

MARIN  
VILLAGES



Our Paths - Our Choices

# San Rafael Village

Empowering older adults to remain active, connected,  
and independent in the place they call home

## October 2023 Calendar of Events

*"I said, 'Somebody should do something about that.' Then I realized I am Somebody."  
~Lily Tomlin*

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### WELCOME, NEW MEMBERS AND VOLUNTEERS!

**Members:** Beverly Schwartz, Veronica Campion, Ida Passamonti, Gail Boyd, Aileen Friedman and Sharon Fertitta

**Volunteers:** James Doyle

We look forward to seeing you at our social events and activities!

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### SAN RAFAEL VILLAGE EVENTS

If you need a ride to any of the events below, please call the office. (415) 457-4633

**Game Playing Group** – We are working on the logistics for making this happen. If you are interested and/or have ideas for a venue, we'd like to hear from you. Either private homes or? Contact Joyce Lewbin at (415) 706-3693 or [jlewbin@gmail.com](mailto:jlewbin@gmail.com)

#### **Movie Group**

Sundays, October 1, 8, 15, 22, 29, 7:00pm  
Zoom

San Rafael Village loves our movie group! We meet **on Zoom** on Sundays at 7:00pm every week to discuss, in our highly entertaining but by no means high-brow group, a film selected from Netflix. We invite you to join the talk or just listen. If you are interested in joining the mailing list (invitations are only sent to those who request them), contact Karen Gray at [karenkasavana@gmail.com](mailto:karenkasavana@gmail.com) or (714) 403-3345.

**Book Chat**

Monday, October 2, 2:00pm

Come and share what you have been reading: books, articles, poetry, even old essays or letters. Tell us why you like or don't like it and what drew you to it in the first place. We often go out to a happy hour together afterwards and always enjoy learning from each other. This group will meet at the home of Marilyn Sharpe. If you are new and would like to join, contact Marilyn at (916) 837-4464 for more information.

**San Rafael Village Coffee**

Wednesday, October 11, 2:00pm

Join us for the always fun monthly coffee, hosted this month by Sparkie Spaeth in her Peacock Gap home. Enjoy chatting with Village friends and consider bringing a friend or neighbor to meet our friendly group. Beverages and snacks will be provided. RSVP and get address from Diane Heath at (415) 492-1219 or [dianeheath59@hotmail.com](mailto:dianeheath59@hotmail.com).

**Visit to Angel Island**

Saturday, October 21

San Rafael Villagers are invited to be part of a small group that travels to Angel Island, the second largest island in SF Bay. We will catch the 1:00pm ferry from Tiburon and return on the 3:20 ferry. Shortly after arriving, we will board a tram for a one-hour tram tour that circles the island. On the tram there will be narration that tells the history of the island. There is a cost for the day. The round-trip ferry ride is \$17 and the tram tour is also \$17. We need to make reservations for our group, which will be limited to 15 and you must RSVP by October 14, to be included. Contact Carole Sherick at (415) 300-5220 or [csherick@gmail.com](mailto:csherick@gmail.com) to reserve your place.

**Movies on the Big Screen (with optional dinner after the movie)**

Monday, October 23, afternoon (time will be announced when movie is selected)  
Century Regency Theater\*, 280 Smith Ranch Road

If you are on the email list, you'll receive notification on the prior Wednesday with these details: 1) the selected movie 2) the time to arrive and 3) where we will dine. Bring cash if dining. Open to all Village members and volunteers. To be placed on this email list (or to receive a phone call with the movie info), contact Barbara Olson at [barbara@olson.org](mailto:barbara@olson.org) or (415) 847-6078.

**\*Note that headsets with audio enhancement and video description and closed captioning devices are available at no cost for all movies at this theater. You can request one when you purchase your ticket. Questions or help? Ask Barbara.**

### **San Rafael Village Walkers**

Wednesday, October 25, 11:00am

The NWP Railroad Trail runs on an arrow straight paved and level course through Larkspur and Corte Madera. Its name is derived from the railroad that once made use of this corridor: the Northwestern Pacific Railroad whisked passengers on its electric inter-urban line between Sausalito and San Anselmo until the early 1940s. We will do an out-and-back 2.5-mile walk starting in Corte Madera into Larkspur. Since this is out-and-back, you may end your walk whenever you wish at one of the many benches along the trail. Contact Barbara Olson at (415) 847-6078 or [barbara@olson.org](mailto:barbara@olson.org). (This is a repeat of last month's walk that several people didn't do because of poor air quality. It is a lovely walk, enjoyed by all.) Optional lunch or snack at one of the many places in the nearby Town Center.

### **Villages Book Club**

Thursday, October 26, 11:00am

This month's book selection is *Tom Lake* by Ann Patchett. We will meet at the home of Diane Heath. Everyone is welcome! You don't have to read the book first; just come meet us and see for yourself what a lively group of readers we are. Please call Diane at (415) 492-1219 for more information.

### **Did you know...**

...that you can join in most of the activities and events at our other Marin Villages? There are five other villages: Novato, Twin Cities, Ross Valley, Mill Valley and Tiburon Peninsula. Check out their calendars on the Marin Villages website, [https://marin.helpfulvillage.com/events?all\\_villages=1](https://marin.helpfulvillage.com/events?all_villages=1).

