

MARIN  
VILLAGES



Our Paths - Our Choices

# San Rafael Village

Empowering older adults to remain active, connected,  
and independent in the place they call home

## June 2021 Calendar of Events

“We don’t stop playing because we grow old. We grow old because we stop playing.”

~George Bernard Shaw

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### WELCOME, NEW MEMBERS AND VOLUNTEERS!

**Welcome to our newest volunteers:** Drake Johnson, Jill Crowe and her son Colin, and Mariel Claxton

Thank you for giving your time and energy to our village. We look forward to seeing you all at an event soon!

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### LOCAL VILLAGE EVENTS (open to all unless noted)

At this time, most groups and meetings will continue to be held on Zoom. If you need technical assistance with Zoom, please contact Jane Solomons at (415) 492-8041 or [cartersolo@comcast.net](mailto:cartersolo@comcast.net). Please note that other Marin Villages are also hosting Zoom activities that you are welcome to join. Check out their monthly calendars at [www.marinvillages.org](http://www.marinvillages.org).

If you have suggestions for Zoom groups/activities or non-Zoom ideas for San Rafael Village, please contact Sparkie at [oksparkie@aol.com](mailto:oksparkie@aol.com).

#### **Movie Group**

Sundays, June 6, 13, 20, 27, 7:00pm

San Rafael Village loves our movie group! We meet on Zoom on Sundays at 7:00pm every week to discuss, in our highly entertaining but by no means high-brow group, a film selected from Netflix. We invite you to join the talk or just listen. If you are interested in joining the mailing list (invitations are only sent to those who request them), contact Karen Gray at [karenkasavana@gmail.com](mailto:karenkasavana@gmail.com) or (714) 403-3345.

### **Book Chat**

Monday, June 7, 2:00pm

Our daily lives have been very impacted by the pandemic. Much is not so pleasant but there is one positive aspect—there is more time to stretch out on the couch with a good book! Would you like to share reading recommendations? Would you be interested in hearing what other Villagers are reading? If so, consider joining us in the San Rafael Book Chat. We meet on the first Monday of each month at 2:00pm on Zoom, of course. Contact Val Stilson at [Valerie.stilson@sbcglobal.net](mailto:Valerie.stilson@sbcglobal.net) or (415) 479-1439.

### **Wednesday Coffee Chat**

Wednesday, June 9, 2:00pm

Our monthly Coffee Chat is always on the 2<sup>nd</sup> Wednesday, so don't miss it! Join us for the opportunity to visit with some of your San Rafael Village friends and perhaps meet new ones on Zoom! Most chats will have a designated topic to get the conversation going, but the talk could go anywhere. All are encouraged to contribute their "two bits" to the discussion. Or you could just be a listener. Please RSVP to [sanrafaelvillage@marinvillage.org](mailto:sanrafaelvillage@marinvillage.org) and the Zoom link will be sent to you the day of the event.

### **Dealing with Change**

Thursday, June 10, 2:00pm

Aging offers both predictable and unpredictable changes, in a world already fraught with them. The outside world seems to be reaching the same tipping point we experience in the aging process, be it in the moment or waiting in the wings. Both require incredible flexibility. The umbrella of change includes loss, positive transformation and optimism, coupled with skills each of the existing members, through supporting each other, seem to have mastered. These positive, warm-hearted Villagers, who have supported each other through so many life challenges, are **opening a space for a new participant**. Perhaps as you read this it calls out to you to be among this proactive and all-embracing intimate group. If so, please contact Jackie Hewitt at [jackiejoyous@gmail.com](mailto:jackiejoyous@gmail.com) or (707) 849-9786 with questions and to RSVP.

### **\*NEW ACTIVITY\***

#### **San Rafael Village Walking Group**

Tuesday, June 15, 10:30am

Join fellow Villagers for about an hour walk, on a level, paved pathway with benches along the way for those who want to rest. You will enjoy the beautiful views of the Bay on the Loch Lomond Marina walk in East San Rafael. Meeting place is outside Andy's Market at Loch Lomond. Don't forget your walking sticks, if needed. Afterwards, you can grab a coffee or lunch at Andy's! Contact Judy at [judycpa@msn.com](mailto:judycpa@msn.com) or (415) 203-0925 if you have questions and to let her know you will be there.

### **Villages Book Club**

Thursday, June 24, 12:30pm

Please join us this month! You don't have to read the book first; just come meet us and see for yourselves what a lively group of readers we are. Everyone welcome. For more information and the Zoom link, please call Karen Gray at (714) 403-3345.

### Village Business

#### **Membership/Volunteer Committee**

Wednesday, June 9, 11:00am

Help recruit new members and volunteers and support the ones we have. Contact Jane Solomons at (415) 492-8041 or [cartersolo@comcast.net](mailto:cartersolo@comcast.net).

#### **Program Committee**

Friday, June 11, 1:30pm

Join us to help plan and implement activities and social events for our members and volunteers. Contact Carole Sherick at [csherick@gmail.com](mailto:csherick@gmail.com) or (415) 300-5220.

#### **Steering Committee**

Friday, June 18, 2:30pm

Are you interested in helping guide and further expand San Rafael Village? Do you have organizational and administrative skills you can contribute? If so, please contact Sparkie Spaeth at [oksparkie@aol.com](mailto:oksparkie@aol.com) or (415) 250-3172.

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## MARIN VILLAGES EVENTS

### **Marin Villages' Spring Annual Fund Appeal**

Marin Villages' spring solicitation is going well so far, and runs until the end of June. If you haven't already made a donation, please do! Every donation, no matter the size, helps tremendously! We are so grateful for your support.

[https://marin.helpfulvillage.com/fundraising\\_campaigns/8-annual-fund-spring-2021-campaign](https://marin.helpfulvillage.com/fundraising_campaigns/8-annual-fund-spring-2021-campaign)

And then please join us at the event following...

## Marin Villages Donor Recognition Event

Sunday, June 6, 4:00pm



Join us for a wonderful performance by Nancy Gilliland, who will entertain with songs from the Great American Songbook. We're also planning some fun surprises, **plus a raffle drawing**. To be eligible for the drawing you need to RSVP in advance—before June 1! Please RSVP here:

<https://bit.ly/MVDonorEvent> This will be a really fun event!

### Also...

Marin Villages is planning a **rummage sale** as a fundraiser! It will be held over a weekend, most likely in late September. We will be looking for donations from our members and volunteers and will offer a tax-deductible receipt for your goods. We will accept clothing, shoes, jewelry, housewares, children's toys, tools, electronics, books, CDs and DVDs, linens, art work, easily portable furniture, and sports memorabilia. Please save your items for us! We are also looking for storage space and a location. Please email Sparkie at [oksparkie@aol.com](mailto:oksparkie@aol.com) if you would like to join the planning committee or if you have a lead on storage space or a suitable venue.

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## HELP US HELP OTHERS

If you know someone who could use our services, is interested in volunteering, or would like to donate to an organization serving older adults in Marin, please have them call the office at (415) 457-4633, or visit our website ([www.marinvillages.org](http://www.marinvillages.org)) for application forms and online donations.

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**Marin Villages** 4340 Redwood Highway, Suite F-142 San Rafael, CA 94903

(415) 457-4633 [www.marinvillages.org](http://www.marinvillages.org)