

MARIN  
VILLAGES



Our Paths - Our Choices

# San Rafael Village

Empowering older adults to remain active, connected,  
and independent in the place they call home

## April 2023 Calendar of Events

*"Instructions for living a life: Pay attention. Be astonished. Tell about it." ~ Mary Oliver*

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### WELCOME, NEW MEMBERS AND VOLUNTEERS!

**Members:** Ellen Arbit, Carolyn Scarola, Doug Slain

**Volunteers:** Barbara Olson, Ann Rivo

We look forward to seeing you at our social events and activities!

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### SAN RAFAEL VILLAGE EVENTS

#### **Attention Bridge players!**

We would like to start a Bridge Group for San Rafael Village. If you are interested in joining, please contact Diane Heath at (415) 492-1219 or email [dianeheath59@hotmail.com](mailto:dianeheath59@hotmail.com). Meeting date and time to be determined depending on the group's preferences.

#### **NEW: Movies on the Big Screen (with optional dinner after the movie)**

Monday, April 24, in the pm (time will be announced when movie is selected)

Century Regency Theater, 280 Smith Ranch Road

Its back!! It's been some time since many of us have left the house to see a movie. San Rafael Village is once again organizing monthly Monday afternoon movies at the theater with optional dinner to follow. An email will be sent on the Wednesday or Thursday prior to the movie with these details: 1) the selected movie, 2) the time to arrive, and 3) where we will dine (**bring cash if dining**). If you are interested in being put on the list to receive notifications about Movies on the Big Screen, contact Barbara Olson at [barbara@olson.org](mailto:barbara@olson.org) or (415) 847-6078.

If you need a ride to any of the events below, please call the office. (415) 457-4633

### **Movie Group**

Sundays, April 2, 9, 16, 23, 30, 7:00pm

Zoom

San Rafael Village loves our movie group! We meet **on Zoom** on Sundays at 7:00pm every week to discuss, in our highly entertaining but by no means high-brow group, a film selected from Netflix. We invite you to join the talk or just listen. If you are interested in joining the mailing list (invitations are only sent to those who request them), contact Karen Gray at [karenkasavana@gmail.com](mailto:karenkasavana@gmail.com) or (714) 403-3345.

### **Book Chat**

Monday, April 3, 2:00pm

Come and share what you have been reading: books, articles, poetry, even old essays or letters. Tell us why you like or don't like it and what drew you to it in the first place. We often go out to a happy hour together afterwards and always enjoy learning from each other. For more information and to RSVP, contact Val Stilson at [valerie.stilson@sbcglobal.net](mailto:valerie.stilson@sbcglobal.net).

### **San Rafael Village Coffee**

Wednesday, April 12, 2:00pm

Join us for the always fun monthly coffee, hosted this month by Sparkie Spaeth in her Peacock Gap home. Enjoy chatting with Village friends and consider bringing a friend or neighbor to meet our friendly group. Beverages and snacks will be provided. Masks recommended for indoors. RSVP and get address from Joy Bloom at (415) 717-0173 or [joy@eibloom.com](mailto:joy@eibloom.com)

### **San Rafael Village Walkers**

Thursday, April 20, 11:00am

Corte Madera-Larkspur path

Join SRV Walkers on this two-mile out and back walk. The trail is paved and flat. Walk at your own speed and turn back when needed. We start across from the DMV in Corte Madera and have a perfect head-on view of Mt. Tam. We walk into Larkspur and turn back at the Old Corte Madera Square. There are benches to rest along the way, but unfortunately no restrooms. Optional lunch after the walk in the Corte Madera Town Center. Meet in the parking lot of the Corte Madera DMV at 11:00am or carpool at 10:30am from the Civic Center Lagoon parking lot. Friends are very welcome to join you. Questions and/or to RSVP, contact Carole Sherick at (415) 300-5220 or [csherick@gmail.com](mailto:csherick@gmail.com). When you RSVP, you will be sent directions where to meet to carpool or meet at the trailhead.

### **Villages Book Club**

Thursday, April 27, 12:30pm

This month's book selection is *Seville Communion*, by Arturo Perez Reverte. Everyone is welcome! You don't have to read the book first; just come meet us and see for yourself what a lively group of readers we are. Please call Karen Gray at (714) 403-3345 for more information.

### **Did you know...**

...that you can join in most of the activities and events at our other Marin Villages? There are five other villages: Novato, Twin Cities, Ross Valley, Mill Valley and Tiburon Peninsula. Check out their calendars on the Marin Villages website, [https://marin.helpfulvillage.com/events?all\\_villages=1](https://marin.helpfulvillage.com/events?all_villages=1).

### Village Business

#### **Membership/Volunteer Committee**

Wednesday, April 12, 10:30am

Zoom

Help recruit new members and volunteers and support the ones we have. Contact Jane Solomons at (415) 492-8041 or [cartersolo@comcast.net](mailto:cartersolo@comcast.net).

#### **Program Committee**

Friday, April 14, 2:00pm

Join us to help plan and implement activities and social events for our members and volunteers. Contact Carole Sherick at [csherick@gmail.com](mailto:csherick@gmail.com) or (415) 300-5220.