### **Village Business**

#### **Membership/Volunteer Committee**

CANCELED THIS MONTH

Help recruit new members and volunteers and support the ones we have. Contact Jane Solomons at (415) 492-8041 or [cartersolo@comcast.net](mailto:cartersolo@comcast.net).

### **Program Committee**

Friday, October 13, 2:00pm

Join us to help plan and implement activities and social events for our members and volunteers. Contact Carole Sherick at [csherick@gmail.com](mailto:csherick@gmail.com) or (415) 300-5220.

### **Steering Committee**

Friday, October 20, 2:30pm

Are you interested in helping guide and further expand San Rafael Village? Do you have organizational and administrative skills you can contribute? If so, please contact Sparkie Spaeth at [oksparkie@aol.com](mailto:oksparkie@aol.com) or (415) 250-3172.

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## **OTHER MARIN VILLAGES EVENTS**

### **Men's Coffee**

Wednesdays, October 4 & 18, 11:30am



This is an informal gathering with no particular agenda beyond the company of friends. We encourage you, whether a volunteer or member, to come join us. The group meets at restaurants and coffee shops around Mill Valley the first and third Wednesdays of the month. To get more information or to be put on the reminder list for upcoming meetings contact Irv Gubman ([irvgubman@gmail.com](mailto:irvgubman@gmail.com) or (415) 250-6155).

### **Technology/Computer Help Office Hours**

Wednesday, October 18, 4:00 – 5:30pm

Zoom



Issues with your printer? iPhone not syncing properly? If so, join our volunteer tech support group for the answers to these and all of your other burning technology questions! We look forward to continuing to help solve your frustrating tech problems. This is a space where you can "drop in," ask questions, and receive personalized, individually focused, expert tech advice from some of our wonderful tech volunteers. Even if you'd just like to sit in to learn a little more about technology, we'd love to have you participate! So bring your questions about your computers, tablets, phones, etc., and our dedicated tech volunteers will do the rest. This opportunity is available to all Marin Villages members and volunteers. Please join us at this link: <https://us02web.zoom.us/j/89289995207>!

### **Bocce**

Friday, October 27, 1:00 – 3:00pm

Bocce Federation of Marin, 550 B Street, San Rafael



What better way to spend a day than on the bocce court?! Wear comfortable clothing, sunscreen, and a sun hat if needed. No prior bocce experience necessary, just soft-soled shoes and your presence. Come for the company and watch others play if you prefer. Either way, join us! Bring a snack to share with the group. Questions? Call Larry Meredith. (415) 860-2535 Need a ride? Call Marin Villages' office. (415) 457-4633

### **Not Home Alone—Halloween early supper and costume party**

Tuesday, October 31, 2:00pm

The Club at McInnis Park, 350 Smith Ranch Road, San Rafael



Join your hostess Donnalee Wells and other Villagers for the biggest Not Home Alone of the year! All Villages members and volunteers are welcome. Costumes are fun but optional. We'll be at one of our favorite venues, The Club Restaurant at McInnis Park Golf Center. Menu to be determined but will include choice of chicken, fish, meat, or vegetarian entree. Drinks may be

purchased separately from the bar. First come, first served, space is limited, and RSVP is required. Please bring **CASH** for your meal, no credit cards. All attendees must be vaccinated. Please RSVP to Donnalee Wells by email, phone, or text at [donnaleewells@comcast.net](mailto:donnaleewells@comcast.net) or (415) 302-9244. Volunteer rides may be limited.

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## COMMUNITY EVENTS

### **Vivalon Library Thursday**

Thursday, October 5, 2:00 – 3:00pm

In-person/remote

The first Thursday of each month a librarian from San Rafael Public Library will assist patrons in accessing and using free digital resources provided to you through your library. Please bring the device you plan on using to access these digital resources (smartphone, iPad or tablet, laptop, Kindle). To register contact Maeve Murphy, (415) 456-9062 x102 or [mmurphy@vivalon.org](mailto:mmurphy@vivalon.org). The Zoom meeting ID will be provided upon registration. You will need to have a valid library card in Marin County, and know your email address and any application passwords. Participants must already be familiar with the basic knowledge of operating their personal devices.

### For our vision-impaired members

Vision Impaired of Marin supports those struggling with their vision, offering programs, support, information, resources and activities. For more information on programs, visit their website, [www.bvim.org](http://www.bvim.org). To contact them, call (415) 459-5066 or email [info@bvim.org](mailto:info@bvim.org).

### **Ongoing events:**

First Wednesday of every month – **Zoom support group** <http://www.bvim.org/support-groups>

Every two-three months – **Luncheon meeting** <https://bvim.org/luncheons>

Second Saturday of each month – **Talking Book Club** <http://www.bvim.org/talking-book-club>

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## HELP US HELP OTHERS

If you know someone who could use our services or is interested in volunteering with an organization serving older adults in Marin, please have them call the office at (415) 457-4633, or visit our website ([www.marinvillages.org](http://www.marinvillages.org)) for application forms. We always welcome donations to support our work! Please visit <https://marin.helpfulvillage.com/pages/10049-marin-villages---donate> to contribute.

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(415) 457-4633 [www.marinvillages.org](http://www.marinvillages.org)