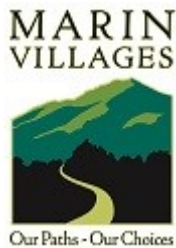


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Empowering older adults to be active,  
connected and independent in the place they  
call home

## MARIN VILLAGES



### THINGS TO DO WHILE SHELTERING IN PLACE

December 14, 2020

#### ART

[Explore the digital collection at the Staedel Museum](#) in Frankfurt, Germany

[Van Gogh's art gone digital!](#)

#### MUSEUMS

**The SF Exploratorium** – The Exploratorium has a weekly series of programs for adults on Thursday nights at 7:00pm called [After Dark Online](#). The website describes the weekly series as “programs on innovative science, arts and perceptual experiences—compelling conversation and hidden treasures, hands-on how-tos and breaking science news.”

December 17 – Celestial: Winter Solstice

**THEATER, MUSIC, OPERAS, POETRY, BALLET, DANCE,  
COMEDY SHOWS ONLINE**

## Theater

[Meet Me in Saint Louis](#) – A holiday special in song and on screen through January 2<sup>nd</sup>. Pay what you can; \$25 suggested price.

**Transcendence Theater Company Online Broadway Holiday Show** – December 18 – 23, 8:00pm for evening shows and 4:30pm for matinees. Appears to be a pay-what-you-wish ticket. Check online [here](#).

[Christmas Carol On Air](#) – A.C.T. moves its annual Christmas carol holiday show online. Ticket prices vary. Some include commemorative books for kids.

## Ballet

Are you a fan of the Nutcracker? Lots of options for streaming this seasonal ballet favorite this year!

[The Nutcracker](#) – **SF Ballet** digital version, both filmed and interactive. Tickets are \$49 and allow 48 hours for viewing. Runs until December 31.

[The Nutcracker](#) – **NY City Ballet**, December 11 to December 31. Tickets for a single viewing are \$25. Options for on-demand viewing are available too. You may have to sign up for a 30-day free trial of Marquee TV.

**The Nutcracker with other companies** – [Check out Playbill](#) for a complete list.

## Music

[Santa Clara University Choir's Virtual Festival of Lights](#) – The virtual part of the program starts at about the 13-minute mark. Prior to that are excerpts from prior concerts and an intro to this year's concert by the choirmaster.

[Memories](#) – Really charming Maroon 5 cover by a children's choir

**Unwrap Some Joy** – Enjoy a [variety of musical treats from the SF Symphony](#).

[Bashana Haba-a](#) – SF Symphony

[Christmas Songs by Country Singers](#) – This is a play list.

[Mele Kalikimaka](#) – Bing Crosby

[A Concert from the Irish Rep Stage](#) – Irish violinist Gregory Harrington. This is a recording of a concert from September 2020, postponed from spring because of COVID. Not holiday-related.

### Some Older Non-Holiday Pop Tunes

- [Perry Como's Greatest Hits](#) – About an hour playlist of his big hits
- [Andy Williams' Standards](#) – About a 45-minute playlist
- **Peter Lawford and Dinah Shore** – [Let's Face the Music and Dance](#)
- **Maurice Chevalier** – [I'm Glad I'm Not Young Anymore](#)

### Opera

[Three Decembers](#) – A chamber opera presented by Opera San Jose; on-demand streaming December 3 through December 31. Music by Jake Hegge, libretto by Gene Scheer. Based on an unpublished play by Terrence McNally. \$40

[New Year's Eve Afternoon Gala at the Metropolitan Opera](#) – Wonderful chance to enjoy this gala with four great Met stars for only \$20! 1:00pm Pacific Time.

### Movies and Short Videos

**Movies to stream online** – Check out the [Lark website](#) and the [Christopher Smith](#) website. Movies are available for multi-day streaming usually at a cost of between \$7 and \$12.

[Home](#) – about an-hour-and-a-half documentary of mainly aerial shots of various places on Earth. It shows how tightly linked Man and nature are, and how humanity is threatening the ecological balance of the planet.

### Comedy

[Kung Pao Kosher Comedy Online](#) – Shows December 24, 25 and 26 on sale now. \$25–\$50 (pay what you wish). Answers the perennial question, what are Jews supposed to do on Christmas?

[Jerry Seinfeld on the Jimmy Fallon Show](#)

### ARMCHAIR TRAVEL

[Toucan Ranch Rescue Tours in Costa Rica](#) – Something new and different. Times listed are Central Time.

[The Vatican Virtual Tours and Pilgrimages](#)

### FUN OR CUTE ONLINE VIDEOS

[River Dance, Chinese Style](#)

[Olive and Mabel Behind the Scenes](#)

**CLASSES, ONLINE GROUPS, TALKS, WEBINARS,  
PODCASTS, BLOGS, EDUCATIONAL ARTICLES**

[Christmas Star 2020: What You'll Really See on December 21](#) – Spoiler alert—not likely what the Magi saw.

