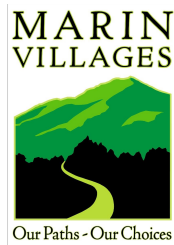


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THINGS TO DO

April 19, 2021

ART

[All the art exhibitions I've visited in 2020.](#) Mary Lynn Buchanan

[The best six art fabricators.](#) Technique is important! Conceptual Fine Arts has very interesting articles and online exhibitions.

Art Project: David Hockney (below)



THEATER, MUSIC, OPERAS, POETRY, BALLET, DANCE,

MOVIES ONLINE

Dance

[Earl St Clair](#) | [Good Time](#) | [Choreography](#). Grows on you.

[Blue Ridge Mountain Dancers with Pete Seeger](#) Old-style folk dancing

Jerusalema Challenge. The dance that is uniting the world. (below)



JERUSALEMA DANCE—Challenge Nomcebo

Poetry

An Evening of Poetry. Sausalito Library and the Sausalito Woman's Club. Free. April 22 at 7:00pm. RSVP with [this link](#).

Theater

[The Matchmaker](#). Thornton Wilder's famous play. Virtual and on-demand between April 26 and May 2. This is part of A.C.T.'s *Act Out Loud* series. Pay what you wish from \$5 to \$50.

Music

Opera—Remember the Metropolitan Opera is [streaming productions](#) every night for free!

[Spring is Bustin' Out All Over](#). Not quite yet June, but feels like it!

[Everyday people](#). Playing for Change

Chet Atkins—three of his best. That guy could play! (below)



Chet Atkins "Mr Guitar" 3 of his very best

Movies and Documentaries

[Exit Through the Gift Shop](#). Free documentary on famous street artist Thierry Gueta, directed by Banksy

ARMCHAIR TRAVEL

[Antarctica under the ice](#). With National Geographic photographer Paul Nicklen

AMAZING, FUN OR CUTE ONLINE VIDEOS/CLIPS

[The Wisdom of Benjamin Franklin](#). A series of famous quotes

[What Pilots See](#). Fantastic views!

Olive and Mabel--keeping up appearances (below)



Olive and Mabel – keeping up appearances

CLASSES, ONLINE GROUPS, TALKS, WEBINARS, PODCASTS, BLOGS, EDUCATIONAL ARTICLES

[United Nations Global Report on Ageism](#). For older people, ageism is associated with a shorter lifespan, poorer physical and mental health, slower recovery from disability, and cognitive decline. Not a pretty picture regardless of where you are in the world.

[This is How Reading Rewires Your Brain, According to Neuroscience](#). Reading does more than just filling your head with information.

[Snakes in your lettuce?](#) Check out this true story.

[The Johnson & Johnson vaccine suspension—a doctor explains what this means for you](#). From *The Conversation* website

[Rare COVID reactions might hold the key to variant-proof vaccines](#). From the online journal *Nature*

[Irrational Covid Fears](#). Some thoughts on why we are still afraid of COVID, from the *NY Times*

EXERCISE

[Intergenerational Center classes](#). Check the Intergenerational Center website for information on classes.

[Seven-Minute Workout for Seniors](#). Seven-minute workouts are all the

rage these days. This one is for seniors.

RESOURCES ON RACISM AND SOCIAL JUSTICE ISSUES IN AMERICA

[Is racism making people sick?](#)

Racism is a pandemic, too. The YWCA is hosting a campaign against racism, April 22 – 25. [Find out more information and register here.](#)

[Ben Carson: Moving our focus from equality to equity won't defeat racism.](#) A different perspective

[US Among 10 Worst Countries for Racial Equality.](#) Based on a PEW 2020 Study. *US News* article.

[I Am Not Your Negro.](#) A free documentary on Youtube

HUMOR

[Some word play \(mostly from bydewey.com\)](#)

The fattest knight at King Arthur's round table was Sir Cumference. He acquired his size from too much pi.

I thought I saw an eye doctor on an Alaskan island, but it turned out to be an optical Aleutian.

A rubber-band pistol was confiscated from algebra class, because it was a weapon of math disruption.

It doesn't matter how kind you are, German children are always kinder.

Two silk worms had a race. They ended up in a tie.

A hole has been found in the nudist camp wall. The police are looking into it.

Time flies like an arrow. Fruit flies like a banana.

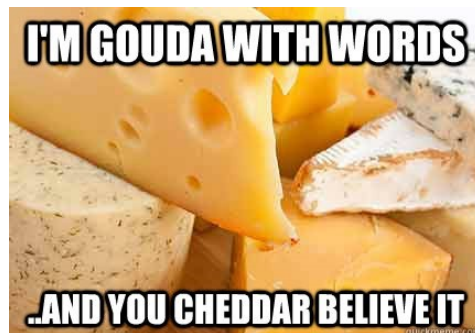
A backward poet writes inverse.

No matter how hard you push the envelope, it's still stationery.

Did you hear about the new restaurant called Karma? There's no menu; you get what you deserve.

How do you throw a space party? You planet.

Don't be worried about your smartphone or TV spying on you. Your vacuum cleaner has been collecting dirt on you for years.





Finally, if you can't think of a word, say, "I forgot the English word for it." That way people will think you're bilingual instead of an idiot.

LOOKING FOR SOMETHING ELSE, OR SOMETHING ON A PRIOR LIST?

You can look back at recent lists [on our website](#).

For the online items noted in this list and previous lists, we've done our best to make sure the links work. But if they don't, we suggest you Google the name of the place or activity to get to the site. Most of these activities are free, and most are not time-sensitive (although a few have a minimal charge or a deadline).



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