

MARIN
VILLAGES



Our Paths - Our Choices

San Rafael Village

Empowering older adults to remain active, connected,
and independent in the place they call home

August 2021 Calendar of Events

"We don't stop playing because we grow old. We grow old because we stop playing."

~George Bernard Shaw

WELCOME, NEW MEMBERS!

Welcome to our newest members: Pat Semple, Mary Spillane, Deborah Bigler, Jim Wagner, Mimi Ciampi, and Marilyn Boatwright

We look forward to seeing you all at an event soon!

LOCAL VILLAGE EVENTS (open to all unless noted)

Our world is coming back! We are delighted to be seeing and greeting each other and carefully beginning to return to live activities. What interest groups are you especially looking forward to returning to? What new groups would you like to see offered? Please contact Carole Sherick at csherick@gmail.com or (415) 479- 0930 to share your thoughts.

Movie Group

Sundays, August 1, 8, 15, 22, 29, 7:00pm

San Rafael Village loves our movie group! We meet on Zoom on Sundays at 7:00pm every week to discuss, in our highly entertaining but by no means high-brow group, a film selected from Netflix. We invite you to join the talk or just listen. If you are interested in joining the mailing list (invitations are only sent to those who request them), contact Karen Gray at karenkasavana@gmail.com or (714) 403-3345.

Book Chat

Monday, August 2, 2:00pm

Would you like to share reading recommendations? Would you be interested in hearing what other Villagers are reading? If so, consider joining us at the San Rafael Book Chat. We will be meeting in person this month at the home of Marilyn Sharp, 510 Entrada Drive, Novato. For more information, contact Val Stilson at Valerie.stilson@sbcglobal.net or (415) 479-1439.

Wednesday Coffee Chat

Wednesday, August 11, 10:30am **(new time!)**

We are going live for our monthly Coffee Chat and changing to the morning! We will meet this month at the home of Karen Gray. Join us for the opportunity to visit with some of your San Rafael Village friends and meet new ones! There's lots to catch up on since we last met in person; should be an interesting conversation. Please RSVP to Carole Sherick at csherick@gmail.com, or (415) 479-0930.

San Rafael Village Walking Group

Wednesday, August 25, 10:00am

Enjoy a walk through the majestic redwoods! We are trying a little longer and a little harder walk this month at Roy's Redwoods. This loop is 2.75 miles with a 600-foot elevation gain. We will meet at Smith Ranch Road Park and Ride to carpool. There will also be an optional lunch at Two Bird Café in Lagunitas. Interested? Contact Carole at (415) 479-0930 or csherick@gmail.com.

Villages Book Club

Thursday, August 26, 12:30pm, on Zoom

The selection for August is *Wild Swans* by Jane Chung. Copies are available at the library. Please join us! You don't have to read the book first; just come meet us and see for yourselves what a lively group of readers we are. Everyone welcome. For more information and the Zoom link, please call Karen Gray at (714) 403-3345.

We will be offering a Memoir Writing Group on the second Thursday of each month.

Is there a vignette, anecdote, life story or novella that you have long wanted to write? Our upcoming Memoir Writing Group will be driven by life experience, personal inspiration, and intention. It may be likened to the proverbial "song in your heart," brought into written form. It may begin as a personal odyssey of revelation through review and morph into a publishable piece. Each participant will set their individual intention as we begin. And we will witness and support each other through this journey of self-discovery. Each session will find us reading what we have generated to each other. Writing experience is not necessary. The desire to express and discover will be your guide, along with Marin Villages' host, Jackie Hewitt. Call her to register or with any questions you may have. (707) 849-9786.

Village Business

Program Committee

Friday, August 13, 1:30pm

Join us to help plan and implement activities and social events for our members and volunteers. Contact Carole Sherick at csherick@gmail.com or (415) 300-5220.

Membership/Volunteer Committee

Wednesday, August 18, 1:00pm

Help recruit new members and volunteers and support the ones we have. Contact Jane Solomons at (415) 492-8041 or cartersolo@comcast.net.

Steering Committee

Friday, August 20, 2:30pm

Are you interested in helping guide and further expand San Rafael Village? Do you have organizational and administrative skills you can contribute? If so, please contact Sparkie Spaeth at oksparkie@aol.com or (415) 250-3172.

MARIN VILLAGES EVENTS

Marin Villages' Quality Rummage Sale and Fundraiser

Marin Villages' first-ever rummage sale will be held on Friday and Saturday, September 24 and 25, at the former Max's restaurant adjacent to the Corte Madera Best Western. We are collecting quality donated items from our members and volunteers and friends to make this fundraiser successful!

What we want

We are accepting easily portable items (if you can carry it, we will take it, unless it's an item in the second table below!) and donors will receive a tax-deductible receipt. All items should be in good condition; nothing soiled or broken please.

Women's clothing and shoes	Linens, tablecloths, placemats	Small exercise and sports equipment, golf clubs
Housewares--dishes, small kitchen appliances, utensils, baskets, garden	Small furniture items such as lamps and side tables	Small working electronics such as tablets, iPads, and e-readers.
Home décor and artwork	Bed and bath items	CDs and DVDs
Jewelry	Children's toys/clothes	Sports memorabilia

We are not accepting the following due to space limitations

Holiday decorations	Large furniture or appliances	Mismatched glasses, cups, plates
Pianos	Skis, surf boards	Large exercise equipment

Child car seats	Silver plated serving pieces or pewter items	Books
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If you have something to donate or would like to volunteer to help with this event, please contact Sandy Sverdloff (ssverdloff@comcast.net or (415) 246-5352) or Sparkie Spaeth (oksparkie@aol.com or (415) 250-3172), San Rafael Village's representatives. We would love to have you join us setting up, selling, and cleaning up!

HELP US HELP OTHERS

If you know someone who could use our services, is interested in volunteering, or would like to donate to an organization serving older adults in Marin, please have them call the office at (415) 457-4633, or visit our website (www.marinvillages.org) for application forms and online donations.

Marin Villages 4340 Redwood Highway, Suite F-142 San Rafael, CA 94903
(415) 457-4633 www.marinvillages.org