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MARIN  
VILLAGES



Our Paths - Our Choices

Empowering older adults to be active,  
connected and independent in the place they  
call home



NOVATO VILLAGE  
NEWSLETTER

SEPTEMBER 2020

## MEMBER EMERGENCY KITS—A GIFT FROM THE KENNETH BERG TRUST

The Novato Village Steering Committee is excited to share the gift of emergency kits with all members in September. Our dedicated volunteers have been delivering the kits during the last week of August and the beginning of September.

We ask all members to:

- OPEN the kit.
- LOOK inside both zipper pouches at all the items included and the purpose of each item.
- READ the booklet from Marin Villages—the kit is *part* of your “go bag.” **There are additional, personal items you should put in a go bag.**
- FILL OUT the information in the booklet and keep it in the kit.

DECIDE where you will keep the kit—ideas: your car, an easy-to-access closet, other thoughts?

Keep it in a location that is easy to access and remember in case there's

a need for rapid evacuation.



*Pat Bailey and Joanne Keenan load kits for delivery*

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## LOCAL VILLAGE EVENTS (open to all, unless noted)

In September (only) we will not have a coffee gathering. Instead, there will be another event—Floral Poured Paint. See the sign-up information listed under the heading [Fun & Games](#).

### Food & Drink

#### **Zoom Happy Hour**

Wednesday, September 23, 4:00pm

Zoom from the comfort of your residence. Bring your own beverage—cocktail, cooler, tea, coffee, sparkling water. At this happy hour we ask you to >> **share a travel memory**. You can use a couple of photos or a souvenir from a favorite place and tell us about your travels. Cheers! *No need to RSVP, the Zoom link will be sent to everyone by email.*

### Education & Presentations

#### **Fire Evacuation – Can YOU Be Better Prepared?**

Wednesday, September 16, 1:00pm

Our guest presenter will be **John Hansen, Firewise liaison for FIRESafe MARIN**, a nonprofit organization dedicated to reducing wildland fire hazards and improving fire-safety awareness in Marin County. John will talk about ways to be prepared for possible wildfires and other emergency situations. He knows community safety can require preparation for evacuation. He is experienced in planning

community mobilization, preparing for the threat of fire, and reducing fire risk through education of community members.

Zoom presentation: **You must RSVP** to the office to receive the Zoom link for this program. (415) 457-4633 or [info@marinvillages.org](mailto:info@marinvillages.org)

## Exercise



### **Hamilton Levee Walk—a new activity on the 1<sup>st</sup> Thursday of each month**

Thursday, September 3, 9:30am

Hamilton Levee, 7 Hamilton Landing (enter levee between Hangers 5&6), Novato

It's a flat, open path; no mask if social distancing, but **have your mask handy** in case other walking groups get too close. Meet us at the levee wearing walking shoes and **mask**, and bring a water bottle, sunscreen, jacket, and hat if you wish. RSVP PLEASE so we don't start walking without you. If you are interested in walking with this group, please let Pat Bailey know at [pbailey49@aol.com](mailto:pbailey49@aol.com) or call her at (415) 883-9156.

## Books

### **Book Lovers' Group**

Tuesday, September 8, 1:00pm

31 Pinheiro Circle, Novato

The book chosen is *Just Mercy* by Bryan Stevenson. Some of you may have seen the movie. We agreed to try an outdoor, distanced meeting. **There is a park with large trees for shade directly across the street from NovaRo.** Everyone should bring a folding chair and a drink and a mask. We don't recommend food because of bugs and bees! We also

suggest we watch the weather and switch back to Zoom if we are having another heat wave. Watch your emails for any updates! Questions? Contact Marcia Sprinkle [msprinkle1884@yahoo.com](mailto:msprinkle1884@yahoo.com)

## Fun & Games

### **Poured Paint Floral Workshop**

Tuesday September 8 OR Wednesday, September 9, 10:00am – noon  
Sue Lyttle's studio, 2041A Mill Road, Novato

Paint an abstract flower masterpiece! No experience needed; just have fun! We will be working outside, standing on shaded gravel. Pouring paint is messy, wear old clothes. You will be supplied with gloves, a plastic apron, a small canvas, and all paints and supplies. Because poured paintings take a long time to dry, please arrange to pick up your finished painting on Saturday.

SIGN-UP at [suelyttle@comcast.net](mailto:suelyttle@comcast.net). Include your name, email, and phone number. The fee is \$10. Limit of 4 participants. IF IT RAINS, THE WORKSHOP WILL BE POSTPONED. You will be notified of the new date.



### **APBA—Have you heard of this Simulation Baseball game?**

Novato Village volunteer Tom Nelson is a real baseball fan and wanted to share this play-at-home game. Tom says, “As a NV volunteer, over 65, I am not driving for now. Besides reading, TV, movies, and games, I turn back to the game I have played since 1961 to have some extra fun. **David Eisenhower** played it to take away some stress during the Nixon Impeachment.”

The appellation **APBA** dates back to the 1930s and a bunch of high-school buddies in Lancaster, PA. The boys played a baseball simulation game invented by one of them, Dick Seitz. His game was loosely based on an old tabletop baseball game called National Pastime. But unlike

any previous board game, it combined the randomness of dice with the on-field performances of individual players. The boys called themselves the **American Professional Baseball Association**.



