



Twin Cities Village Voice

Empowering older adults to remain active, connected,
and independent in the place they call home

June 2023

HAPPY JUNE!

Summer is coming! Weather permitting, this month is sure to be filled with a lot of summer fun! We hope you all had a wonderful May, and are ready for days filled with more sunshine and free time.

WELCOME, NEW MEMBERS AND VOLUNTEERS!

Members: Maria-Teresa Poblete

We look forward to seeing you at an event soon!

TWIN CITIES VILLAGE EVENTS

If you need a ride to any of the events below, please call the office. (415) 457-4633

Food & Drink

Sip 'n' Chat

Tuesday, June 20, 3:30pm

Boca, The Village, Corte Madera



Please join us for this month's Sip 'n' Chat! A great time to catch up with old friends and make new ones. Everyone's invited and there's NO RSVP required. Food and drinks will be provided.

Books

Book Chat

Monday, June 12, 2:00pm

Café Verde, 502 Tamalpais Drive, Corte Madera

Twin Cities Village is hosting a new Book Chat group! We plan to meet at 2:00pm on the 2nd and 4th Monday of the month at Cafe Verde in Corte Madera. Our first meeting will take place on June 12th. The Book Chat format will be as follows: each member will take a turn sharing their review of a book recently read and enjoyed. In sharing our thoughts and opinions, other members of the group will take home ideas and recommendations for their reading pleasure. Members are encouraged to recommend a book that proved to be a great read! The Twin Cities Village Book Chat will be limited to six people. For questions or to sign up, contact Alice Joyce by phone or text at (415) 342-4412 or email at westcoastgrdnwalks@yahoo.com.

Fun & Games

Bocce Ball

Friday, June 23, 2:00 – 4:00pm (note the time change!)

Bocce Federation of Marin, 550 B Street, San Rafael



Summer bocce begins! Please remember: wear comfortable clothing, sunscreen, and a sun hat if needed. No prior bocce experience necessary, just soft-soled shoes and your presence. Come for the company and watch others play if you prefer. Either way, join us!

Village Business

Steering Committee Meeting

Monday, June 12, 10:30am

Outside Peet's in the Bon Air Center

TCV members and volunteers are invited to join the Steering Committee at its monthly meetings. We are exploring ways we can tune the services and activities of Twin Cities Villages to meet the needs and desires of our members, and are constantly looking for new activities that we can implement. Come with your suggestions! Please contact Larry Meredith at larrywmeredith@gmail.com with questions.

OTHER MARIN VILLAGES EVENTS

Men's Coffee

Wednesdays, June 7 & 21, 11:30am



This is an informal gathering with no particular agenda beyond the company of friends. We encourage you, whether a volunteer or member, to come join us. The group meets at restaurants and coffee shops around Mill Valley twice a month. To get more information or to be put on the reminder list for upcoming meetings contact Irv Gubman (irvgubman@gmail.com or (415) 250-6155).

Fathers and Others Day Not Home Alone

Sunday, June 18, 2:00pm

Pacific Catch, 133 Corte Madera Town Center 



Let's celebrate the "Pop stars" in our lives! Fathers, uncles, grandfathers and others. All members and volunteers are welcome! Join Not Home Alone hostess Donnalee Wells and other Marin Villagers for an early Fathers and Others Day dinner. First come, first served. Please **bring cash** for your meal. All attendees must be COVID vaccinated. RSVP ASAP to Donnalee at donnaleewells@comcast.net or text or call (415) 302-9244. Please call the Marin Villages office ASAP if you need a ride. Volunteer rides are limited on holidays.

Technology/Computer Help Office Hours

Wednesday, June 21, 4:00 – 5:30pm

Zoom



Issues with your printer? iPhone not syncing properly? If so, join our volunteer tech support group for the answers to these and all of your other burning technology questions! We look forward to continuing to help solve your frustrating tech problems. This is a space where you can "drop in," ask questions, and receive personalized, individually focused, expert tech advice from some of our wonderful tech volunteers. Even if you'd just like to sit in to learn a little more about technology, we'd love to have you participate! So bring your questions about your computers, tablets, phones, etc., and our dedicated tech volunteers will do the rest. This opportunity is available to all Marin Villages members and volunteers. Please join us at this link: <https://us02web.zoom.us/j/89289995207>!

TWIN CITIES VILLAGE ANNOUNCEMENTS

June birthdays

Best wishes to the following Twin Cities Village members!



June 14, Henry Black
June 21, Marty Schwarz
June 29, Maxine Cohen

AND MORE...

Hungry for something delicious? Try out this lemon bar recipe!

Lemon bars are the perfect summer treat. Follow along with this recipe found online for a sweet treat to enjoy yourself or with family and friends.

Ingredients

FOR THE CRUST

2 c. flour

1/2 c. sugar

1/4 tsp. salt

2 sticks (1 cup) salted butter, cut
into small cubes

FOR THE FILLING

1 1/2 c. sugar

1/4 c. flour

4 whole large eggs

Zest and juice of 4 medium-sized
lemons

Powdered sugar, for sifting

Directions

- 1 | For the crust: Preheat the oven to 350°. Grease a 9-by-13-inch pan with butter. (Use an 8 x 10 pan if you'd like the layers to be a little thicker.)
- 2 | Stir together the flour, sugar, and salt. Add the butter to the bowl and use a pastry cutter to cut it all together until the mixture resembles fine crumbs. Press into the prepared pan and bake until golden around the edges, about 20 minutes.
- 3 | For the filling: Stir together the sugar and flour. Crack in the eggs and whisk to combine. Add the lemon zest and juice and mix until combined. Pour over the crust and bake about 20 minutes.
- 4 | Allow to cool in the fridge for a minimum of 2 hours, then sift powdered sugar over the top before cutting into squares.

Monthly riddle

You might love me in summer but I never like the sun. The hotter the weather, the softer I get. What am I? Answer will be in next month's newsletter!

May's riddle:

What has hands but cannot clap? Answer: A clock

Photos from the Mothers and Others Day Luncheon at Cafe Arrivederci!



Photos from Bocce Ball opening day!

It was a beautiful day and Villagers from across Marin Villages were eager to roll and reconnect with one another. Jean was there to teach all newcomers about the game and its finer points...and she is fabulous!

As you can see from the pictures, it is not all bocce. There is plenty of time for socializing and just hanging out. At half-time we gathered together to raise our glasses in a toast to the 2023 bocce ball season.



HELP US HELP OTHERS

For more than two decades the belief that it takes a village to raise a child has become embedded in our culture. Not as embedded but equally important is the village it takes to provide a comfortable, nurturing, and safe environment for people as they age. You can help.

If you know someone who could use our services or is interested in volunteering with an organization serving older adults in Marin, please have them call the office at (415) 457-4633, or visit our website (www.marinvillages.org) for application forms. We always welcome donations to support our work! Please visit <https://marin.helpfulvillage.com/pages/10049-marin-villages---donate> to contribute.

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