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Empowering older adults to be active,
connected and independent in the place they
call home

MARIN VILLAGES



THINGS TO DO WHILE SHELTERING IN PLACE

December 7, 2020

ART

[Artist Lynette Yiadom Boakye Subverts Traditional Portraiture](#)

[Five-Minute Tours of Art Exhibitions in Texas](#)

MUSEUMS

The SF Exploratorium – The Exploratorium has a weekly series of programs for adults on Thursday nights at 7:00pm called [After Dark Online](#). The website describes the weekly series as “programs on innovative science, arts and perceptual experiences—compelling conversation and hidden treasures, hands-on how-tos and breaking science news.”

December 10 – Celestial: Solar Eclipse

December 17 – Celestial: Winter Solstice

[Virtual Wednesdays at the Fine Arts Museums](#)

THEATER, MUSIC, OPERAS, POETRY, BALLET, DANCE, COMEDY SHOWS ONLINE

Theater

Jagged Live in NYC – Sunday, December 13, a live concert by the cast of Jagged Little Pill. \$27. 5:00pm Pacific Time.

Transcendence Theater Company Online Broadway Holiday Show – December 18 – 23 8:00pm for evening shows and 4:30pm for matinees. Appears to be a pay-what-you-wish ticket. Check online [here](#).

Christmas Carol On Air – A.C.T. moves its annual Christmas carol holiday show online. Ticket prices vary. Some include commemorative books for kids.

National Theater Online – British theater at its best is now online. \$129 for a year's subscription. \$12.99 per month.

Hella Fresh Theater – Theater Philadelphia experimental theater. **Frauenschläechtere** is a new play presented in weekly installments sent to you via the mail culminating in a performance in your home. \$15. The site has other productions listed as well.

Ballet

The Nutcracker – SF Ballet digital version, both filmed and interactive. Tickets are \$49 and allow 48 hours for viewing. Runs until December 31.

Music

The Holiday Spirit Channel on KDFC radio – Streaming holiday music 24 hours a day throughout December.

Hanukah Music on KDFC radio, Wednesday December 9 at 8:00pm – 89.9 on your FM radio.

E.L.M. (Enriching Lives Through Music) Concert – This local organization that provides free music lessons to children in Marin who could otherwise not afford them is having a free online winter concert on December 13th at 2:00 pm. Preregistration is required. Click [here](#) to register.

Music for Reading – About 2 ½ hours of classical music

Classical Music for Winter – About two hours of listening pleasure

Christmas Music – Background music put together by Starbucks. About 3 hours altogether

[Don't Worry Be Happy](#) – This is one we've recommended before, but it's always great—especially in these times.

Some Older Pop Tunes

- [Peggy Sue](#) – Buddy Holly and the Crickets!
- [Lollipop](#) – The Chordettes
- [Up a Lazy River](#) – Dean Martin and the Mills Brothers

[The Longest Time—A Virtual Presentation](#)

[A Song Around the Mountain](#)

[Opera](#)

[Three Decembers](#) – A chamber opera presented by Opera San Jose; on-demand streaming December 3 through December 31. Music by Jake Hegge, libretto by Gene Scheer. Based on an unpublished play by Terrence McNally. \$40

Renee Fleming and Susan Graham sing together

- [Lakme Duet](#)
- [Ah Guarda Sorella](#), from *Così fan Tutti*
- [Anything You Can Do I Can Do Better](#)

[Pocket Opera Mini Concerts](#)

[Movies and Short Videos](#)

Movies to stream online – Check out the [Lark website](#) and the [Christopher Smith](#) website. Movies are available for multi-day streaming usually at a cost of between \$7 and \$12.

[Comedy](#)

Free Online Comedy Shows in December – Check out [Eventbrite's list!](#)

[The Best Humor Websites!](#)

[1funny.com](#) – Need a laugh? Check out this site that has a collection of funny videos, jokes, and interesting content designed for people over 50. They change all the time.

[ARMCHAIR TRAVEL](#)

[S.F. Illuminated This Holiday Season](#) – More than 40 light installations have San Francisco aglow during the holidays

[Christmas towns](#) – Talk about decorating!

[Pennsylvania](#) – Pennsylvania has been much in the news of late. Here is a great photo tour of the state.

[Distinctive Destinations for the Armchair Traveler](#) – A whole lot of tours!

[Singapore Airport](#) – A tour inside Singapore Changi Airport's new \$1.3 billion lifestyle hub

FUN OR CUTE ONLINE VIDEOS

[Morse Code vs. Texting](#) – Which is faster? Fun challenge from an old Jay Leno show.

[Olive and Mabel: Scent of a Dog](#)

[Mission Impossible Cat](#)

CLASSES, ONLINE GROUPS, TALKS, WEBINARS, PODCASTS, BLOGS, EDUCATIONAL ARTICLES

Virtual Grand Rounds: National Covid-19 Surge – Tuesday, December 8 at noon. Register [here](#).

[History of Hanukkah](#) – From History.com

Sausalito Annual Lighted Boat Parade December 12, 6:00 pm – More info [here](#).

[Defining Moments of 2020](#)—National Geographic

[Free Online Courses from the Smithsonian](#)

[Three Good Things About Death: A Personal Experiment](#)

OLLI at Dominican – [Registration for winter session](#) (January 1 – March 15) is open

[National Economic Education Delegation Webinars](#) – Choose from a variety of lectures on topics related to economics. Some interesting ones coming up on the economics of healthcare and income inequality. Jon Haveman is the founder of NEED. He is a local resident and is currently a principal with Marin Economic Consulting. Lectures cover a wide variety of economic topics.

[How to Deal with Life in Long-Term Isolation](#) – Learn from astronauts.

