



Dear friends and neighbors,

Just like that, it is Fall. How did that happen? Once again there is a lot going on in the village, starting off with the Marin Villages Pop-up Store coming right up (see below). For a complete list of all our activities read on. And please do check out our calendar on the Mill Valley Village website (www.mvvillage.org). Many of these activities are designed to welcome newcomers so we hope you will feel free to bring friends to those gatherings. And please invite them to see more by signing up for their own copy of our monthly newsletter. Thanks for spreading the word.

Pop-up Store Update – We're ON!!!
Thursday, Friday, Saturday, September 28 - 30, 11am - 5pm



There will be **three whole stores** this year:

- Women's Boutique with clothing accessories, shoes and purses
- Housewares and Home Decor Store
- Linens, Lamps, Furnishings Variety Store

This is a terrific event with a huge selection of great deals on quality items. Bring family, bring friends, tell your neighbors. Looking forward to seeing you there!

Caregiving and Family - Challenges and Rewards, First Tuesdays at 1pm



Are you caring for a family member or friend? This group meets the first Tuesday of the month at a home near downtown Mill Valley. First convened in early 2015, the group has as its goal providing 'support that recognizes one's inner strengths and resiliency, no matter the circumstances'. If such a group might appeal to you, villagers are invited to contact Sara Byruck (sybruck@gmail.com or 617-599-8116). Sara would be delighted to chat with you to see if it feels right. Give her a call.

Chalk Pastels on Paper A New Workshop!



Let's have some fun with **chalk pastels on paper!** Set aside three Fridays, October 6, 13 and 20th from 1:00 - 3:00pm to come play with us. We are Carol Allen and Sandy Slichter, local artists and villagers who want to share our love of this forgiving medium. Discover how to:

Put almost all the colors on Earth on paper using only 4 pastels,
Lay down a very dark hue and turn it into a tint,
See how simple it is to render grays of every shade,

Or just try out your favorite colors on paper.

Bring an 11" x 14" copy of a favorite abstract or a copy of a photo you've taken. We will also set up a still life for you to render if you come with nothing. No previous experience needed. Remember, we are just playing! First class, we will provide the pastels and the paper. Wear old clothes. It can be messy, but it all cleans up with water. We will meet at a location near downtown.

Mill Valley Villagers (members and volunteers) are invited to contact Carol Allen (allen.carol@comcast.net) for more information or to sign up. Class will be limited to 5 villagers the first time around 'til we get the hang of it!

THE PLAZA GATHERING

Yes...we are doing it again

and again, and again, every Third Thursday!!!

**MEMBERS, VOLUNTEERS, FRIENDS,
FRIENDS OF FRIENDS**

**At the Depot Plaza
4pm on Thursday, October 19th**

We have ordered up another month of good weather so we hope you will come join us once again. This has been such a well-attended, truly relaxed good time that we have opted to make this a regular monthly event. So put it on your calendar! Members, volunteers, friends, friends of friends are all invited to join us each Third Thursday.

We meet on the plaza at the picnic tables at 4pm to hang out, have a little snack and chat, meeting new people and seeing Village friends in person.

Please BYOB (Bring Your Own Beverage) and join us on the plaza Thursday, October 19th at 4pm and every Third Thursday, unless rain cancels. Feel free to bring friends to introduce them to the village. We are a welcoming bunch. See you then.

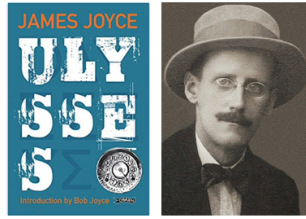
**Join Us at Piatti
Fourth Monday Lunch,
Monday, October 23rd at 1pm**



Please join us for our next Fourth Monday Lunch, October 23rd, when we will return to a local favorite, **Piatti**, known for their homemade pasta as well as other dishes. This will be our first time there as a group since they closed to complete a major remodel, so it has been a while. We are looking forward to checking out their menu once again. In addition to their regular menu we are working with them on offering a few other options that day.

As these luncheons are quite popular we urge you to make sure to reserve your seat as soon as you know you can come. Contact Cathy Dunlap (415-608-8175 or millvalleyvillagenews@gmail.com) no later than the week before so she can make sure there are enough seats reserved for all. See further details in the listing of events at the end of the newsletter.

