

MARIN
VILLAGES



Our Paths - Our Choices

Novato Village

Empowering older adults to remain active, connected,
and independent in the place they call home

October 2021 Newsletter

NOVATO VILLAGE STEERING COMMITTEE SAYS...

Here's the October 2021 calendar of Novato Village activities... Details in this newsletter!

Thursday, October 7, 9:30am – *Monthly Walk* at Indian Valley College-Autumn Colors

Tuesday, October 12, 1:30pm – *Book Lovers' Group*, Creekside Bakery

Wednesday, Oct. 13, 11:00am – *Zoom – The More You Know*...about Fire Evacuation

Thursday, October 14, 1:30pm – *CoffeeTea&Chat* at Panera, Vintage Oaks

Saturday, October 16 – *Village Viewers Movie Group*, time & location to be announced

Tuesday, October 19, 10:30am – *Steering Committee & Program Committee*

Wednesday, October 20, noon – *Lunch* at Jerry's Downtown BBQ

Wednesday, October 27, 4:00pm – *Happy Hour* at Rickey's, Inn Marin

Sunday, November 7 – SAVE THE DATE – *Clipper Card SMART trip* to Santa Rosa for lunch

Please visit the Marin Villages website for monthly Novato Village and other Villages' activities:

<https://marin.helpfulvillage.com/events>

WELCOME, NEW MEMBERS AND VOLUNTEERS!

Members: Joan Trapkin, Jane and Jack Deigan, and Barbara Legge

Volunteers: John Pierre, Stephanie Leist, Al Burnham, Marcella Battaglia, Sandy Levitan, and Alain Deshayes

Thank you for giving your time and energy to our village. We look forward to seeing you all at an event soon!

LOCAL VILLAGE EVENTS (open to all unless noted)

All the events below are offered on Zoom. If you are not yet comfortable with Zooming, we can provide one-on-one help. Just let the office know you would like a volunteer to work with you.

info@marinvillages.org or (415) 457-4633.

Food & Drink

CoffeeTea&Chat

Thursday, October 14, 1:30pm

Panera, Vintage Oaks Shopping Center, 132 Vintage Way Suite F17, Novato

Drop in to meet lively friends and enjoy flowing conversation. Get connected to other Novato Village members and volunteers, and bring a friend who might be interested in Novato Village. RSVP is **not** required. If you need a ride, contact the Marin Villages office at info@marinvillages.org or (415) 457-4633. For more information, contact Marge Jackson at (415) 892-1238 or marge-32@hotmail.com.



September was breezy for our CoffeeTea&Chat

Lunch at Jerrys Downtown BBQ (also called JD's BBQ)

Wednesday, October 20, noon

7380 Redwood Blvd, Novato

Jerrys Downtown BBQ features delicious Central Texas BBQ made from the finest cuts of meat. They offer mouthwatering brisket, juicy ribs, tender chicken, handcrafted sandwiches & burgers. **Please RSVP by Monday, October 18** so we can tell the restaurant how many guests we'll have for outdoor seating. Also, **please plan to pay with cash**, not credit cards. These are new requests that reflect the changes restaurants have made during COVID, so we appreciate your understanding. RSVP by emailing Joanne Keenan at jkeen@pacbell.net or calling (415) 883-5729. Joanne does not arrange rides. If you need a ride, contact the Marin Villages office at info@marinvillages.org or (415) 457-4633. The menu can be found at jd-bbq.com.



Lunch at Grazie in September—a beautiful day!

Happy Hour at Rickey's

Wednesday, October 27, 4:00 – 6:00pm

Located at InnMarin, 250 Entrada Dr., Novato

Enjoy cocktails or non-alcoholic beverages, delicious appetizers and starters—so many choices! *Novato Village gentlemen*: we miss you and hope to see you there! **Please RSVP by Monday, October 25** so we can tell the staff how many guests we'll have for outdoor seating. Also, **please plan to pay with cash**, not credit cards. These are new requests that reflect the changes restaurants have made during COVID, so we appreciate your understanding. To RSVP, contact Marge Jackson at (415) 892-1238 or marge-32@hotmail.com. Marge does not arrange rides. If you need a ride, contact the Marin Villages office at info@marinvillages.org or (415) 457-4633.



Enjoying Happy Hour at Rickey's in September—see you in October!

