



San Rafael Village

Empowering older adults to remain active, connected,
and independent in the place they call home

February 2024 Calendar of Events

"No act of kindness, no matter how small, is ever wasted." ~Aesop

WELCOME, NEW MEMBERS!

Barbara Webb, Inez Blumenthal, Suzan Berns, Marlene Boitano, Jan Kapash, Annabelle Wasserman, Peter Kosiba

We look forward to seeing you at our social events and activities!

SAN RAFAEL VILLAGE EVENTS

If you need a ride to any of the events below, please call the office. (415) 457-4633

Movie Group

Sundays, February 4, 11, 18, 25, 7:00pm
Zoom

San Rafael Village loves our movie group! We meet **on Zoom** on Sundays at 7:00pm every week to discuss, in our highly entertaining but by no means high-brow group, a film selected from Netflix. We invite you to join the talk or just listen. If you are interested in joining the mailing list (invitations are only sent to those who request them), contact Karen Gray at karenkasavana@gmail.com or (714) 403-3345.

Book Chat

Monday, February 5, 2:00pm

Do you have a poem or short story to share? If so, consider joining us in the San Rafael Village Book Chat. Come and share what you have been reading: books, articles, poetry, even old letters or essays. Tell us why you like or don't like it and what drew you to it. We will meet this month at the home of Marilyn Sharpe. We often go out for happy hour afterward and always enjoy learning from each other! For more information and to RSVP contact Val Stilson at (628) 269-7071 or valerie.stilson@sbcglobal.net.

Writers' Workshop

Tuesdays, February 6 & 20, 1:30pm

Come celebrate your gift of writing. Have fun, develop your skill, create new ideas, get feedback and support, and meet new writing friends in a relaxed, fun workshop atmosphere. Whether you want to write a book, poem, article, short story, or memoir, there will be something here for everyone. Meetings will be twice monthly on the first and third Tuesdays from 1:30 – 4:00pm at the home of Valerie Stilson (who will be your hostess and convener) in Novato. For more information and to RSVP please contact Valerie at (628) 269-7071 or valerie.stilson@sbcglobal.net.

San Rafael Village Coffee

NO COFFEE THIS MONTH

San Rafael Village Walkers

Thursday, February 15, 11:00am

Walk from Bon Air Shopping Center towards Larkspur

We will take a picturesque two-mile, out-and-back paved walk that will parallel Corte Madera Creek. There are bathrooms and benches along the way. What more could you want? Meet in front of Peet's at the shopping center. Optional: join us for lunch after the walk at one of the many eating venues at Bon Air. For questions and/or to RSVP, contact Carole at csherick@gmail.com or (415) 300-5220.

Game Playing Group

Wednesday, February 21, 2:00pm

It's always a good time when you join other San Rafael Villagers sitting around a card table! The game of choice for now is Rummikub. It is a combination of luck and some skill that provides enjoyment for a couple of hours. No experience necessary! We limit the group to 12 and you must sign up each month to be counted. We will put you on a waiting list if needed. For questions and/or to RSVP, contact Carole at csherick@gmail.com or (415) 300-5220.

Villages Book Club

Thursday, February 22, 12:30pm

The book for February is *Absolution* by Alice McDermott. Everyone is welcome! You don't have to read the book first; just come meet us and see for yourself what a lively group of readers we are. Please call Karen Gray at (714) 403-3345 for more information.

Movies on the Big Screen (with optional dinner after the movie)

Monday, February 26, afternoon (time will be announced when movie is selected)

Cinemark Century, Northgate

If you are on the email list, you'll receive notification on the prior Wednesday with these details: 1) the selected movie 2) the time to arrive and 3) where we will dine. Bring cash if dining. Open to all Village members and volunteers. To be placed on this email list (or to receive a phone call with the movie info), contact Barbara Olson at barbara@olson.org or (415) 847-6078.