James Joyce's - *Ulysses* Book Group



This new book group, a unique opportunity for a small group of Mill Valley members and volunteers, kicked off on Thursday, September 14 at 2:00pm. Michael Sheiner, a long-time village volunteer, is leading this new book group. The plan is to read and discuss James Joyce's *Ulysses*. The group meets twice monthly (second and fourth Thursdays) in a location near downtown to discuss what has been read since the last meeting. There is still room for a few more readers so if you are interested in joining or knowing more about such a group, please email her at mks16@pacbell.net.

Recently Watched and Recommended:



If you have not yet been introduced to KQED's PBS Passport, now might be the time. PBS (KQED locally) has always been top of list (along with Marin Villages!) for ongoing donations. So we were delighted to be introduced to this member benefit a few years ago and have become even more pleased as time goes by with both the quantity and quality of the offerings. Simply, as a donor of either \$5/month or an annual gift of \$60 (or more) you get extended access to PBS shows and films, including Masterpiece, Great Performances, American Masters, Austin City Limits, Ken Burns' documentaries, cooking shows and more. And a KQED Passport membership also allows you to "binge" many new Masterpiece series and more before they are broadcast, as well as catch up on older shows. Learn more [here](#).

A few of the favorites we have already watched, loved and recommend include:

Seaside Hotel - one reviewer put it this way "...it's charming, funny and poignant. The characters - hotel guests and staff at a small seaside hotel in northern Denmark, who return each summer - are wonderfully acted in one of the best ensembles I've ever seen." The time period, from 1928 and the events leading to WWII, until a few years after its conclusion, is presented in all its complexity. For more check this [link](#).

Van der Valk - a "fast paced police procedural", set in Amsterdam, features intricate cases, great acting and dialogue that kept us intrigued. Currently in its third season

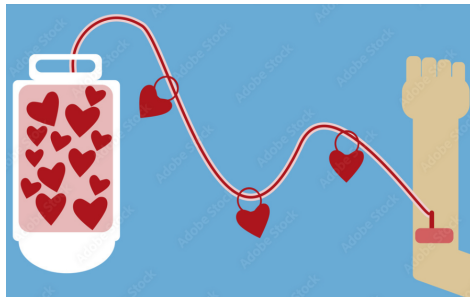
it features Marc Warren as Dutch detective Piet Van der Valk leading an impressive and diverse team working on high-profile cases. See more at this [link](#). Then watch!

The Durrells in Corfu - this adaptation of Gerald Durrell's memoir, *My Family and Other Animals*, is presented in four seasons and follows the Durrell family as they decamp from England to sunny Corfu. It is enormously entertaining and well-acted as it follows the many adventures of this far from conventional and truly fascinating family. Read more about the show at this [link](#).

La Otra Mirada - this drama set in 1920s Seville, deals with a wide-ranging set of issues facing the students and teachers at an academy for women. The first season begins as Teresa, a traumatized woman with a mysterious past arrives at the academy to teach. While set in the 1920s many of the topics are very current. [Here](#) is a link to more information and episode descriptions for the two-season show.

We continue to have many still on our "must watch" list that we have not yet had time for. To help you get an idea of what else awaits you here is a [link to a list of PBS Passport favorites](#) from the KQED website. Oh yes, donating to PBS is a great idea in any case!

S A V E T H E D A T E
Be a Local Hero
Donate at The Outdoor Art Club Blood Drive
November 15th, 10am to 2:45pm



Our wonderful Outdoor Art Club is hosting a blood drive on Wednesday, November 15th from 10am to 2:45pm. Please consider making a donation as your participation will have a huge impact. It's easy, just make an appointment and head downtown. Appointments can be made by calling 877-258-4825 or going to vitalant.org. If you have any further questions please contact Sara Byruck at sbyruck@gmail.com. Thanks in advance.

Events for October

We hope you will join us at one or more of the Mill Valley Village activities listed below. You can also find these events on our website at www.mvvillage.org under either the **Events** or **Calendar** tab. If you know a friend who would like to get our newsletter we hope you will let them know we would be happy to add them to our email list. To request to be sent our once-a-month email newsletter just send us a note at the following email address: millvalleyvillageprograms@gmail.com.

