



# NOVATO VILLAGE

## *September 2018*

We encourage members and volunteers to bring guests to Novato Village events and activities -- help spread the word and grow our Village! If you need a ride to an event, please call Marin Village at 415-457-4633 about four days in advance of the event. Also, check out [marinvillage.org](http://marinvillage.org) to view the wide variety of Village activities throughout Marin that are available to you as Village members and/or volunteers.

<b>Wednesday, September 5</b> Great Books Club	<b>1:00 – 3:00 p.m.</b>
<b>Thursday, September 6</b> Culture Club: A Chorus Line	<b>7:30 p.m.</b>
<b>Tuesday, September 11</b> Book Lovers' Club	<b>2:30 - 4:00 p.m.</b>
<b>Wednesday, September 12</b> Monthly coffee	<b>10:30 – noon</b>
<b>Sunday, September 16</b> Pot luck picnic at Miwok Park	<b>1:00 - 3:00 p.m.</b>
<b>Wednesday, September 19</b> Happy Hour – Hilltop	<b>4:00 - 6:00 p.m.</b>
<b>Sunday, September 23</b> Volunteer Appreciation Party!	<b>3:00 – 5:00 p.m.</b>
<b>Monday, September 24</b> Apple Workshop	<b>1:00 – 3:00 p.m.</b>
<b>Wednesday, September 26</b> Monthly luncheon	<b>Noon</b>
<b>Thursday, September 27</b> Let's play Boggle	<b>1:30 – 3:30 p.m.</b>

### **GREAT BOOKS CLUB**

**When:** Wednesday, September 5      1:00 - 3:00 p.m

**Where:** Ginni Saunders' home

The group will be discussing two readings under *Art in Counter Parts*: "In Which the Story Pauses a Little" by George Eliot, and "The Decay of Lying (a selection)" by Oscar Wilde. If you have questions or need directions to Ginny's home, please email Paula [p.weinberger41@gmail.com](mailto:p.weinberger41@gmail.com) or Ginni [ginnisaunders@gmail.com](mailto:ginnisaunders@gmail.com)

### **CULTURE CLUB**

**When:** Thursday, September 6, 2018    7:30p.m.

**Where:** Novato Theatre Company Playhouse, 5420 Nave. Dr., Novato

Novato Theatre Company presents "A Chorus Line," a play that celebrates the unsung heroes of the American musical theatre – the chorus dancers. Tickets are \$20 (available at the door) and parking is free.

### **BOOK LOVERS' CLUB**

**When:** Tuesday, September 11, 2018    2:30-4:00 p.m.

**Where:** Teeny Cake Bakery, 7400 Redwood Blvd., #101, Novato

We'll discuss this month's book choice: A Fall of Marigolds by Susan Meissner. On Ellis Island in New York Harbor, nurse Clara Wood cannot face returning to Manhattan, where the man she loved fell to his death in the Triangle Shirtwaist Fire.

### **MONTHLY COFFEE**

**When:** Wednesday, September 12, 2018    10:30 a.m. – noon

**Where:** Community Room, NovaRo III, 231 Pinheiro Circle, Novato

**Directions:** 101 north to San Marin exit, left on San Marin Dr., left on Redwood Blvd., right on Pinheiro Circle

**Parking:** Street parking is available on Pinheiro Circle past the Club House and also on Redwood Blvd. Please avoid parking in designated resident spaces.

It's always fun (lively conversation, fresh coffee/tea and lots of tasty treats!) to get together in this friendly, comfortable setting. Have you been hearing about "Age-friendly Novato" and wondering what it's all about? We'll learn about it during coffee. Also, if you have a vignette from your life that you'd like to share, please plan to do so. Sharing our stories enriches us all! Feel free to bring your friends and neighbors along.

### **POT LUCK PICNIC AT MIWOK PARK**

**WHEN:** Sunday, September 16, 2018    1:00 – 3:00 p.m.

**WHERE:** Miwok Park, 2200 Novato Blvd., Novato

Novato and San Rafael Villages have teamed up to host a pot luck picnic! Just bring either a salad, main dish, or dessert to serve 6-8. RSVP by September 11 to the Marin Villages office at 415-457-4633. Join the fun!