Education & Presentations

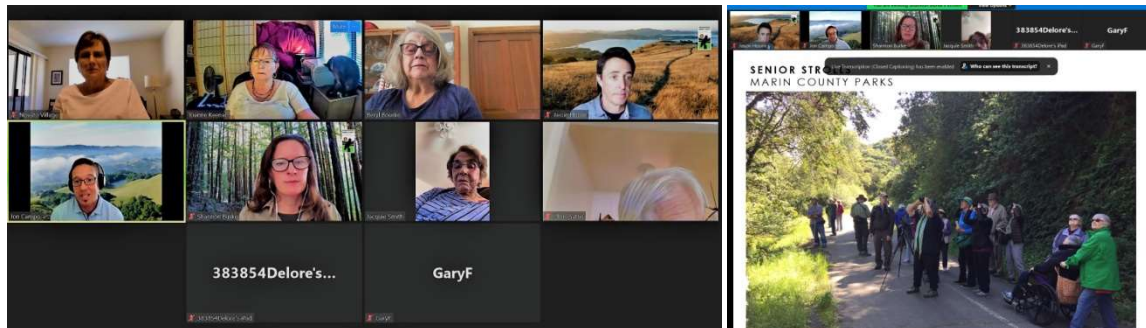
The More You Know...about Fire Evacuation

Wednesday, October 13, 11:00am – noon

Zoom

Our guest will be **Lynne Osgood, Deputy Fire Marshal for Novato Fire District**. She will update us about the new County Fire evacuation routes, ways to plan for fire evacuation, and will make suggestions for those who need transportation assistance, depending on the individual's needs.

Firefighters do not provide evacuation for individuals, so pre-planning is essential. Lynne will discuss this, and more. Does everybody know where their emergency go-bag is? See you by Zoom. No need to RSVP; the Zoom link will be sent to everyone by email.



Park Ranger and Interpretive Naturalist Shannon Burke and Principal Natural Resources Planner Jon Campo shared locations of trails for Senior Strolls in September

Exercise

Novato Village Walkers – Autumn Colors at the Indian Valley campus

Thursday, October 7, 9:30 – 10:30am

Indian Valley Campus, 1800 Ignacio Blvd., Novato

Once again, we'll enjoy the Indian Valley campus of the COM as autumn colors touch the trees. We will start at Indian Valley COM *free parking lot (on the left) just before* you get to the large pay parking lot adjacent to the baseball field located at the very end of Ignacio Blvd. We'll walk from the parking lot to Indian Valley Rd. The path is wide and will accommodate guest separations. It's a very level walk—no hills, about 3/4 mile round trip. This is a firm, dirt-packed path. Please RSVP to Pat Bailey at pbailey49@aol.com or text or phone (415) 652-9073.



Novato Village Walkers at the Rush Creek Lagoon in September

Books

Book Lovers' Group

Tuesday, October 12, 1:30pm

Creekside Bakery, 1719 Grant Ave., Downtown Novato Center

We had a great Zoom discussion and decided we will meet at 1:30pm (note new time) at Creekside Bakery, outside, weather permitting, to discuss the two Isabel Wilkerson books: *The*

Warmth of Other Suns and *Caste*. We are hoping to continue at Creekside, indoors or outdoors. It is quiet and close to the parking lot. We decided on a little bit later time to avoid lunchtime crowds. Depending on the size of the group, we will push two tables together or meet at two separate tables. Planning ahead: *Four Winds* by Kristin Hannah is our November book. For more information, contact Marcia Sprinkle: msprinkle1884@yahoo.com or (415) 310-3955.

Groups

Village Viewers Movie Group

Saturday, October 16th, time & location to be announced

In September we saw the movie *Blue Bayou*. This was a very realistic movie about immigration! Justin Chon wrote, directed and acted in this movie. He received inspiration by reading true stories of immigrant adoptees who were deported as adults and sent back to their birth countries. It was eye-opening and I highly recommend seeing this film. Then we enjoyed a delicious dinner and discussion at McInnis Golf Restaurant. Please join us on the third Saturday of each month. I will be picking the movie closer to the date and will email everyone the information. Hope to see you there. Contact me, Joanne Lang, with questions or movie suggestions at (916) 716-5800 or Jlangtpa@gmail.com.

