



# Novato Village

Empowering older adults to remain active, connected,  
and independent in the place they call home

## April 2021 Newsletter

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### WELCOME, NEW MEMBERS AND VOLUNTEERS!

**Members:** Roberta "Bobbie" Kettler

We look forward to seeing you at an event soon!

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### LOCAL VILLAGE EVENTS (open to all unless noted)

All the events below are offered on Zoom. If you are not yet comfortable with Zooming, we can provide one-on-one help. Just let the office know you would like a volunteer to work with you. [info@marinvillages.org](mailto:info@marinvillages.org) or (415) 457-4633.

#### Food & Drink

##### **Zoom Coffee**

Wednesday, April 14, 11:00am

Join us to learn about the international organization called Soroptimist International. Our guest will tell us how Soroptimist International of Novato started. Soroptimist is a global volunteer organization that provides women and girls with access to the education and training they need to achieve economic empowerment. No need to RSVP; the Zoom link will be sent to everyone by email.



Mayor Pat Eklund was our guest in March

## Zoom Happy Hour

Wednesday, April 28, 4:00 – 5:00pm

Come with your favorite beverage and play **Pictionary**! What you'll need: a piece or two of plain paper and a pencil or pen. You'll be on a team. One team member will get a secret word and will sketch a picture of the word in one minute. Your team will try to guess what the secret word is by looking at what you have drawn. Come and try it! No need to RSVP; the Zoom link will be sent to everyone by email.

## Exercise

### **Village Walk at Rush Creek Preserve**

Thursday, April 1, 9:30 – 10:30am

The walk will take place at **Rush Creek Preserve** (Atherton Ave. exit off 101), a location we enjoyed in November. There are some gravel patches on the mostly level trail. If you have walking sticks, you are welcome to bring them, but they are not required.

This easy-going trail follows along rich tidal wetlands and should have spring flowers for us to view. The broad, level Pinheiro Fire Road is popular with hikers, bikers, and equestrians. It offers unimpeded views of a large wetland managed by the California Department of Fish and Game. From the eastern end of the 522-acre preserve, you can look out across the Petaluma River delta to Sonoma County and beyond.

<https://www.marincountyparks.org/parkspreserves/preserves/rush-creek>

Please RSVP so we know how many walkers to expect. Email [pbailey49@aol.com](mailto:pbailey49@aol.com) or call Pat Bailey's mobile phone (415) 652-9073 for reservations or any questions about the location and parking.



March walk at the Indian Valley College trail

## Books

### **Book Lovers' Group**

Tuesday, April 13, 1:00pm

Our book is **The Authenticity Project**, by Clare Pooley. We decided the April meeting can be at Panera Bread, 132 Vintage Way, Vintage Oaks Shopping Center. Everyone will have passed their two weeks out from the second shot and it should be warm enough to be outside. Planning ahead, the book for May 11 is **Caste**, by Isabel Wilkerson. Contact Marcia Sprinkle at [msprinkle1884@yahoo.com](mailto:msprinkle1884@yahoo.com) for more information.

## Groups

### **Village Viewers Zoom**

Wednesday, April 21, 4:00pm

Bring popcorn and join us for the next Village Viewers Zoom movie group. The movie, *The Trial of the Chicago 7*, can be seen on Netflix. The film was written and directed by [Aaron Sorkin](#). The film follows the [Chicago Seven](#), a group of [anti-Vietnam War protesters](#) charged with conspiracy and crossing state lines with the intention of inciting riots at the [1968 Democratic National Convention](#) in [Chicago](#).

Come to the discussion even if you haven't seen the movie; it's always a fun chat. Looking forward to seeing you then! For more information, contact Joanne Lang, [jangtpa@gmail.com](mailto:jangtpa@gmail.com) or (916) 716-5800. No need to RSVP; the Zoom link will be sent to everyone by email.

## Village Business

### **Novato Village Steering Committee Meeting on Zoom**

Tuesday, April 20, 1:30pm

Please contact Beth Livoti, [llivoti@comcast.net](mailto:llivoti@comcast.net) or (415) 892-1043 for information.



Novato Village Steering Committee at the March meeting

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## MARIN VILLAGES EVENTS

### **Columbia Sportswear Special for Marin Villages Members and Volunteers**

March 26 through April 18

Marin Villages members and volunteers will again have the opportunity to purchase Columbia sportswear and other great products at a discount at the Columbia Employee store in Richmond: 1414 Harbor Way, near the Rosie the Riveter Museum. Email the office at [info@marinvillages.org](mailto:info@marinvillages.org) if you are interested and they will email you back the invitation. NOTE: You will need both the invitation and the email from the office, which will serve as proof of your association with Marin Villages, in order to take advantage of the discount. Happy shopping!