### **NO-HOST HAPPY HOUR AT HILLTOP**

**When:** Wednesday, September 19, 2018 4-6pm

**Where:** Hilltop, 850 Lamont Ave, Novato

Located in a century-old building, Novato's Hilltop has one of the best views in the North Bay. Their Happy Hour menu offers great value, including beer (\$3), well drinks (\$4), wine (\$5) and appetizers at half-price. It's a fun way to catch up with old friends (and make new ones!) while enjoying your favorite beverage and a light dinner.

### **VOLUNTEER APPRECIATION PARTY!**

**When:** Sunday, September 23, 2018 3:00-5:00 p.m.

**Where:** Jason's Restaurant (Community Room), 300-A Drake's Landing Rd., Greenbrae

Please join us to acknowledge the accomplishments and contributions of our wonderful volunteers. We wouldn't be a "Village" without their generosity and dedication. All members and volunteers are welcome. RSVP: (415) 457-4633 or [info@marinvillages.org](mailto:info@marinvillages.org)

### **APPLE WORKSHOP**

**When:** Monday, September 24, 2018 1:00 – 3:00 p.m.

**Where:** Ginni Saunders' home

The technical expert is Trish King, former Director of Behavioral Training at the Marin Humane Society. Contact: [ginnisaunders@gmail.com](mailto:ginnisaunders@gmail.com) to schedule a one-on-one appointment during the Workshop.

### **MONTHLY LUNCHEON**

**When:** Wednesday, September 26, 2018 Noon

**Where:** 19<sup>th</sup> Hole Bar & Grill at Indian Valley Golf Club, 3035 Novato Blvd., Novato

The restaurant offers delicious American-style food and provides fantastic views of Stafford Lake and the Marin hills. Menu choices are moderately priced and include appetizers, soups, salads, burgers, hot and cold sandwiches, etc. Since the walk from the parking lot is up a short hill, the manager will provide escorted golf cart transportation for any guest who has the need. Please plan to arrive as close to noon as possible for golf cart assistance. Looking forward to seeing you there!

### **LET'S PLAY BOGGLE**

**When:** Thursday, September 27, 2018 1:30 – 3:30 p.m.

**Where:** Beth Livoti's home

Boggle is a word game where players attempt to find words in sequences of adjacent letters found after scrambling lettered dice within a covered plastic grid. Whether an experienced player or a newbie, we all have a really good time, despite our skill levels! Contact Beth Livoti at [llivoti@comcast.net](mailto:llivoti@comcast.net) for location and directions.



## ***Aging...BETTER!***

### ***A Marin Village Community Event***

**WHEN:** Saturday, October 6, 2018 1 – 4 p.m.

**WHERE:** Novato City Hall, 901 Sherman Ave., Novato

**SPEAKERS:**

- José Alberto López-Domínguez, Ph.D., Buck Institute for Research on Aging, will address the current understanding of the aging process in relation to the development of degenerative diseases such as Alzheimer's and Parkinson's.
- Richard Caro, Ph.D., co-founder of Tech-enhanced Life, a Public Benefit corporation with the mission of improving the quality of life of older adults and their families, will discuss his work focusing on the intersection of aging and technology.

Join us for this interactive event. Refreshments will be served.

### ***Novato Villagers at Play***



***August luncheon in  
the beer garden at  
HopMonk Tavern***



***Happy hour on the terrace at WildFox***



***Village member and composer Pat Stamm presented her  
music at a wine & cheese event hosted by Beth & Lou Livoti.***

## ***WHAT'S HAPPENING AROUND TOWN?***

*Though the following are not Marin Village sponsored events, they may be of interest to members and volunteers.*

**EVENT: Paperwork You Need to Have in Place**

**WHEN:** Wednesday, September 12, 2018 10-11:30 a.m.

**WHERE:** Margaret Todd Senior Center, 1560 Hill Rd., Novato

Attorney Leo Alberghi will discuss (1) the overlooked areas of estate planning that can lead to unintended conflicts and consequences, (2) the importance of periodically reviewing your estate plan, and (3) why updating your contacts and securing electronic accounts is important.