Mondays, October 2, 9, 16, 23 and 30, “Back Before Lunch Hikes”, 9am

These hikes, aimed at those looking for a shorter hiking option than our Friday hikes, have typically been 3.5 to 5 miles long, with an elevation gain of 600-800 feet and lasting about 2 hours. The group meets early Monday mornings and is “back before lunch”. The hike is very popular, not only for the wonderful hiking venues but for the connections forged on the trail. Sara Byruck is the long-time group coordinator and hike leader. For more information or to get on Sara’s email list contact her at sbyruck@gmail.com.

Mondays, October 2, 9, 16, 23 and 30, “Leisurely” Hikes, 8:30 am

This hiking option is for those who would like to get out on the trails but at a more leisurely pace than the “Monday Back Before Lunch” or Friday hikes. The hikes are about two hours long with varying degrees of difficulty based on feedback from the group. We meet in Mill Valley to carpool and at 8:30 head to the hike starting point. If you are interested, please contact Sara Byruck at sbyruck@gmail.com. She is looking forward to hearing from you. As always sturdy shoes and water are essential equipment.

Monday, October 2 and 16, Storytelling Workshops, 2pm

Interested in tackling a story or memoir in a small group format with other villagers?. Aspiring writers, seasoned veterans and those somewhere in between are welcome. We gather twice per month for 90 minutes to read aloud short selections from our works in progress, followed by discussion, quiet writing time and more sharing. Prompts are provided to those looking to jumpstart their creative juices! The group meets the first and third Mondays of each month from 2:00 to 3:30. Please email Cindy at Cindy@theygybe.net for questions and further details.

Tuesday, October 3, Recent Articles Group, 10:10am

Do you sometimes read a great article and want to discuss it with interesting Villagers? Join the Recent Articles Group on the first Tuesday of the month from 10:10 to 11:30. We explore any topic except politics and religion. For details contact Sue Steele (xerty.10@gmail.com or 415-388-7832).

Tuesday, October 3, Caregiving and Family - Challenges and Rewards, 1pm

Are you caring for a family member or friend? This group meets the first Tuesday of the month at a home near downtown Mill Valley. First convened in early 2015, the group has as its goal providing ‘support that recognizes one’s inner strengths and resiliency, no matter the circumstances’. If such a group might appeal to you, villagers are invited to contact Sara Byruck (sbyruck@gmail.com or 617-599-8116). Sara would be delighted to chat with you to see if it feels right. Give her a call.

Tuesdays, October 3, 10, 17, 24 and 31, Knitting and Needlework Group, 3pm

Have a knitting or needlework project you would like to undertake in the company of friends? If so this group might be for you. We meet weekly to discuss potential projects, enjoy each other’s company and encourage each other as progress is made. Beginners are welcome. Mill Valley Village members and volunteers, as well as those interested in finding out more about the village, are welcome to contact Sara Byruck (617-599-8116 or sbyruck@gmail.com) for more information.

Wednesdays, October 4 and 18, Men’s Coffee, 11:30am

This is an informal gathering with no particular agenda beyond the company of friends. We encourage you, whether a volunteer or member, to come join in. The group meets at

restaurants and coffee shops around Mill Valley twice a month. To get more information or to be put on the reminder list for upcoming meetings contact Irv Gubman (415-250-6155 or irvgubman@gmail.com). The group meets the first and third Wednesdays at 11:30am.

Wednesday, October 4, Movie Group, 4pm

Once a month we get together via Zoom to meet, greet, enjoy each other's company and talk about that month's selected movie. In advance, we watch the movie and then talk about what struck us about it, what we liked (or not), what it made us think about, remember or yearn for...and on and on. Mill Valley Village volunteers and members who are interested in joining this group, please contact Seela Lewis (seelalewis@gmail.com).