Village Business

Novato Village Steering Committee & Program Committee

Tuesday, October 19, 10:30am – noon

NOVA RO II, 1130 *Seventh Street*, Novato

Please contact Beth Livoti, llivoti@comcast.net or (415) 892-1043 for information.

MARIN VILLAGES EVENTS

Bocce ball! Note new date this Friday!

Friday, October 8, 1:00 – 3:00pm

Marin Bocce Federation, 550 B Street, San Rafael



Everyone is welcome to join in whether as a roller or as an observer. This is as much a social event as a bocce game, so do not be shy about joining us if you have not played bocce before. If you are tempted to play, we are fortunate to have many who are ready to assist you in learning the game. The equipment you will need is simple: a good sun hat, sensible shoes, comfortable clothes, and something to drink. Bring a snack to share with the group if you are able. For questions, please call Larry Meredith, (415) 860-2535. If you need a ride, contact the Marin Villages office, (415) 457-4633.

Annual Volunteer Appreciation Zoom party!

Sunday, October 24, 4:00 – 5:00pm

Join us on Zoom as we gather to celebrate our incredible Marin Villages volunteers, whose hard work, dedication, and friendship toward our members are an inspiration. Don't miss it—we'll share stories, draw for some fantastic prizes, and have more surprises, too! See you there! To register, go to <https://marin.helpfulvillage.com/events/3468>

Not Home Alone—Halloween

Sunday, October 31, 2:00pm

McInnis Park Club Restaurant, 350 Smith Ranch Road, San Rafael



Join other Villagers for an early dinner at The Club restaurant at McInnis Park on Halloween! Costumes fun but optional. Please RSVP to Donnalee Wells. donnaleewells@comcast.net or (415) 302-9244 (call or text)

COMMUNITY EVENTS

Marin County Commission on Aging meeting

Thursday, October 7, 10:00 – 11:00am

Zoom

The past two years have been difficult. Sheltering in place, power outages, and wildfires have affected all of society but have disproportionately impacted older adults. This presentation will feature speakers from the state and community level who will share how services and policies for older adults have been reshaped as a result of recent emergencies. To join the Zoom meeting:

<https://us02web.zoom.us/j/88923639821?pwd=czhTU05lbk01bm1maXk3YUZ6SGFTUT09>

Meeting ID: 889 2363 9821

Passcode: 760090

Dial in number: (669) 900-6833

The Not-So-Scary Halloween Magic Show

Saturday, October 23, 6:00 – 6:45pm

Margaret Todd Senior Center, 1560 Hill Road, Novato

Join Novato Parks and Recreation for The Not-So-Scary Halloween Magic Show featuring Mike Della Penna. *In-person!* Doors open at 5:30pm, show begins at 6:00pm. For more info, use this link: <https://www.novato.org/Home/Components/Calendar/Event/20293/2527>



Halloween Magic Show with Mike Della Penna, online!

Wednesday, October 27, 4:00pm – 5:00pm

Online

If you can't make it in-person on October 23, join Friends of the Larkspur Library **online** for the spooky and spectacular Halloween Magic Show with Mike Della Penna. Register here for this free event: <https://www.eventbrite.com/e/halloween-magic-show-tickets-167895123835>



NOVATO VILLAGE ANNOUNCEMENTS

Dear Novato Village members and volunteers, we have come up with a plan for payment at Luncheon and Happy Hour events. The COVID pandemic has changed the way many of our favorite restaurants accept and process food and drink orders. Because restaurants are often short-staffed, they have computerized their receipt system. Individual checks are not often available (unlike coffee shops which take individual orders at their cash registers). To deal with this, we request you **plan to bring cash to pay for your order**. To help out, we have developed a “chit,” as our British friends would call it—a way for you to write down what you have ordered to calculate the cash. This is what the “chits” looks like for Happy Hour and Luncheon.

Novato Village Happy Hour – Rickey’s
Cash only to Marge Jackson or her Novato Village
representative, **not Rickey’s cashier**

Your Name: _____

Cost of beverage x number ordered = _____

Cost of food ordered = Angular Snip _____

8 ½% city tax + Rickey’s **required** tip of 22%
(Easy calculation = 30% of your total food & beverage
order)
Total: \$ _____

Novato Village Luncheon - **Cash only to Joanne Keenan** or her
Novato Village representative,
not cashier or waiter

Your Name: _____

Cost of beverage x number ordered = _____

Cost of appetizer, entrée = _____

Side orders = _____

Dessert ordered = Rectangular Snip _____

8 ½% city tax + **required** tip of 20% for group service
(Easy calculation = 30% of your total food & beverage
order)
Total: \$ _____

AND MORE...

