized group for intimate exchanges. MUST RSVP TO BE INCLUDED. Call Marin Villages at 415-457-4633 or info@marinvillages.org to RSVP.

Wednesday, February 6

2:00PM

FIRST WEDNESDAY COFFEE

This gathering is always fun and lively. Join friends from San Rafael Village and bring a friend or neighbor. This month's hostess is Sparkie Spaeth, 207 Riviera Drive, Peacock Gap neighborhood. Questions? Contact Joy Bloom at 415-717-0173 or joy@ejbloom.com

Thursday, February 7

10:30-12:00PM

BUCK CENTER TOUR

Have you ever wondered what research and developments are happening at the Buck Center? Join us for a special tour. This is for Marin Village members, volunteers and their guests only. The tour is limited to 25 people. Please RSVP through the office at 415-457-4633.

Friday, February 8

10:00-12:00PM

WOMEN'S SUPPORT GROUP

Donna Posard, a San Rafael Village member, is facilitating this group, which will consist of no more than 10 San Rafael Village women. She has led support groups for several decades. Each participant will be expected to attend monthly meetings. Each meeting will be on a different topic and suggestions are welcome. For the first meeting, you will be asked to bring two photos of yourself: one should show you at a young age (under 10) and one at a later age (but under 30).

THIS GROUP IS FULL AT THIS TIME

Friday, February 8

1:30PM

PROGRAM COMMITTEE

Help us plan and implement the many social events and programs offered by San Rafael Village. Contact Carole Sherick at 415-479-0930 or csherick@gmail.com for more information.

Monday, February 11

at approx. 4:00PM

MOVIE GROUP

We meet for late afternoon movie and dinner. On the Thursday before the second Monday of each month (our monthly movie date), those Villagers on the movie-goers list will receive notice of which movie has been selected. If interested in becoming part of this group and receiving monthly notices, contact Joan Hartwell at joanh@comcast.net or 415-479-9101.

Wednesday, February 13

1:00PM

MEMBERSHIP/VOLUNTEER COMMITTEE

Help us recruit new members and volunteers. Contact Jane Solomons at 415-492-8041 or cartersolo@comcast.net for more information.

Friday, February 15

1:30PM

STEERING COMMITTEE

Are you interested in helping guide and further develop San Rafael Village? Do you have organizational and administrative skill you can contribute to the Steering Committee? If so, please contact Sparkie Spaeth at oksparkie@aol.com or 415-250-3172.

Tuesday, February 19

2:30PM

SCRABBLE

This is a casual game on the third Thursday of the month. If you are interested in playing, please contact Barbara Rozen at broze@att.net or 415-472-6610.

Wednesday, February 20

1:00PM

A WALK WITH OUR DOGS

A new event we are trying out. Bring your dog to the Hamilton levee for an hour walk along a flat, scenic, dog-friendly path. All Villages welcome! We will meet at the entrance to the path at the end of the parking lot by Hanger 7. Please be prompt (dogs don't like to wait). Rain cancels event. Questions? Call Sparkie at 415-250-3172 or email oksparkie@aol.com to RSVP. Directions: Nave Drive to Main Gate Drive. Continue on Marin Gate Drive and stay right onto S. Palm Drive. Right on Hanger Road and first left at the Hangers.

Friday, February 22

2:00PM

MEMOIR WRITING GROUP

Susan Mines facilitates our Memoir Writing Group. This group has been meeting monthly for over 2 years and welcomes new members. Contact Susan at souzele@comcast.net or 415-479-0351 for information.

Monday, February 25

1:00PM

APPLE TECH WORKSHOP

Tech workshop with Trish King. Trish works one on one helping members and volunteers with problems using Apple devices – iPhone, iPad, and MAC. Each individual session is one half hour. To register for a place in this or subsequent workshops, contact Ginni Saunders at Ginnisaunders@gmail.com. Workshops are held in Ginni's Novato home.

Tuesday, February 26

12:30PM

LUNCH OUT!

Casa Manana, 711 D Street, San Rafael (a little bit hidden by the medical office building. Just follow the signs and listen for the sound of happy eating!)

Casa Manana was started some thirty years ago by Margarita with the help of her mother, Mama Grande. She uses all her mother's original recipes and sauces evolving into a Mexican/Salvadorian food experience like no other. Only free range chicken and no lard or MSG is ever used. Feel free to create your own customized meal from the extensive menu offerings.

PLEASE PLAN TO PAY FOR YOUR MEAL WITH CASH, ADDING 20% TIP. IN EXCHANGE, WE WILL BE GIVEN INDIVIDUAL CHECKS.

RSVP to Valerie Stilson at 415-479-1439 or valerie.stilson@sbcglobal.net

Thanks! Looking forward to having lunch with you!

Wednesday, February 27

1:00PM-3:00PM

MARIN VILLAGES GREAT BOOKS GROUP

The group will be discussing the two readings under "Death," from the **Counter Parts Anthology**: *The Immoderation of Ifat* by Sara Suleri and *Now We Are Five* by David Sedaris.

In March, we will be starting a new anthology, **Great Conversations#2** published by The Great Books Foundation. (This is part of a six part series). It can be purchased from the Great Books Foundation or Amazon.

If you have questions, please email Paula Weinberger at pweinberger41@gmail.com or ginnisaunders@gmail.com. The Great Books Group meets at the Novato home of Ginni Saunders.

Thursday, February 28

2:00PM

BOOK CLUB

This Club meets on the fourth Thursday of each month at the home of Karen Gray. All members and volunteers are welcome to join us. This month's book will be decided at the January meeting. If you have questions or interest, please call Karen at 715-403-3345.

Thursday, February 28

3:00 -5:00PM

HAPPY HOUR

Join San Rafael Village at Vin Antico restaurant, 881 4th Street, downtown San Rafael for our quarterly happy hour. This well- regarded bistro has a lovely atmosphere and great food. Appetizers, courtesy of San Rafael Village, and no host bar. Come socialize with members and volunteers and bring a guest. RSVP to Marin Villages at info@marinvillages.org or 415-457-4633.

Our First Wednesday Coffees have been a popular monthly gathering time. Hosting the coffees at people's homes makes the event especially appealing. Of course, we are always looking for new places to offer our coffees. As the host, all one is responsible for is providing the space. On the day of the coffee, our "wonder team" appears around 1:30 and, while the host watches in amazement, gets to work. Before 2:00 the coffee is made, tea is available, water pitchers filled and goodies laid out. The host just needs to greet the arrivals. After, clean-up is taken care of and your home soon looks like no one was there.

Please consider being a host. To discuss, contact Joy at joy@ejbloom.com or 415-717-0173.