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MARIN  
VILLAGES



Our Paths - Our Choices

Empowering older adults to be active,  
connected and independent in the place they  
call home



## SAN RAFAEL VILLAGE CALENDAR OF EVENTS

### SEPTEMBER 2020

## WELCOME, NEW MEMBERS AND VOLUNTEERS!

**Member:** Helen Dennis

We look forward to seeing you at an event soon!

## LOCAL VILLAGE EVENTS (open to all, unless noted)

Due to the shelter in place order, our groups and meetings will be held on Zoom. If you need technical assistance on Zoom use, please contact Jane Solomons at (415) 492-8041 or [cartersolo@comcast.net](mailto:cartersolo@comcast.net). Please note that other Marin Villages are also hosting Zoom activities that you are welcome to join. Check out their monthly calendars at [www.marinvillages.org](http://www.marinvillages.org).

If you have suggestions for Zoom groups/activities or non-Zoom ideas for San Rafael Village, please contact Sparkie at [oksparkie@aol.com](mailto:oksparkie@aol.com).

### Movie Group

Sundays, September 6, 13, 20, 27, 7:00pm

San Rafael Village loves our movie group! We meet on Zoom on Sundays at 7:00pm every week to discuss, in our highly entertaining but by no means high-brow group, a film selected from Netflix. We invite you to join the talk or just listen. If you are interested in joining the mailing list (invitations are only sent to those who request them), contact Karen Gray at [karenkasavana@gmail.com](mailto:karenkasavana@gmail.com) or (714) 403-3345.

### **Book Chat**

Monday, September 7, 2:00 – 4:00pm

Please join us on Zoom to share and talk about what you have been reading lately! Val Stilson will send out the Zoom link to the group the evening prior to the meeting. Please RSVP to Val Stilson at (415) 479-1439 or [valerie.stilson@sbcglobal.net](mailto:valerie.stilson@sbcglobal.net). Hope you can join us!

### **Wednesday Coffee Chat**

Wednesday, September 9, 2:00pm

We have changed to once-a-month Coffee Chat on the second Wednesday of the month for the time being, so don't miss it! Join us for the opportunity to visit with some of your San Rafael Village friends and perhaps meet new ones on Zoom! Most chats will have a designated topic to get the conversation going, but the talk could go anywhere. All are encouraged to contribute their "two bits" to the discussion. Or you could just be a listener. Carole will send out the Zoom link for the Wednesday Chats to all Village members and volunteers the day/evening prior. Contact Carole Sherick at (415) 479-0930 or email [csherick@gmail.com](mailto:csherick@gmail.com) with questions or suggestions.

### **Dealing with Loss**

Monday, September 14 2:00pm

Dealing with Loss is a support group coming together once a month on Zoom. **There is still one slot available for a new participant.** This is an intimate exchange of like-spirited people reaching for deep personal sharing, support, and learning new tools. It is facilitated by Jackie Hewitt, who brings more than two decades of grief support to the group. Contact Jackie Hewitt at [jackiejoyous@gmail.com](mailto:jackiejoyous@gmail.com) or (707) 849-9786 with questions and for the Zoom link.

### **Happy Hour!**

Thursday, September 17, 5:00 – 6:00pm

Join San Rafael Village in our monthly Zoom Happy Hour! Grab a snack and pour your beverage of choice and Zoom in to meet your Village friends for an hour of lively conversation. Get ready for some fun as we travel virtually to anywhere you wish. A link to sign in for Happy Hour will be sent to all villagers the day before. Questions? Contact Carole at (415) 479-0930 or [csherick@gmail.com](mailto:csherick@gmail.com).

### **Villages Book Club**

Thursday, September 24, 12:30pm

Please join us this month! You don't have to read the book first; just come meet us and see for yourselves what a lively group of readers we are. Everyone welcome. For more information and the Zoom link, please call Karen Gray at (714) 403-3345.

### Village Business

#### **Membership/Volunteer Committee**

Wednesday, September 9, 1:00 – 2:00pm

Help recruit new members and volunteers and support the ones we have. Contact Jane Solomons at (415) 492-8041 or [cartersolo@comcast.net](mailto:cartersolo@comcast.net).

#### **Program Committee**

Friday, September 11, 1:30 – 2:30pm

Join us to help plan and implement activities and social events for our members and volunteers. Contact Carole Sherick at [csherick@gmail.com](mailto:csherick@gmail.com) or (415) 479-0930.

#### **Steering Committee**

Friday, September 18, 1:30 – 3:30pm

Are you interested in helping guide and further expand San Rafael Village? Do you have organizational and administrative skills you can contribute? If so, please contact Sparkie Spaeth at [oksparkie@aol.com](mailto:oksparkie@aol.com) or (415) 250-3172.

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## **MARIN VILLAGES EVENTS**

## Marin Villages Volunteer Appreciation Zoom Party

Saturday, September 26, 3:00pm

SAVE THE DATE FOR THIS ANNUAL EVENT HONORING OUR AMAZING VOLUNTEERS! More information will be coming later in the month.

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### HELP US HELP OTHERS

If you know someone who could use our services, is interested in volunteering, or would like to donate to an organization serving older adults in Marin, please have them call the office at (415) 457-4633, or visit our website ([www.marinvillages.org](http://www.marinvillages.org)) for application forms and online donations.

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