**Not Home Alone**—a fun opportunity for conversation and community with Donnalee Wells  
Easter Sunday, April 4, 2:00pm

Come join us on Zoom and share your favorite Easter or Passover or other springtime celebration memories. Photos to share would be fun, too. How about bunny ears or an Easter hat? RSVP to [donnaleewells@comcast.net](mailto:donnaleewells@comcast.net) or text her at (415) 302-9244 and she will send you the Zoom link.

### **Finding Your Roots—A Personal Journey with Marin Villages Volunteer Colin Crawford**

Wednesday, April 21, 3:00pm

Come hear the fascinating personal story of Colin Crawford's 30-year journey, as the adopted child of a loving family, piecing together his family history, skeletons and all! To receive the Zoom link, please RSVP on our website at <https://marin.helpfulvillage.com/events/2799-finding-your-roots-with-colin-crawford>, or call or email the office. (415) 457-4633 or [info@marinvillages.org](mailto:info@marinvillages.org)

### **SAVE THE DATE: Marin Villages Donor Recognition Event**

Saturday, June 6, 5:00pm

More to come on this fun Zoom event with special entertainment as we get closer to the date.

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## COMMUNITY EVENTS

### **Marin County Area Agency on Aging, 2021 – 2022 Area Plan Update**

Thursday, April 1, 10:00 – 11:00am

Learn about the AAA and Commission on Aging's response to COVID-19 and efforts to advance racial equity; hear from guests about the accomplishments of the year; and collaborations and plans for the year ahead. No RSVP required.

Zoom Link: <https://us02web.zoom.us/j/86877130581>

Meeting ID: 868 7713 0581

Passcode: 803039

### **Age Friendly Marin Forum—Emergency Preparedness for Aging Adults**

Wednesday, April 28, 10:30 – 11:45am

Your life might depend on being organized and ready should an emergency situation arise. Reacting as quickly as possible under pressure takes advanced preparation. Get the best advice available geared for older adults and learn how to survive. Speakers: Maggie Lang, coordinator, Marin County CERT, emergency preparedness consultant, Mill Valley Fire Department, Southern Marin Get Ready coordinator; Diana Lopez county commissioner, Commission on Aging, HICAP counselor. Zoom info to come in April, or contact [SRobinson@MarinCounty.org](mailto:SRobinson@MarinCounty.org)

### **SAVE THE DATE! Is There a Doctor in the House? Telehealth and Bridging the Digital Health Divide**

Thursday, May 27, 10:00am – 12:30pm

This is the Commission on Aging's annual health forum—which is being held digitally this year. Stay tuned for information closer to the date on how to register for this event.

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## NOVATO VILLAGE ANNOUNCEMENTS

### **Meet Novato Village Steering Committee Co-Chair Roberta Dixon**

Hello everyone! I am Roberta Dixon and serve on the Steering Committee as co-chair. I was born in the California foothills in a small town called Copperopolis. It was active during the Civil War making cannon balls for the South but only had a population of 50 when I was raised there. I went to a two-room school and only had three others in my biggest class. Imagine my

confusion when I ended up at UC Berkeley. I got a teaching credential and loved teaching second and third graders.



Roberta Dixon and her horse, Little Bit Marked

Jim Duckworth, my husband of 44 years, and I moved to Novato over 20 years ago. We were a merged family with six children—three boys and three girls. We now have eight grandchildren. I managed a real estate office for a few years but was lucky to be able to pursue my passion, Arabian horses. I have ridden and shown for the last 20 years. I currently own four horses. The photo is my current favorite, Little Bit Marked.

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## AND MORE...

**Happy 97<sup>th</sup> birthday, Robert Hibbs!**



Robert has been a resident of Loma Verde since the 1950s. Robert is getting over a pinched nerve right now, but he's usually out and about playing bocce ball or taking classes at Dominican University. He recently resumed playing the piano, a talent from his youth. He's a great conversationalist—we wish him a speedy recovery so he can get back to his favorite activities.

**Herbert Bogart celebrated his 90<sup>th</sup> birthday...**



Sadly, Herbert passed away in mid-March. We send our condolences to his dear spouse, Janet Bogart.

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## HELP US HELP OTHERS

If you know someone who could use our services, is interested in volunteering, or would like to donate to an organization serving older adults in Marin, please have them call the office at (415) 457-4633, or visit our website ([www.marinvillages.org](http://www.marinvillages.org)) for application forms and online donations.

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