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Empowering older adults to remain active,  
connected and independent in the place they  
call home.

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## MARIN VILLAGES

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### MARIN VILLAGES UPDATES

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December 8, 2020

Dear Marin Villages members and volunteers,

Happy Hanukkah to those of you who celebrate this Festival of Lights  
holiday which starts at sundown on Thursday, December 10.

### BIG AND EXCITING NEWS



Effective January 4, 2021, Marco Maina will be joining Marin Villages as

our new executive director! Marco comes to us with significant nonprofit leadership experience, having served as executive director for three branches of Habitat for Humanity and four branches of the YMCA in various cities in the United States, Canada and Brazil throughout his career. We look forward to introducing him to all of you via a Zoom meeting in January!

Many thanks to the search committee for their work in reviewing and interviewing candidates these past few months.

## COVID-19 UPDATE



We know it's a repetitious message, but ever more important to keep focused on the BIG FIVE:

- Limit trips outside the home
- Wear a mask when around others
- Keep at least six feet away from others
- Avoid indoor gatherings
- Wash your hands frequently!

Because of the risk of our hospitals being overwhelmed in the current and anticipated surge of COVID-19 cases, the County (and surrounding Bay Area counties) issued a new stay-at-home order last week, which is scheduled to go into effect today, Tuesday, December 8th. The order closes certain businesses and reduces the capacity limits for others and strongly encourages all to stay home! You can read the order [here](#).

Today at noon, the state is hosting a "Virtual Grand Rounds" presentation on the COVID-19 surge. Presenters are physicians that hold central roles in our national COVID-19 response: Eric Goosby, MD, Professor of Medicine, University of California, San Francisco (UCSF), and Seema Jain, MD, Chief, Disease Investigations Section for the Infectious Diseases Branch, California Department of Public Health (CDPH). The presentation is free. [Register here](#).

Marin County Public Health officers will also host a Zoom community conversation this week on the current COVID situation in Marin, on Thursday, December 10, 2:00 – 3:00pm. To participate go to [zoom.us](https://zoom.us) on your computer, click on “join a meeting” and enter the webinar ID: 956 2661 1169 and passcode: 074775. Or dial in by phone at (667) 900-6833 and enter the same webinar ID and passcode numbers when prompted.



At least there is a lot of online and TV entertainment in December as we re-double our efforts to stay at home. Check out these suggestions: the Sausalito lighted boats parade, links to holiday and non-holiday music, interesting online classes, armchair travel sites (including Christmas towns), some fun videos, info on more resources on the issue of racism, a recipe for latkes and more humor! Thanks to everyone who is sending us suggestions for inclusion on this list. You can access the list [here](#), and a copy was emailed to all on Monday.

## MARIN VILLAGES PROGRAMS

### Meet the Marin Villages Board

Thursday, December 17, 4:00pm



Come meet the board of directors of Marin Villages. Can you name them all? A fun opportunity to hear what they love about Marin Villages, and what they are up to when not in board meetings or otherwise volunteering for us! RSVP to the office to receive the Zoom link. (415) 457-4633 or [info@marinvillages.org](mailto:info@marinvillages.org)

**Laugh with Us!**

Sunday, December 20, 5:00pm



Jay Alexander, a renowned comic and entertainer will join us via Zoom for an exclusive show just for Marin Villages! Many thanks to San Rafael Village member Sandy Yoffie for orchestrating this opportunity for us to enjoy the humor, mind-reading, and magic of this great entertainer. Laughter is always good for whatever ails us! RSVP to the office to receive the link for this program. (415) 457-4633 or [info@marinvillages.org](mailto:info@marinvillages.org)

**Not Home Alone—Christmas Eve, Christmas Day, and New Year's Eve!**  
Thursday, December 24; Friday, December 25; and Thursday, December 31, 4:00pm



Join Donnalee Wells on Zoom and celebrate the holiday with fellow Villagers. You are encouraged to have something to eat with the group to celebrate with others. Always fun and good conversation. A movie to follow will also be suggested. RSVP to Marin Villages at [info@marinvillages.org](mailto:info@marinvillages.org) to receive the Zoom link.

## COMMUNITY PROGRAMS

### **How to Cultivate an Empowered Life in Extraordinarily Challenging Times**

Tuesday, December 15, 10:30 – 11:45am

Learn how to cultivate your energy and your mindset and create a plan that will allow you to thrive through challenges as you age. Join Barbara

Waxman, a Middlescence expert, Marin resident, leadership coach, gerontologist, speaker, and author, as she leads a conversation about developing the skills and mindset to prepare for 2021. The host for this event is Pati Stoliar from Age Friendly Corte Madera ([agefriendlycortemadera@gmail.com](mailto:agefriendlycortemadera@gmail.com)) and Zoom info is below.

#### [Zoom link](#)

Meeting ID is 832 3151 1777

Passcode is 549288 or dial (669) 900-9128

### DONATING TO MARIN VILLAGES



Thank you, thank you! Donations are starting to come in in response to our year-end solicitation. They are so important to keeping Marin Villages the vital organization that it is today!

If you haven't yet donated, there are easy ways to do so: You can make donations in cash via a check mailed to the office or by credit card through [our website](#), or for those of you who invest in the stock market, you can donate appreciated stock through your broker. And throughout the year you can choose Marin Villages as a charity to support each time you buy something on [Amazon Smile](#)!

### KUDOS



Congratulations to Julie Hannon Friedman from Tiburon Peninsula Village and Lisa Brinkmann, our former ED and now Advisory Council member. They both were recently appointed to the Marin Commission

on Aging. You can read about them here on page 2 of the Commission's publication [\*Great Age\*](#).

And kudos again to Rob Snavelly, whose Adult Volunteer of the Year award from the Corte Madera Parks and Recreation Commission was finally publicized in the *Marin IJ*.

## CLOSING THOUGHTS

Here's a bit of a walk down memory lane and a song which maybe could be the Marin Villages theme song. At the very least, it would seem to be an apropos title for the times we are in!



**The Beatles, *Help!***

Cherie Sorokin, President, Marin Villages  
Peter Lee, Interim Executive Director

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