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Empowering older adults to be active,
connected and independent in the place they
call home



TIBURON PENINSULA VILLAGE NEWSLETTER

AUGUST 2020

ADDITIONS TO EMERGENCY KITS ON THE WAY!



TPV members will soon receive a call from a TPV volunteer to arrange for delivery of a small brown lunch bag with two great additions to the Emergency Kits we delivered last year: a battery-operated transistor radio and a battery-operated LED lantern which provides a great deal of light in a power outage.

In the brown bag is a letter that explains how to turn each of these devices on. Both the radio and the lantern have been tested so we know they are working. Batteries will need to be changed every year to keep them in good operating condition—or more often if used frequently during the year.

These additions were made possible by a generous grant from the Rotary Club of Tiburon Sunset, whose members helped fund and deliver

the emergency kits last fall. Because of COVID, Rotary members can't join in this year's delivery, but they are so pleased to have enabled this wonderful addition to the kits they made possible for TPV members last year!

WELCOME, NEW MEMBERS AND VOLUNTEERS!

Volunteers: Rosie Reider-Smith is a student at Dominican in psychology.

Thank you, Rosie, for giving your time and energy to our village!

LOCAL VILLAGE EVENTS (open to all, unless noted)

Hope you are all faring at least reasonably well during this crazy time. Here are some fun events to help lift your spirits and keep you connected! All events will happen on Zoom.

Food & Drink

TPV Coffee Hour

Thursday, August 13, 11:00am

Just a casual gathering to say hi and share what we are all up to while sheltering in place. We will send out a reminder with the Zoom link a few days before August 13, but put the date on your calendar now! No RSVP is required, but it is helpful to email Cherie if you think you can come. Cheryl.Sorokin@gmail.com or just reply to the email from Tiburon Peninsula Village that will be sent to you with the Zoom link.

TPV Happy Hour

Tuesday, August 18, 4:00pm

BYO beverage of choice and share a toast with your fellow TPV members and volunteers. August 18 is the 100th anniversary of the passage of 19th amendment, which gave the vote to women, so come toast the suffragettes! The passage of the amendment was a triumph of many years of painful effort. However, many women of color were systematically denied the right to exercise this 19th amendment right until the Voting Rights Act of 1964.

We will send out a reminder with the Zoom link a few days before August 18, but put the date on your calendar now! No RSVP is required, but it is helpful to email Cherie if you think you can come.

Cheryl.Sorokin@gmail.com or just reply to the email from Tiburon Peninsula Village that will be sent to you with the Zoom link.

MARIN VILLAGES EVENTS

Advance Healthcare Directives

Tuesday, August 11, 3:00pm



Don't put off thinking about end-of-life choices! Dr. Mits Tomita, a retired family-practice physician and volunteer with Compassion & Choices, will Zoom with us to discuss advance healthcare directives. This discussion will be hosted for Marin Villages by Compassion & Choices, a nonprofit working to improve individuals' personal end-of-life choices. You must RSVP to the office to receive the Zoom link for this program. (415) 457-4633 or info@marinvillages.org

Ross Valley Village Local History Event

Wednesday, August 12, 2:00pm

Ross Valley Village is hosting this Zoom gathering and we're all invited! This is a "go back in history" program about the early days of Kentfield, Ross, and San Anselmo with long-time community members Richard Torney and Neil Park from Kentfield and Richard Miner from San Anselmo. Relive memories of early days in Marin with this informative presentation. You need to RSVP to Loulie Sutro, chair of the Ross Valley Village Steering Committee, lhsutro@msn.com or (415) 497-8961, in order to receive the zoom link for this meeting.

Growing Up in Ireland During the Troubles

Wednesday, August 26, 3:00 pm



Colin Crawford, a TPV and Marin Villages volunteer whom many of you know from our Zoom training workshops, will talk about his experiences growing up in Belfast, Northern Ireland, in the 70s and the issues and realities of life there at that time. It was a period of unrest and danger that spawned a civil rights movement, sectarian violence by Catholic and Protestant paramilitary groups, and the collapse of government and direct rule from the UK. You must RSVP to the office to receive the Zoom link for this program. (415) 457-4633 or info@marinvillages.org

COMMUNITY EVENTS

Belvedere Tiburon Library

The library is now open, curbside, from 10:30 to 2:00 pm. It is also offering a number of programs online. Here are just two that may be of interest.

Belvedere Tiburon Library Virtual Chess Club

Every Wednesday, 6:00pm

Online

Live games from 6:00 – 7:00 on [Chess.com](https://www.chess.com) with this group sponsored by the Belvedere Tiburon Library. You need to create an account at Chess.com to participate. Once you have an account set up you log in on Wednesday nights at 6:00pm. On the left side of the screen, click PLAY. Then on the top right of the screen click of TOURNAMENT and then JOIN BET-WEDS_TOURS. All ages, all skill levels welcome, including first time players.

Health Insurance Counseling and Advocacy Program on Medicare Options

Wednesday, August 19, 9:30 – 10:30am
Online

Learn the advantages and disadvantages of how you select your Medicare. Registration required at [this link](#).

TIBURON PENINSULA VILLAGE ANNOUNCEMENTS

Reminder: Fire Season Is Coming and Power Outages May Be an Issue Again

Under the category of “99 ways for the earth to make life even more difficult,” it’s important to remember that fire season is coming soon, and planned power outages might come with it! So, be sure to take these three important steps:

1. If you live in your own home, clear, or hire a gardener to clear, all dead brush and grass, and remove plants that are known fire hazards (especially juniper, acacia, etc.). If you live in a condo or apartment, make sure the association or building owner is doing the same with the landscaping around your building.
2. Sign up for **AlertMarin**, the emergency alerts program with the County Sheriff so you are notified of evacuation notices and other emergency information on power outages and fires or other emergencies. You can use [this link](#).

If you have medical equipment that requires power, also sign up for PG&E’s **Medical Baseline Program**. Those registered in the Medical Baseline Program will receive additional notifications of potential power shut offs by phone, email, text, or even a knock on the door if you don’t respond. In addition, you receive a lower rate on your monthly energy bill. You don’t need medical proof right now during COVID, and it’s easy to apply online [using this link](#), or by phone at (800) 743-5000.

3. Keep your emergency kit, including the lantern and transistor radio you are about to receive, handy so you can easily grab them in a power outage or if you need to evacuate.
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AND MORE...

Your Ideas are Welcome

If you have ideas for TPV or Marin Villages programs, please contact Cherie or Gatian!

Cherie: cheryl.sorokin@gmail.com, Gatian: gatianc@comcast.net

HELP US HELP OTHERS

We are running an ad in *The Ark* every other week through August, featuring TPV volunteer Matt Masson and TPV member Geri Kuhns. Check it out! The first one was in this week's edition. We're still a "best kept secret" in the Tiburon Peninsula, so hoping the ads will help make us more visible in the community.

You can help too. Please tell your friends and neighbors about us and refer those you know who could use our services, might be interested in volunteering, or would like to donate to an organization serving older adults in Marin, to the office at (415) 457-4633, or to our website (www.marinvillages.org) for application forms and online donations.

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