



Twin Cities Village Voice

Empowering older adults to remain active, connected,
and independent in the place they call home

September 2023

HAPPY SEPTEMBER!

The heat wave has been passing through the Twin Cities these past few weeks, but autumn is just around the corner! The warm, relaxing summer is transitioning into what we hope will be a cool and calm fall. Have a great September!

WELCOME, NEW MEMBERS AND VOLUNTEERS!

Members: Chris Adessa, Brian Wanerman

Volunteers: Richard Sideman, Philippa Short

Thank you for giving your time and energy to our village. We look forward to seeing you all at an event soon!

TWIN CITIES VILLAGE EVENTS

If you need a ride to any of the events below, please call the office. (415) 457-4633

Food & Drink

Sip 'n' Chat

Tuesday, September 19, 3:30 – 5:00pm

Boca, The Village, Corte Madera



Please join us for this month's Sip 'n' Chat! A great time to catch up with old friends and make new ones. Everyone's invited and there's NO RSVP required. Food and drinks will be provided.

Books

Book Chat

Book Chat is currently full, but to join the waitlist, please send an email to organizer Alice Joyce at westcoastgrdnwalks@yahoo.com.

Fun & Games

Bocce

Friday, September 22, 1:00 – 3:00pm

Bocce Federation of Marin, 550 B Street, San Rafael



What better way to spend a day than on the bocce court with friends?! Wear comfortable clothing, sunscreen, and a sun hat if needed. No prior bocce experience necessary, just soft-soled shoes and your presence. Come for the company and watch others play if you prefer. Either way, join us! Bring a snack to share with the group. Questions? Call Larry Meredith. (415) 860-2535 Need a ride? Call Marin Villages office. (415) 457-4633

Village Business

Steering Committee Meeting

Monday September 11, 10:30am - 12:00 pm

Peet's in the Bon Air Center

TCV members and volunteers are invited to join the Steering Committee at its monthly meetings. We are exploring ways we can tune the services and activities of Twin Cities Villages to meet the needs and desires of our members, and are constantly looking for new activities that we can implement. Come with your suggestions! Please contact Larry Meredith at larrywmeredith@gmail.com with questions.

OTHER MARIN VILLAGES EVENTS

Not Home Alone—Labor Day FULL

Monday, September 4, 2:00pm

Boca Pizzeria, 454 Ignacio Blvd Novato 



This event is full, but stay tuned for the next Not Home Alone coming soon!

Men's Coffee

Wednesdays, September 6 & 20, 11:30am



This is an informal gathering with no particular agenda beyond the company of friends. We encourage you, whether a volunteer or member, to come join us. The group meets at restaurants and coffee shops around Mill Valley the first and third Wednesdays of the month. To get more information or to be put on the reminder list for upcoming meetings contact Irv Gubman (irvgubman@gmail.com or (415) 250-6155).

Technology/Computer Help Office Hours

Wednesday, September 20, 4:00 – 5:30pm

Zoom



Issues with your printer? iPhone not syncing properly? If so, join our volunteer tech support group for the answers to these and all of your other burning technology questions! We look forward to continuing to help solve your frustrating tech problems. This is a space where you can "drop in," ask questions, and receive personalized, individually focused, expert tech advice from some of our wonderful tech volunteers. Even if you'd just like to sit in to learn a little more about technology, we'd love to have you participate! So bring your questions about your computers, tablets, phones, etc., and our dedicated tech volunteers will do the rest. This opportunity is available to all Marin Villages members and volunteers. Please join us at this link: <https://us02web.zoom.us/j/89289995207>!

COMMUNITY EVENTS

Senior Fair

Thursday, September 7, 9:00am – 3:00pm

Marin Center Exhibit Hall, 10 Avenue of the Flags, San Rafael

After a three-year hiatus, the Senior Fair is happening again! The theme this year is *We're Back, Baby!* Here is the link for more information <https://www.marinseniorfair.org/2023> Join in the fun and stop by our Marin Villages booth #136 to say hi. Look forward to seeing you there!

For our vision-impaired members

Marin Villages has formed a partnership with Vision Impaired of Marin. We now have trained and knowledgeable Marin Villages vetted volunteers who are available to support and resource our vision-impaired members to services specifically to meet their needs. Please contact BJ Slater at the Marin Villages office if you would like to speak with one of these volunteers. (415) 457-4633

Vision Impaired of Marin supports those struggling with their vision, offering programs, support, information, resources and activities. For more information on programs, visit their website, www.bvim.org. To contact them, call (415) 459-5066 or email info@bvim.org.

Ongoing events:

First Wednesday of every month – **Zoom support group** <http://www.bvim.org/support-groups>

Every two-three months – **Luncheon meeting** <https://bvim.org/luncheons>

Second Saturday of each month – **Talking Book Club** <http://www.bvim.org/talking-book-club>

TWIN CITIES VILLAGE ANNOUNCEMENTS

September birthdays



Best wishes to the following Twin Cities Village members!

September 2 - Andrea Dyer
September 3 - Penelope Tyler
September 4 - Inna Mink, Shelli Scher
September 22 - Cameryn Smith
September 24 - Giovanna Pomilia
September 26 - Nikki Meredith

AND MORE...

Monthly riddle

What breaks but never falls, and what falls but never breaks? Answer will be in next month's newsletter!

August's riddle:

What gets bigger the more you take away? **Answer:** A hole!

The Pop-Up Thrift Boutique is coming to life—come help!



Our Pop-Up stores (yes, three of them!) are really shaping up—donations are flowing and we can use your help now.

We are still accepting donations **Fridays and Saturdays, 11:00 – 4:00**. If you are thinking of making a donation, please do it soon, as we are getting full! If you have any of these gently

loved items, we are still especially in need of: kitchenware; linens, including comforters, placemats, towels, table cloths, and decorative pillows; women's purses; and low-heeled shoes.

There are now volunteer shifts for many tasks almost every day of the week. If you are interested in helping receive, evaluate, and sort donations, please email Sue Steele at xerty.10@gmail.com. To help placing clothes on hangers, placing in the correct category and by size and color, and sorting and placing tags on items, email Beth Livoti at llivoti@comcast.net.

Mark your calendars! Sale dates are **Thursday through Saturday, September 28 – 30**. And watch for a separate invitation to our member/volunteer preview sale on Tuesday, September 26, 5:00 – 7:00pm. It's going to be amazing!

Writings from the community

This is to hopefully encourage some more of you to send over photos from anything you've been involved in recently! Travel, activities, games, etc., we want to see it all! Please send photos and copy to *The Village Voice* Editor Cameryn at csmith@redwoodbark.org.

HELP US HELP OTHERS

For more than two decades the belief that it takes a village to raise a child has become embedded in our culture. Not as embedded but equally important is the village it takes to provide a comfortable, nurturing, and safe environment for people as they age. You can help.

If you know someone who could use our services or is interested in volunteering with an organization serving older adults in Marin, please have them call the office at (415) 457-4633, or visit our website (www.marinvillages.org) for application forms. We always welcome donations to support our work! Please visit <https://marin.helpfulvillage.com/pages/10049-marin-villages---donate> to contribute.

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