



# Twin Cities Village Voice

Empowering older adults to remain active, connected,  
and independent in the place they call home

June 2021

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## Editorial by Sue Sommer

"June is bustin' out all over." Rogers and Hammerstein used it in *Carousel* to signify the opening of carefree summer. We generally equate it to new green foliage and splendiferous varieties of flowers, graduates heading for new adventures, weddings abounding, people breaking their routines to flee on vacation, but the phrase was never as apparent as when, in anticipation of June, I put on my white no-stretch jeans for the first time in fourteen months! Amazing how clothes shrink simply hanging in the closet. I know I'm not the only one—otherwise the phrase "The Covid 15," referring to pounds, would not have been coined.

But back to June, the first month of summer. It's named after Juno, the Roman goddess of childbirth and fidelity; birthstones are pearl, moonstone, and aquamarine; flowers are rose and honeysuckle—all things lovely. People born in June are born on the cusp of spring and summer, generally outgoing and friendly; the Geminis are often able to see both sides of an argument, and are creative and full of character. Special days are D-Day remembrance of 1944 (6th), Flag Day (14th), Fathers' Day (20th), longest day of the year (21st or 22nd). It's also National Candy Month, the celebration making those damnable white jeans just a little tighter.

Wimbledon takes place in June. Juneteenth, June 19th, marks the day when the news of emancipation reached the deepest part of the Confederacy in Texas, allegedly abolishing slavery, though it is taking a long time to fully root.

All of this information leads me to say what is particularly special about this June. We are eager to "bust out" of our quarantined existence; we look forward to new adventures and vacations and getaways; we glory in our prolific gardens. Long-delayed graduations are taking place. Couples are tying the silken knot as delayed ceremonies ensue. As we venture out, we will no doubt put on jewelry for the first time in a year—perhaps pearl, moonstone, or aquamarine, and I can tell already that we will be outgoing, friendly, and eager to meet others, whether we're Geminis or any other sign of the Zodiac. We're simply eager to emerge!

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## WELCOME, NEW VOLUNTEERS—AND BIRTHDAYS!

**Volunteers:** Sara Kroeger of Corte Madera is a retired vet. She joins us with a profound desire to help others.

Welcome, Sara. Hope to meet you soon—perhaps June 15 at the Sip 'n Chat happy hour? Thank you for giving your time and energy to our village.

Happiest of birthdays to these Twin Cities Villagers: June 9, Glorraine Obertello; June 10, Nora Martinis; June 14, Henry Black; June 21, Marty Schwarz; June 26, Sandra Massen

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## LOCAL VILLAGE EVENTS (open to all unless noted)

### Food & Drink

#### **Men's Coffee Group**

Wednesdays, June 2 & 16, 11:00am

Join the Men's Group for informal conversations of open topics and no agenda. Men from local villages beyond Twin Cities are invited to participate as well. For questions or to be added to the mailing list, please contact Irv Gubman, [irvgubman@gmail.com](mailto:irvgubman@gmail.com).

#### **Sip and Chat—Cocktail Hour**

Tuesday, June 15, 3:30 – 5:00pm

BIG NEWS! JUNE'S HAPPY HOUR WILL BE LIVE, IN PERSON, REAL, ACTUAL, TANGIBLE, PHYSICAL! This monumental event will happen in the open, lush back yard of Marty Schwartz. We're nearly back to normal, but that means the norm of letting us know if you'll be there so we can plan for food and wine, which will all be served under COVID safety restrictions. Email preferred, but phoning is okay, too. Contact Marty Schwartz, [martylou@mac.com](mailto:martylou@mac.com) or (415) 515-1944. Address and directions will be given when you RSVP.

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## MARIN VILLAGES EVENTS

### **Spring annual fund appeal**

Marin Villages' spring annual fund appeal is going on through June, and our current fundraising is going well so far. If you haven't already made a contribution, we ask that you please do. Every donation, no matter the amount, helps in some way. We envision exceeding the \$60,000 we raised last year as we gear up for new activities, classes, parties, and events—and we can't do it without you. Thank you for your support.