San Francisco Zen Center Mediation Session – Saturday December 19, 10:30 – 11:30am. \$0–\$25 fee. [Learn how to meditate with an instructor](#) from the SF Zen Center. Additional classes will be held the second Saturday of each month in 2021 at the same time.

Life Kit – [On Mediation](#)

Stress Busters Workshops – In Stress Busters workshops, you learn how stress starts and a simple, effective method to handle it! Learn the five-step method to respond to any situation in a helpful way instead of getting upset. Presentations are fun and practical. Leave each session with new practical insights on how to better handle whatever life throws at you. Stress Busters has been serving seniors in San Francisco for over 30 years, reaching 900 people per month through monthly in-person seminars. Highly recommended by our friends at Next Village in SF. **All sessions are Thursdays at 1:00pm.**

To join by Zoom, [click here](#).

To join as an audio phone call (you cannot see us with this option):

Call 1 (669) 900–9128

After the first prompt press (meeting ID): 881 8961 4817 #

After next prompt press #

After 3rd prompt press (password): 848262

[Conversations with Authors](#) – Book Passage’s highly successful weekend program with a variety of authors. Free, but register online.

TED Talks Daily – Podcasts from TED on a wide variety of topics. Wherever you get your podcasts, or [use this link](#) to sign up to the TED RSS feed.

EXERCISE

Intergenerational Center Classes – Check the [Intergenerational Center website](#) for information on classes.

RESOURCES FOR “MOVING THE NEEDLE” AND DEEPENING OUR UNDERSTANDING OF RACISM AND SOCIAL JUSTICE ISSUES IN AMERICA

[Close to Home](#)

[In Liberal San Francisco, White Responses to George Floyd Killing](#)

30th Anniversary Gala of Marin Performing Stars – Looking for a way to

help kids in Marin City? Consider the [Marin Performing Stars gala](#) on December 12, 6:00 – 10:00pm. Varying levels of ticket/donation levels, from \$30 to \$500.

[Articles, Videos, Livestreams, or Recorded Presentations or Podcasts](#)
[Driving While Black](#) – PBS TV, Channel 9, Tuesday, December 8, 7:00pm

[Racial Reckoning Inside Planned Parenthood](#)

[Women's Leadership at Stanford, Anti-Racism Resources](#)

[Stanford Anti-Racism Toolkit](#)

[Uncomfortable Conversations with a Black Man, Episode 9](#)

OFFLINE ACTIVITIES

[In the Kitchen](#)

Latkes for Hannukah

- 2 cups grated mature potatoes
- 3 or more teaspoons (to taste) grated onion (helps keep the potatoes from turning dark)
- 3 beaten eggs
- 1 ½ tablespoons flour
- 1 ½ teaspoons salt
- Dash of pepper if desired

In a bowl, mix grated potatoes and onion, then place on paper towels and wring out as much moisture as you can

Return to bowl and stir in beaten eggs

Sift flour and salt and add to potato, onion, egg mixture

Mix lightly with hands

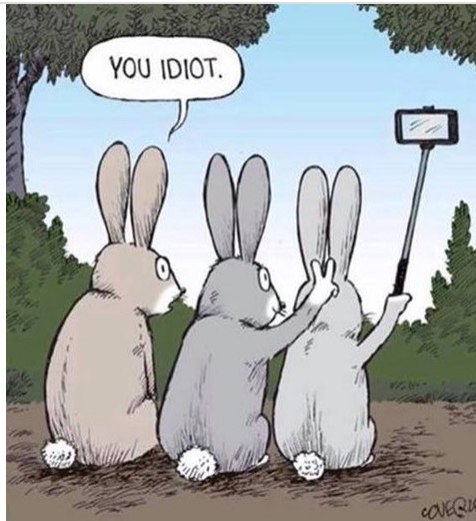
Immediately shape into ¼ in thick pancakes—about 3 inches across for large ones, or 1 inch across for appetizer size, if preferred

Sauté in ¼ inch or more hot vegetable oil

Turn when bottom is brown and crispy and sauté other side to match

Serve hot with applesauce and sour cream

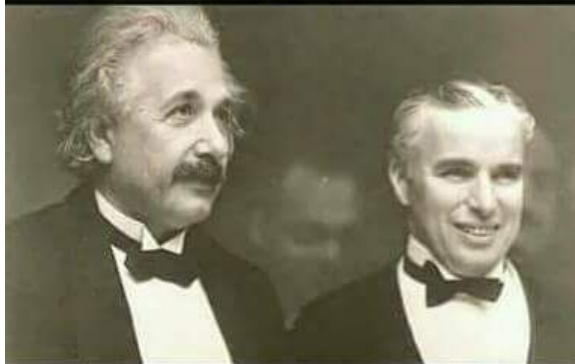
[Keep Your Sense of Humor](#)



**I tried donating blood
today...NEVER
AGAIN!!!
Too many stupid
questions. Who's
blood is it? Where did
you get it from? Why
is it in a bucket?**

When Albert Einstein Met Charlie Chaplin

 ThinkingHumanity.com



ALBERT EINSTEIN: -What I admire most about your art, is its universality. You do not say a word, and yet, **the world understands you!**

CHARLIE CHAPLIN: -It's true, but your fame is even greater! The world admires you, **when nobody understands you!**



'We've moved a few things around. Travel books are in the Fantasy section, Politics is in Sci-Fi, and Epidemiology is in Self-Help. Good luck.'

LOOKING FOR SOMETHING ELSE, OR SOMETHING ON A PRIOR LIST?

You can look back at recent lists [on our website.](#)

For the online items noted in this list and previous lists, we've done our best to make sure the links work. But if they don't, we suggest you Google the name of the place or activity to get to the site. Most of these activities are free, and most are not time-sensitive (although a few have a minimal charge or a deadline).

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