San Rafael Village Men's Coffee *New!*

Wednesday, February 28, 11:00am

Peet's Coffee, Redhill Shopping Center, San Anselmo

Attention male members and volunteers! This is an opportunity to meet new friends over coffee and a muffin at Peet's while you chat about whatever is on your mind. Your host and facilitator will be Jeff Hashemi, who is open to your suggestions at this first meeting on how to move the group forward. For questions and to RSVP, contact Jeff at (415) 747-5217 or harmony94901@aol.com

Happy Hour!

Thursday, February 29, 4:00pm

Come celebrate Leap Year with San Rafael Village at the always popular and fun Happy Hour! We will provide light appetizers and you will buy a beverage of your choice. Save the date and look for an email with further information on the time and location later in the month.

Did you know...

...that you can join in most of the activities and events at our other Marin Villages? There are five other villages: Novato, Twin Cities, Ross Valley, Mill Valley and Tiburon Peninsula. Check out their calendars on the Marin Villages website, https://marin.helpfulvillage.com/events?all_villages=1.

Village Business

Program Committee

Friday, February 9, 2:00pm

Join us to help plan and implement activities and social events for our members and volunteers. Contact Carole Sherick at csherick@gmail.com or (415) 300-5220.

Membership/Volunteer Committee

Wednesday, February 14, 10:00am

Zoom

Help recruit new members and volunteers and support the ones we have. Contact Jane Solomons at (415) 492-8041 or cartersolo@comcast.net.

Steering Committee

CANCELED THIS MONTH

Are you interested in helping guide and further expand San Rafael Village? Do you have organizational and administrative skills you can contribute? If so, please contact Sparkie Spaeth at oksparkie@aol.com or (415) 250-3172.

OTHER MARIN VILLAGES EVENTS

Not Home Alone Valentine's Day

Wednesday, February 14, 2:00pm

Red Rooster Restaurant 901 B St, San Rafael
Corner of Third Street



Join your hostess Donnalee Wells and other Villagers to celebrate Valentine's Day for an early supper at Red Rooster Restaurant—one of BJ's favorite restaurants! Always a fun time and a great opportunity to share the holiday with old and new friends. Fixed-price menu will be emailed to you upon your request or RSVP, **which is required**. First come, first served, and space is limited. Please bring **CASH** for your meal, no credit cards. RSVP to Donnalee Wells by email, phone, or text at donnaleewells@comcast.net or (415) 302-9244.

Technology/Computer Help Office Hours

Wednesday, February 21, 4:00 – 5:30pm

Zoom



Issues with your printer? iPhone not syncing properly? If so, join our volunteer tech support group for the answers to these and all of your other burning technology questions! We look forward to continuing to help solve your frustrating tech problems. This is a space where you can "drop in," ask questions, and receive personalized, individually focused, expert tech advice from some of our wonderful tech volunteers. Even if you'd just like to sit in to learn a little more about technology, we'd love to have you participate! So bring your questions about your computers, tablets, phones, etc., and our dedicated tech volunteers will do the rest. This opportunity is available to all Marin Villages members and volunteers. Please join us at this link: <https://us02web.zoom.us/j/89289995207!>

COMMUNITY EVENTS

For our vision-impaired members

Marin Villages has a partnership with Vision Impaired of Marin. We have trained and knowledgeable Marin Villages vetted volunteers who are available to support and resource our vision-impaired members to services specifically to meet their needs. Please contact BJ Slater at the Marin Villages office if you would like to speak with one of these volunteers. (415) 457-4633 Vision Impaired of Marin supports those struggling with their vision, offering programs, support, information, resources and activities. For more information on programs, visit their website, www.bvim.org. To contact them, call (415) 459-5066 or email info@bvim.org.

Ongoing events:

First Wednesday of every month – **Zoom support group** <http://www.bvim.org/support-groups>

Every two-three months – **Luncheon meeting** <https://bvim.org/luncheons>

Second Saturday of each month – **Talking Book Club** <http://www.bvim.org/talking-book-club>

HELP US HELP OTHERS

If you know someone who could use our services or is interested in volunteering with an organization serving older adults in Marin, please have them call the office at (415) 457-4633, or visit our website (www.marinvillages.org) for application forms. We always welcome

donations to support our work! Please visit <https://marin.helpfulvillage.com/pages/10049-marin-villages---donate> to contribute.

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