That soon was whittled down to its essential form: APBA. So while APBA is still an acronym for that first baseball simulation league, the word has taken on a meaning of its own. The game is APBA, and the word is pronounced “app’bah,” a term as slick and condensed as the game.

The plot twist that took APBA from a handmade diversion to a nationwide phenomenon comes courtesy of the 1950 Philadelphia Phillies. The Whiz Kids captured the fancy of Seitz and his wife, Jean, and got them so baseball crazy that they resurrected the game. It played so smoothly that in 1951, Seitz decided to share his creation.

The original game offered 20 player cards for each of the 16 major-league teams and two play charts. The whole shebang set you back \$10. The 150 games sold encouraged Seitz that there was a market for his game so he produced new versions annually from 1952–56. That steady increase in sales encouraged Seitz to quit his job in 1957 to make APBA a career.

Year by year, APBA’s fan base grew. The APBA baseball game played today is not much different than the 1957 version—one played millions of times by players worldwide. APBA changes with the times not only by changing, but by the rolls of the dice.

Play at home on your own time: <http://apbagames.com/apbabaseball>

## Groups

### **Village Viewers—movie discussion group**

Wednesday, September 16, 4:00pm

Bring the popcorn and join us for the next Village Viewers Zoom movie

group. We will be discussing the movie, *1917*. You can watch it on Amazon Prime, YouTube, and Google Play Movies. Everyone is welcome! This movie won three Academy Awards in the technical categories of best sound mixing, best cinematography and best visual effects. Village Viewers will always meet on the 3rd Wednesday of the month. Looking forward to seeing you there! If you have questions, contact Joanne Lang, [jlangtpa@gmail.com](mailto:jlangtpa@gmail.com) or call (916) 716-5800. *No need to RSVP, the Zoom link will be sent to everyone by email.*

## Village Business

### **Novato Village Steering Committee Meeting on Zoom**

Tuesday, September 15, 1:30pm

Please contact Beth Livoti, [llivoti@comcast.net](mailto:llivoti@comcast.net) or (415) 892-1043 for information.

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## **MARIN VILLAGES EVENTS**



### **Annual Volunteer Recognition Party**

Saturday, September 26th, 3:00pm

Come Zoom with us as we celebrate our wonderful Marin Villages volunteers. They make every day better! RSVP to the office to receive the Zoom link for this gathering. (415) 457-4633 or [info@marinvillages.org](mailto:info@marinvillages.org)

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## **COMMUNITY EVENTS**

**September has many days of celebration, contemplation, and culture...**

**September 7 – Who invented Labor Day? Peter J. McGuire, a**

carpenter and labor union leader, was the person who came up with the idea for Labor Day. He thought American workers should be honored with their own day. He proposed his idea to New York's Central Labor Union early in 1882, and they thought the holiday was a good idea, too. To read more about the story of Labor Day, [click here](#).

**September 9, 1850** – California became a state

**September 11** – Patriot Day (after 9/11/2001)

**September 13** – Grandparents Day

**September 15** starts National Hispanic Heritage Month

**September 17** – Constitution Day & Citizenship Day

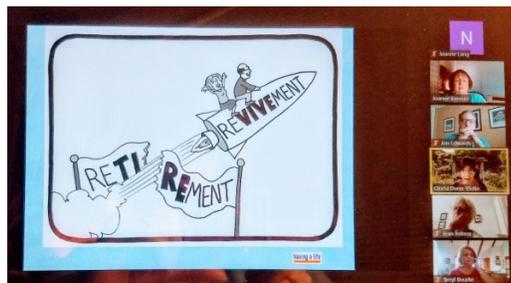
**September 21** – International Day of Peace

**September 25** – Native Americans Day

## NOVATO VILLAGE ANNOUNCEMENTS

**Let us know...** We wonder if you'd like to play the game "Facts in Five" once a month as a regular Zoom event. It's been a popular game at the last few happy hours. All you need is a pencil and a piece of 8 ½" x 11" paper. Make a grid with five rows across and five rows down, like a bingo card. The game rules and categories can be shared with any member who would like to play on a regular basis. Let Program Committee Chair Marge Jackson know so we can schedule the event. Email her at [marge-32@hotmail.com](mailto:marge-32@hotmail.com) or call her at (415) 892-1238.

## AND MORE...



**Thank you, Gloria Dunn-Violin, for visiting our coffee in August.** You shared many ideas about ways to reinvent and revive ourselves after retirement and during the COVID-19 pandemic restrictions.

**Joyce Applen** shared this update related to **Susan Stompe's visit at the July coffee:** "I have had inquiries regarding the six-story mixed use

project proposed for Grant Avenue & Fourth Street. City Council member Pat Eckland said that the City has sent the applicant a letter outlining the application deficiencies and asking for more information. For those who are interested in following up on the process you can check in on the [City's website](#). Also, you may have concerns about a project that is moving forward: the 28-pump fuel station at Costco in the parking lot where tires are sold and installed on automobiles. There are environmental issues and concerns regarding the one-way-in and one-way-out in event of disaster.”



*Novato Village Steering Committee hard at work via Zoom on August 18*

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## HELP US HELP OTHERS

If you know someone who could use our services, is interested in volunteering, or would like to donate to an organization serving older adults in Marin, please have them call the office at (415) 457-4633, or visit our website ([www.marinvillages.org](http://www.marinvillages.org)) for application forms and online donations.

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