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THINGS TO DO

January 4, 2021

Special Shopping Opportunity for Marin Villages Members and Volunteers:

The Columbia Sportswear Company in Richmond (near the Rosie the Riveter museum) has again offered Marin Villages members and volunteers the opportunity to purchase their sportswear, footwear and sports accessories (backpacks, sleeping bags, yoga mats, and lots more!) at employee discount prices. This offer extends through Saturday, January 10. If you or a family member are interested, call or email the office and they will send you the paperwork you need to show at the entrance.

ART

Meet Us Quickly: Painting for Justice from Prison. Museum of the African Diaspora. <u>Digital exhibition and essay</u>.

Printing the Revolution, the Rise, and Impact of Chicano Graphics, 1965 to now. Smithsonian American Art Museum.

Becoming First Ladies. An online exhibition of portraits of America's First Ladies. The National Portrait Gallery.

THEATER, MUSIC, BALLET, DANCE, MOVIES AND SHORT VIDEOS ONLINE

Dance

A Murmuration of Starlings Ballet. Two Variations See videos included below

Top 15 Female Ballet Dancers 2020

Theater

Schedule of Upcoming and Current Free Live Stream
Broadcasts Schedule of Upcoming and Current Free Live Stream
Broadcasts | Playbill

Music

I Can't Get No Satisfaction. The Ukelele Orchestra of Britain. (I Can't Get No) Satisfaction - The Ukulele Orchestra of Great Britain - YouTube

Or if you prefer something more classical Ode to Joy with 1008s Ukeleles. The Ukelele Orchestra of Britain. Ode to Joy, BBC Proms 2009 - Ukulele Orchestra of Great Britain - YouTube

One Hour of the Greatest Waltzes of All Time.

50 Greatest Classical Pieces. 5 hours' worth of great music!

Movies and Short Videos

Amazing Robotics. Atlas, The Next Generation - YouTube

Natural Zoo. Natural Zoo - YouTube

Fascinating Facts We Learned in 2020. 100 Interesting Facts We Learned in 2020 | Mental Floss

Death to 2020. <u>Dark Comedy on Netflix</u>.

ARMCHAIR TRAVEL

Mexico City Metropolitan Cathedral Cyark.org posts 3D explorations of this and other famous sites!

FUN OR CUTE ONLINE VIDEOS AND CLIPS See clips below:

Two Little Girls from Little Rock: Marilyn Monroe and Jane Russel.

People are Awesome (or Maybe Crazy).

CLASSES, ONLINE GROUPS, TALKS, WEBINARS, PODCASTS, BLOGS, EDUCATIONAL ARTICLES

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Don't let the pandemic winter get you down! From NPR. Feeling Lonely? 9 Ways To Fight Isolation This Winter: Shots – Health News: NPR

Growing Old Alone: Isolation Has Taken a Tremendous Toll on Many Older Americans. The Atlantic. <u>The Social Depression:</u> America Failed Its Elderly – The Atlantic

Intro to the Science of Happiness. Free Course.

10 Most Significant Science Stories of 2020. <u>Smithsonian Magazine</u>

EXERCISE

Intergenerational Center Classes - Check the <u>Intergenerational</u> <u>Center</u> website for information on classes.

RESOURCES ON RACISM AND SOCIAL JUSTICE ISSUES IN AMERICA

8 Everyday Ways to Fight Racism. 8 Everyday Way to Fight Racism - Elimination of Racial Discrimination (nnedv.org)

How to Reduce the Wealth Gap between Black and White Americans.

How to have Uncomfortable Conversations with Your Loved Ones. How to Have Uncomfortable Conversations with Your Loved Ones - YouTube

Latinos Worry About Their Place in America. Pew Research Study. Many Hispanics worried about their place in the U.S., faced discrimination before COVID-19 | Pew Research Center

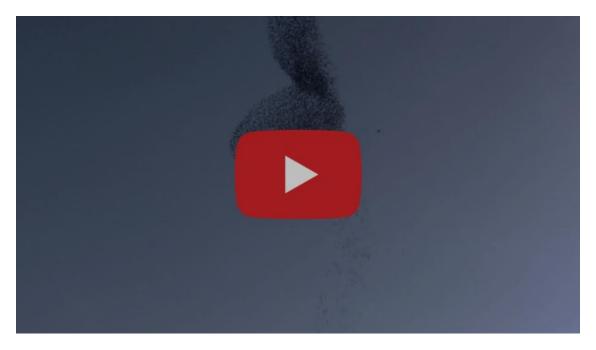
The Issue Is Racism An interview with Emmanuel Acho on his book and video programs. <u>Emmanuel Acho's "Uncomfortable Conversations with a Black Man" on "The Issue Is w Elex Michaelson" – YouTube</u>

IN THE KITCHEN

You can eat your Christmas Tree and Here's How to Do it. You Can Eat Your Christmas Tree. Here's How to Do It | Innovation | Smithsonian Magazine



Starling spectacle over Terra Linda



Starlings murmuration Terra Linda

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Two Little Girls from Little Rock Marilyn Monroe & Jane Russel



Best Videos Of The Year (So Far!) 2020 | People Are Awesome

HUMOR!

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A NEW STUDY FOUND THAT PEOPLE WHO TAKE THEIR COFFEE BLACK ARE MORE LIKELY TO EXHIBIT PSYCHOPATHIC TRAITS.

AND PEOPLE WHO ORDER A QUAD SHOT, NON-FAT, VANILLA SOY, EXTRA FOAM, LIGHT WHIP WITH CARAMEL DRIZZLE ARE MORE LIKELY TO BE THEIR VICTIMS.

LOOKING FOR SOMETHING ELSE, OR SOMETHING ON A PRIOR LIST?

You can look back at recent lists on our website.

For the online items noted in this list and previous lists, we've done our best to make sure the links work. But if they don't, we suggest you Google the name of the place or activity to get to the site. Most of these activities are free, and most are not time-sensitive (although a few have a minimal charge or a deadline).







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