[Christmas Traditions Around the World](#)

[Lucia Concert 2019](#) – an hour-long charming concert from Sweden

[Earth Seen from Space](#) – from 2015

**OLLI at Dominican** – [Registration for winter session](#) (January 1 – March 15) is open.

[National Economic Education Delegation Webinars](#) – Choose from a variety of lectures on topics related to economics. Some interesting ones coming up on the economics of healthcare and income inequality. Jon Haveman is the founder of NEED. He is a local resident and is currently a principal with Marin Economic Consulting. Lectures cover a wide variety of economic topics.

**San Francisco Zen Center Mediation Session** – Saturday December 19, 10:30 – 11:30am. \$0–\$25 fee. [Learn how to meditate with an instructor](#) from the SF Zen Center. Additional classes will be held the second Saturday of each month in 2021 at the same time.

**Life Kit** – [On Mediation](#)

**Stress Busters Workshops** – In Stress Busters workshops, you learn how stress starts and a simple, effective method to handle it! Learn the five-step method to respond to any situation in a helpful way instead of getting upset. Presentations are fun and practical. Leave each session with new practical insights on how to better handle whatever life throws at you. Stress Busters has been serving seniors in San Francisco for over 30 years, reaching 900 people per month through monthly in-person seminars. Highly recommended by our friends at Next Village in SF. **All sessions are Thursdays at 1:00pm.**

To join by Zoom, [click here](#).

To join as an audio phone call (you cannot see us with this option):  
Call 1 (669) 900–9128

After the first prompt press (meeting ID): 881 8961 4817 #

After next prompt press #

After 3rd prompt press (password): 848262

[Conversations with Authors](#) – Book Passage’s highly successful weekend program with a variety of authors. Free, but register online.

TED Talks Daily – Podcasts from TED on a wide variety of topics. Wherever you get your podcasts, or [use this link](#) to sign up to the TED RSS feed.

## EXERCISE

**Intergenerational Center Classes** – Check the [Intergenerational Center website](#) for information on classes.

## RESOURCES FOR “MOVING THE NEEDLE” AND DEEPENING OUR UNDERSTANDING OF RACISM AND SOCIAL JUSTICE ISSUES IN AMERICA

[Close to Home](#)

[Statistical Maps by Race and Ethnicity in Marin](#)

[Marin County Equity Plan Press Release](#)

[Articles, Videos, Livestreams, or Recorded Presentations or Podcasts](#)  
[Uncomfortable Conversations with a Black Man, Episode 9](#)

[Uncomfortable Conversations with a Black Man, Episode 10](#): Karens and the Cancel Culture, with Chelsea Handler

[Ben and Jerry’s Ice Cream Named for Kaepernick](#)

## OFFLINE ACTIVITIES

[Keep Your Sense of Humor](#)

What’s the best Christmas present ever? A broken drum—you just can’t beat it!

Why did the scarecrow get a big Christmas bonus? He’s outstanding in his field!

What did the bald man say when he got a comb for Christmas? I’ll never part with it!

What do you call a bunch of chess masters bragging about their games

in a hotel lobby? Chess nuts boasting in an open foyer.

Santa and his wife wanted to split up, but there are no divorce lawyers at the North Pole. What should they do? Enlist a semi-colon. They are great at breaking up independent clauses!

### Some Holiday Trivia

1. When were poinsettias first introduced in the United States and from what country?
2. How many lights are strung on the Christmas tree in Rockefeller Center?
3. Who invented Rudolph the Red-nosed Reindeer and how many copies of the song of the same name have sold?
4. What are the names of all of the reindeer pulling Santa's sleigh?

### **Answers**

1. 1828 was the year the plant was brought to the U.S. from Mexico by the first U.S. Ambassador to Mexico, Joel Poinsett.
2. Approximately 50,000 LED lights.
3. In 1939 Robert May created the character and the story of Rudolph for a children's book marketed by Montgomery Ward. Gene Autrey first sang the song to the top of the charts in 1949. Soundtrack versions for a later TV show have sold around 1.5 million copies since 1991.
4. Dasher, Dancer, Prancer, Vixen, Comet, Cupid, Donner and Blitzen. And, of course, Rudolph.

### Recount a story or two from family history

Here's one that's supposedly true!

A little old lady from Wisconsin had worked in and around her family dairy farms since she was old enough to walk, with hours of hard work and little compensation. When canned Carnation Milk became available in grocery stores in the 1940s, she read an advertisement offering \$5,000 for the best slogan. The producers wanted a rhyme beginning with "Carnation Milk is best of all." She thought to herself, "I know everything there is to know about milk and dairy farms. I can do this!"

She sent in her entry, and several weeks later, a black car pulled up in

front of her house. A large man got out, knocked on her door and said, "Ma'am, the president of Carnation Milk absolutely LOVED your entry.....So much, in fact, that we are here to award you \$1,000 even though we will not be able to use it for our advertisements!"

He did, however, have one printed up to hang on his office wall. True story!!! (Maybe)



## LOOKING FOR SOMETHING ELSE, OR SOMETHING ON A PRIOR LIST?

You can look back at recent lists [on our website](#).

For the online items noted in this list and previous lists, we've done our best to make sure the links work. But if they don't, we suggest you Google the name of the place or activity to get to the site. Most of these activities are free, and most are not time-sensitive (although a few have a minimal charge or a deadline).

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