**EVENT: Rock The Block**

**WHEN:** Thursday, September 13, 2018 6:00-9:00 p.m.

**WHERE:** Grant Ave., between Reichert and Machin

Neon Velvet heads to Downtown Novato to bring the streets alive for the second installment of Rock the Block Novato. With local restaurants providing food and drink and Neon Velvet providing the jams "Rock the Block: End of Summer Edition" will be the most lively Thursday of the summer. Admission is free.

**EVENT: Native American Trade Feast**

**WHEN:** Saturday, September 15, 2018 11:00 a.m. - 5:00 p.m.

**WHERE:** Miwok Park, 2200 Novato Blvd., Novato

Featured at the event will be Native American arts and crafts, Red Voices Intertribal Drum, Intertribal Pomo Dancers, Aztec Dancers, Hula Manu O'o, Hoop Dancer Eddie Madril, Miwok songs and stories, basketry demonstrations, regalia making, shell bead drilling, children activities, book sales and tours of the Museum. Becky Olvera Schultz, a former exhibitor from the museum's Masks of Americas show, will also be there with clay/mixed media masks and other items. Admission is free.

**EVENT: The Story of Marin County's Geology**

**WHEN:** Tuesday, September 25, 2018 7:30 p.m.

**WHERE:** Novato Library, 1720 Novato Blvd., Novato

Steven Newton, Professor of Geology at College of Marin, will discuss five easily-visited locations that highlight the rich variety and epic odyssey of Marin County's ecology. As a bonus, feel free to bring along any mystery rocks for Professor Newton to identify. Please call 415-899-8290 to register.

**EVENT: Transportation Options for Marin's Older Adults**

**WHEN:** Wednesday, September 26, 2018 10-11 a.m.

**WHERE:** Margaret Todd Senior Center, 1560 Hill Rd., Novato

In this session, you'll learn how to utilize the Travel Navigators to find the best transportation options for you. Please call 415-899-8290 to register.

**EVENT: Senior Produce Market**

**WHEN:** 10:00 – 11:00 a.m. on 1st & 3<sup>rd</sup> Wednesday of each month

**WHERE:** Margaret Todd Senior Center, 1560 Hill Rd., Novato

Seasonal produce from local suppliers and growers (priced at or below wholesale) is offered twice each month. Convenient per-item pricing saves money since you're able to purchase only what you can use (e.g., one radish, one stalk of celery, ½ head of lettuce.)

**EVENT: Marin County District Attorney's Victim-Witness Program**

**WHEN:** 9:00 a.m. – noon on 1st & 3<sup>rd</sup> Thursday of each month

**WHERE:** Margaret Todd Senior Center, 1560 Hill Rd., Novato

If you or someone you know have either been the victim of a crime or witnessed a crime, Yolanda Johnson, Advocate from the District Attorney's office, is available to meet with you to answer questions, provide information, and connect you with resources.

## Top 10 Ways to enjoy a Sunday afternoon



1. Connect with Village friends
2. Enjoy lively conversation
3. Meet new Villagers
4. Snack on tasty food
5. Relax in a Creekside park
6. Throw a bean bag (or two)
7. Sip a glass of wine
8. Tell a few stories
9. Share a favorite dish
10. Visit the Bocce courts and Miwok museum



## San Rafael and Novato Villages are hosting a POTLUCK PICNIC

and would love you to join us.

**When: Sunday, September 16, from 1:00 – 3:00 p.m.**

**Where: Miwok Park in Novato**

[\(click here for directions\)](#)

**What to bring: Salad, main dish or dessert to serve 6-8**

Please RSVP by September 11 to the office at 415-457-4633 or  
[click here to register online.](#)

MARIN  
VILLAGES



Our Paths - Our Choices