[https://marin.helpfulvillage.com/fundraising\\_campaigns/8-annual-fund-spring-2021-campaign](https://marin.helpfulvillage.com/fundraising_campaigns/8-annual-fund-spring-2021-campaign)

## Marin Villages Donor Recognition Event

Sunday, June 6, 4:00pm



Join us for a short program and a wonderful performance by Nancy Gilliland, who will entertain with songs from the Great American Songbook. We're also planning some fun surprises, **plus a raffle drawing**. To be eligible for the drawing you need to RSVP in advance—before June 1! Please RSVP here: <https://bit.ly/MVDonorEvent> This will be a really fun event!

### Rummage Sale

Marin Villages is planning a fall rummage sale as a fundraiser! It will be held over a weekend, most likely in late September. We will be looking for donations from our members and volunteers and will offer a tax-deductible receipt for your goods. We will accept clothing, shoes, jewelry, housewares, children's toys, tools, electronics, books, CDs and DVDs, linens, art work, easily portable furniture and sports memorabilia. Please save your items for us!

We are also looking for a storage space and a location. Please email Sparkie Spaeth ([oksparkie@aol.com](mailto:oksparkie@aol.com)) if you would like to join the planning committee or if you have a lead on storage space or a suitable venue.

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## COMMUNITY EVENTS

Ever changing and opening—check out the CDC guidelines as of May to learn what's open, available, and new after you receive your vaccination!

[https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated-guidance.html#anchor\\_1615143336158](https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated-guidance.html#anchor_1615143336158)

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## TWIN CITIES VILLAGE ANNOUNCEMENTS

### A new face at Marin Villages



Marin Villages has a new executive director! We are eager to meet John Power, who has taken over as our new executive director. With an extensive background in state and national nonprofit organizations and philanthropies, John will bring new vision and expertise to our Marin coalition. You can read a much more detailed bio in the Marin Villages Weekly Update for May 18, and watch for a Zoom meet-and-greet to be held soon.

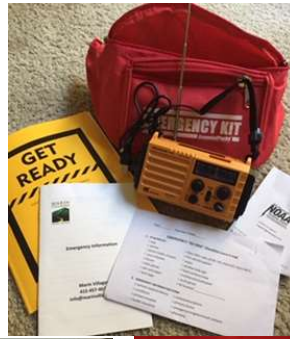
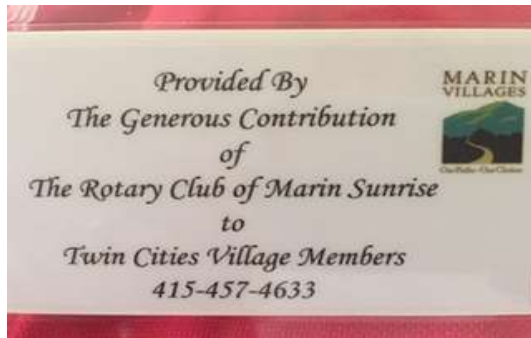
### **Generosity, new friends, and emergency assistance**

Early May brought together Twin Cities volunteers and Rotarians from Marin Rotary Club Sunrise—who generously funded this venture—to deliver emergency radios, carry-packs with a check-off list, and helpful information brochures to TCV members. The radios are equipped with several charging devices and a direct button for the emergency station NOAA, national weather stations, and AM/FM stations; a flashlight and reading light; a carrying strap; and many more beneficial features, including a compass and an alarm beep! TCV volunteers for the distribution were Marilee Lau, who painstakingly organized the event and coordinated with the club, Larry Meredith, Marty Schwartz, Madelon Thomson, Sue Sommer, and Andrea Dyer. Rotarians included Lisa Pasquinelli, Matt Taddei, Hank Cavalier, and Jim Costello—with much assistance from club president Carolyn Dingwall. As we approach the dread of fire season, it is important to be prepared, and Twin Cities Village thanks its new friends in Rotary Club of Marin Sunrise for their financial generosity and in helping issue this important equipment. Thank you, all.



The packs; member Anne Zucchi receiving hers from Jim Costello and Marilee Lau; volunteers at the ready!





Larry, Madelon, Jim, Marty, Lisa, Marilee, Andrea, Hank, and Matt is holding up the building (!).