Cameo Bio—Meet Sue Lyttle, Novato Village Steering Committee member

I was raised in the Western states. My dad was an opportunistic soul. He saw opportunities everywhere, and followed them. When he first met my mother, he asked her to marry him and promptly left her waiting in Seattle, while he went to Alaska to find gold. He came back with enough money to marry and start a family.



I was born in Seattle. Dad went to Japan as soon as it was possible after the war. He found companies there that were making toys from recovered aluminum soda cans. He then became an importer of toys. We lived in Salt Lake City, where I started school, the first of 14 schools I would attend. My brother was born, so we moved to a larger house in a suburb of Salt Lake City. Then we moved to Denver where my second brother was born, then Wheatridge, CO, then back to Seattle, then to Mount Vernon, WA near the Canadian border. While I was in high school, we moved to Los Altos, CA. My parents settled there for a long time.

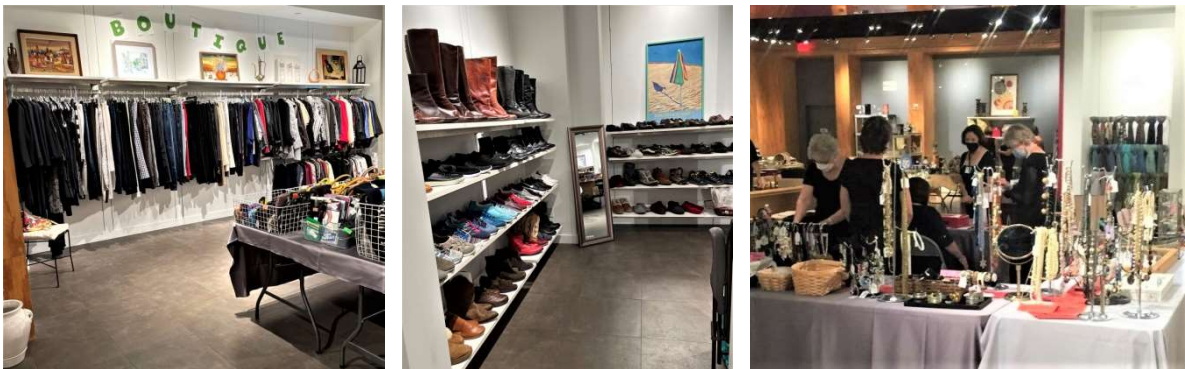
I met and married Jim Lyttle while I was living and working in Mountain View. Jim's dad was a Naval officer, so Jim and I had many of the same experiences, moving to lots of homes. We promised each other we would not put our family through frequent moving. We lived briefly in Los Altos and then found our dream house in Palo Alto and stayed in Palo Alto for the next 40 years.

When my two daughters were in school, I studied graphic design. It was a subject far different than my university major of mathematics. I started volunteering as a graphic designer for nonprofits that I was interested in. Gradually, I built a career as a freelance graphic designer. My last job was 10 years as the art director for *Timeline*, the monthly publication of the Foundation for Global Community.

Jim and I moved to Novato in 2009. It was a good move for us and for my daughter, Ali, and her family. Her son is autistic, and Mike, her husband, and Ali needed help. My husband's health was failing and we realized that we would need help from Mike and Ali. We found a property with two houses, and moved in. We help each other. My husband Jim died in 2018, at home.

I met Marge Jackson at a balance class offered at the Novato Library. As you all know, Marge is a master recruiter for Novato Village. So, here I am.

Some photos from the Marin Villages' Pop-Up Thrift Boutique – September 30 to October 3



A beautiful display of merchandise!

HELP US HELP OTHERS

If you know someone who could use our services, is interested in volunteering, or would like to donate to an organization serving older adults in Marin, please have them call the office at (415) 457-4633, or visit our website (www.marinvillages.org) for application forms and online donations.

Marin Villages 4340 Redwood Highway, Suite F-142 San Rafael, CA 94903
(415) 457-4633 www.marinvillages.org