Fridays, October 6, 13, 20 and 27, Hiking Group, 9am

Our hiking group is for serious hikers wishing to spend the day on the wonderful trails of Marin County. Hikes are scheduled weekly on Fridays and vary from moderate to strenuous. We take 45-60 minute lunch breaks with some of the most beautiful views around. What a great way to get some good healthy exercise and get to know your Village neighbors better! If you are interested in joining us on the trail please contact Julian Brandes (jjb94941@gmail.com or 415-845-8392) for more information.

Fridays, October 6, 13 and 20, 1pm

Let's have some fun with **chalk pastels on paper!** Set aside three Fridays, October 6, 13 and 20th from 1:00 - 3:00pm to come play with us. We are Carol Allen and Sandy Slichter, local artists and villagers who want to share our love of this forgiving medium. No previous experience needed. Remember, we are just playing! First class, we will provide the pastels and the paper. Wear old clothes. It can be messy, but it all cleans up with water. We will meet at a location near downtown. Mill Valley Villagers (members and volunteers) are invited to contact Carol Allen (allen.carol@comcast.net) for more information or to sign up. Class will be limited to 5 villagers the first time around 'til we get the hang of it!

Wednesday, October 11, Coffee at the Sweetwater, 10:30am

Please join us at our monthly get-togethers the second Wednesdays at 10:30 in the Sweetwater Music Hall. It is a casual plan, you come and go as you have time, sit and chat with friends and meet new ones, peruse the "lending library" for books to borrow and generally catch up with other villagers. If you are new to the village it is a great opportunity to get to meet other villagers. Or if you have only heard about the village and would like to know more, dropping by is an easy way to put a toe in the water. Please bring your own "cuppa" as the cafe is not open. Donuts will be provided.

Thursdays, October 12 and 26, James Joyce's *Ulysses* Book Group, 2pm

This group of Mill Valley members and volunteers, led by Michael Sheiner, a long-time village volunteer, meets twice monthly (second and fourth Thursdays) near downtown Mill Valley to discuss what has been read since the last meeting. Given the length of this book, Michael expects the group to meet for over a year. There is room for a few more readers so if you are interested please email her at mks16@pacbell.net.

Tuesday, October 17, Third Tuesday Book Club. 1pm

This recently inaugurated book club, led by Beth Brandes (brb94941@gmail.com) and Carolyn Burwell (carburwell@gmail.com), meets monthly on the third Tuesday of the month. Like the "Third Thursday Book Club", it is kept small to encourage discussion and

camaraderie, and is currently full. When openings become available that opportunity will be posted in the newsletter.

Wednesday, October 18, Third Wednesday Walkers, 10am

We hold 2 - 3 mile flat terrain walks and/or excursions in varied places of interest, urban or rural, ocean or mountain, often carpooling to destinations and staying for lunch at local restaurants. We love to "get outta town"...but mostly within 20 to 40 minutes' drive, or ferry or bus or train ride. Gathering in Mill Valley at 9:30 or 10 am we are usually home by 2. For more information or to get on the list to be sent details one week before the walk, contact Karen Robbins (karobbins@comcast.net or 415-519-3420).

Thursday, October 19, Third Thursday Book Club, 1pm

This long-running monthly book club, led by Ginnie Job continues to meet on the third Thursday of each month. Both book clubs, for local village volunteers and members, are kept small to encourage discussion and camaraderie, and are currently full. When openings become available they will be posted in the newsletter. For questions regarding the Third Thursday Book Club please contact Ginnie Job (ginniejob4@gmail.com).

Thursday, October 19, GATHERING ON THE PLAZA, 4pm

Members, volunteers, friends, friends of friends and curious passers-by are invited to join us at the picnic tables on the Plaza to hang out, have a little snack, get outta the house, meet new people and see Village friends in person. This is a **BYOB** event so bring your favorite beverage (and friends) and come join us. We'll be looking for you!

Monday, October 23, Lunch at Piatti, 1pm

This month, after a very long absence while they remodeled and more, we return to **Piatti**, 625 Redwood Highway. The plan is simple, you bring cash and order what you want, and we add it up, calculate tax and tip and make change. Contact Cathy Dunlap (415-608-8175 or millvalleyvillagenews@gmail.com) as soon as you know you can come, but no later than the week before so she can make sure there are enough seats reserved for all.

**Until next month, stay well.
We look forward to seeing you soon.**