Member Peter Mellini with Marty and Hank; Sue; and the sustenance table—yes, volunteering runs on donuts and coffee.

### Emergency packs and your information

As you prepare your new emergency packs, make sure you update any changes in your contact names and numbers, health status, or your other emergency information, then **be sure to share any new information with the main office** (415) 457-4633. It's important that we have your current details. Thank you.

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## INVITE TO WRITE



Once again, our "resident poet" Lee Smith has created a poem from the prompt—write a 3-6-9 line poem. Perfect for the time, Lee!

*Equanimity will abound,  
As a new world comes around.  
Ideas new and old combine for a nation profound*

Lee Smith

Some offerings from your steering committee (*while awaiting the bill at our first in-restaurant meeting in over a year!*):

Re-entry is stressful;  
Where did my scheduling skills go?  
The reward of seeing my friends brings warm heart  
*Marty Schwartz*

I do "memo"—  
not poetry or prose or rhymes,  
but music makes me happy and keeps me alive  
*Larry Meredith*

Here we are,  
putting our hearts and minds together  
to nurture and grow the Twin Cities community.  
*Andrea Dyer*

Today is wonderful  
because we are finally together again  
It's been fourteen months hibernating at home—and zooming!  
*Marilee Lau*

Re-entry anxiety is  
scary for each and every one  
of us. Having your vaccination now is the cure!  
*Madelon Thomson*

Here's this month's poem prompt—this one is a little more taxing; it's a nonet poem. The first line contains nine syllables, the second has eight, then seven, and down to the last line, which is only one syllable. It may rhyme or not, and be on any subject you like. Send your pieces to [ssommertime@sbcglobal.net](mailto:ssommertime@sbcglobal.net) and put "TCV Poem" in the subject line. Here's a sample:

Nonet Poem Example, Sue Sommer, 5/22/21

This is what a nonet poem looks like:  
The premiere line: nine syllables,  
The second line contains just eight.  
In the third line, use seven;  
The fourth line includes six.  
Line five has just five!  
Sixth? Only four,  
Seventh: three,  
Eighth—two.  
Ninth...!

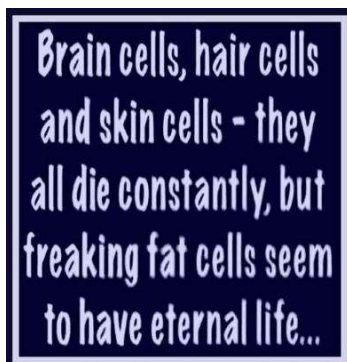
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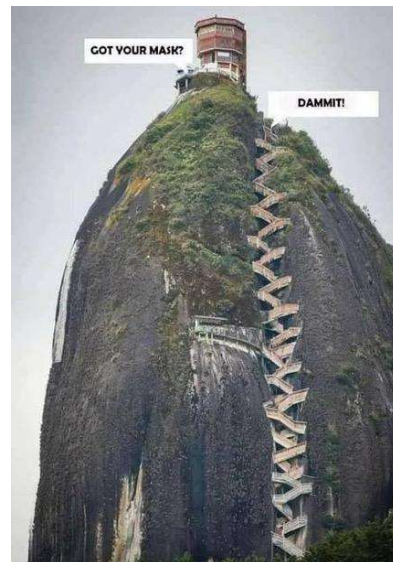
## BITS AND PIECES

Don't forget we're in drought mode—save water!

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## HUMOR





(Not much longer for this one!)

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## HELP US HELP OTHERS

Marin Villages is looking for volunteers to provide a variety of support to older adults. Our goal is to match skills from volunteers with the needs of members. Volunteers sign up for visits that fit their life and lifestyle, but we ask for a commitment of two assignments a month.

If you know someone who is interested in volunteering, could use our services, or would like to donate to an organization serving older adults in Marin, please have them call the office at (415) 457-4633, or visit our website ([www.marinvillages.org](http://www.marinvillages.org)) for application forms and online donations.

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**Marin Villages** 4340 Redwood Highway, Suite F-142 San Rafael, CA 94903  
(415) 457-4633 [www.marinvillages.org](http://www.marinvillages.org)