#### **Steering Committee**

Friday, April 21, 2:30pm

Are you interested in helping guide and further expand San Rafael Village? Do you have organizational and administrative skills you can contribute? If so, please contact Sparkie Spaeth at [oksparkie@aol.com](mailto:oksparkie@aol.com) or (415) 250-3172.

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## **OTHER MARIN VILLAGES EVENTS**

### **Men's Coffee**

Wednesdays, April 5 & 19, 11:30am



This is an informal gathering with no particular agenda beyond the company of friends. We encourage you, whether a volunteer or member, to come join us. The group meets at restaurants and coffee shops around Mill Valley twice a month. To get more information or to be put on the reminder list for upcoming meetings contact Irv Gubman ([irvgubman@gmail.com](mailto:irvgubman@gmail.com) or (415) 250-6155).

### **Not Home Alone—Easter**

Sunday, April 9, 2:00pm

Cherie Sorokin's home, Tiburon



Wear your favorite Easter bonnet and join Donnalee Wells and other Marin Villages members and volunteers for an early Easter supper at Cherie Sorokin's lovely home in Tiburon. Always a fun time and a great opportunity to share the holiday with old and new friends. First come, first served **by reservation**, and space is limited to 30. Please BRING \$30 CASH for your meal. All attendees must be COVID vaccinated. RSVP ASAP to Donnalee at [donnaleewells@comcast.net](mailto:donnaleewells@comcast.net) or text or call (415) 302-9244. If you need a ride, please call the office at (415) 457-4633. The menu will include appetizer; salad; lamb, fish, and vegetarian entrees; and dessert.

### **Technology/Computer Help Office Hours**

Wednesday, April 19, 4:00 – 5:30pm

Zoom



Issues with your printer? iPhone not syncing properly? If so, join our volunteer tech support group for the answers to these and all of your other burning technology questions! We look

forward to continuing to help solve your frustrating tech problems. This is a space where you can "drop in," ask questions, and receive personalized, individually focused, expert tech advice from some of our wonderful tech volunteers. Even if you'd just like to sit in to learn a little more about technology, we'd love to have you participate! So bring your questions about your computers, tablets, phones, etc., and our dedicated tech volunteers will do the rest. This opportunity is available to all Marin Villages members and volunteers. Please join us at this link: <https://us02web.zoom.us/j/89289995207!>

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## COMMUNITY EVENTS

### For our vision-impaired members

Marin Villages has formed a partnership with Vision Impaired of Marin. We now have trained and knowledgeable Marin Villages vetted volunteers who are available to support and resource our vision-impaired members to services specifically to meet their needs. Please contact BJ Slater at the Marin Villages office if you would like to speak with one of these volunteers. (415) 457-4633

Vision Impaired of Marin supports those struggling with their vision, offering programs, support, information, resources and activities. For more information on programs, visit their website, [www.bvim.org](http://www.bvim.org). To contact them, call (415) 459-5066 or email [info@bvim.org](mailto:info@bvim.org).

#### **Ongoing events:**

First Wednesday of every month – **Zoom support group** <http://www.bvim.org/support-groups>

Every two-three months – **Luncheon meeting** <http://www.bvim.org/luncheon-meeting>

Second Saturday of each month – **Talking Book Club** <http://www.bvim.org/talking-book-club>

#### **Vivalon Library Thursday**

Thursday, April 6, 2:00pm – 3:00pm

Zoom

The first Thursday of each month a librarian from San Rafael Public Library will assist patrons in accessing and using free digital resources provided to you through your library. Please bring the device you plan on using to access these digital resources (smartphone, iPad or tablet, laptop, Kindle). To register contact Maeve Murphy, (415) 456-9062 x102 or [mmurphy@vivalon.org](mailto:mmurphy@vivalon.org). The Zoom meeting ID will be provided upon registration. You will need to have a valid library card in Marin County, and know your email address and any application passwords. Participants must already be familiar with the basic knowledge of operating their personal devices.

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## SAN RAFAEL VILLAGE ANNOUNCEMENTS

### **Attention theater lovers!**

Sandy Levitan is a Marin Village volunteer. She is also a theater lover with extensive knowledge of local theater. She'd love to share this passion with you and introduce other villagers to local theater offerings. If you are interested, please send Sandy your name and contact information. When she comes upon a theater experience she is enthused about, Sandy will send you a note and include the date she will be attending, always matinees. You can choose to purchase a ticket for the same performance and meet up with Sandy and other Marin Villagers. Often the attendees go out to dinner together and enjoy a meal while discussing the play. Sandy's contact information is [sandrilevitan12@gmail.com](mailto:sandrilevitan12@gmail.com) or (415) 246-1912.

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## HELP US HELP OTHERS

If you know someone who could use our services or is interested in volunteering with an organization serving older adults in Marin, please have them call the office at (415) 457-4633, or visit our website ([www.marinvillages.org](http://www.marinvillages.org)) for application forms. We always welcome donations to support our work! Please visit <https://marin.helpfulvillage.com/pages/10049-marin-villages---donate> to contribute.

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**Marin Villages** 4340 Redwood Highway, Suite F-142 San Rafael, CA 94903  
(415) 457-4633 [www.marinvillages.org](http://www.marinvillages.org)