



San Rafael Village

October 2018 Newsletter

2018		October				
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	01 Death Café 2:00	02	03 First Wednesday Coffee - 2:00	04	05	06
07	08 Movie Group 4:00	09	10 Membership/ Volunteer Committee 1:00 Trip to Potomac Yacht 11:00 start	11	12 Program Committee 1:30	13
14	15	16 Scrabble 2:30	17 Book Chat 3:00- 4:30	18	19 Steering Committee 1:30	20
21	22	23 Lunch Out! 11:30	24	25 Book Club 2:00	26 Memoir Writing Group 2:00	27
28	29	30	31	01	02	03

Information on San Rafael Village events for October, 2018

Monday, October 1 2:00PM **DEATH CAFÉ**

Now meeting on the first Monday of each month. Comprised of a diverse group of (believers and non), those in attendance for the first Death Café went away feeling lighter and grateful for the experience. Expertly facilitated by Jackie Hewitt, participants welcomed the issues and experiences of others. Laughter and commiseration kept the event remarkably lively. Due to the popularity of this event, it is limited to members and volunteers only. MUST RSVP TO BE INCLUDED. Call Marin Villages at 415-457-4633 or info@marinvillages.org

*Note that the Death Café has become extremely popular. If you are interested in attending the November 5th Café, please contact Marin Villages to reserve a space.

Wednesday, October 3 2:00PM **FIRST WEDNESDAY COFFEE**

This month, we will share coffee, tea and treats at a new location. We have been invited by San Rafael Village member, Kat Braeman, to the Unitarian Universalist Congregation of Marin. The program, "It Takes A Village," will explore "If you really knew me, you would know..."

Unitarian Universalist Congregation
240 Channing Way, San Rafael.

Please RSVP to Village Coffee Coordinator: Joy Bloom at joy@ejbloom.com or 415-717-0173.

Monday, October 8 at approx. 4:00PM **MOVIE GROUP**

We meet for late afternoon movie and dinner. On the Thursday before the second Monday of each month (our monthly movie date), those Villages on the movie-goers list will receive notice of which movie has been chosen. If interested in becoming part of this group and receiving monthly notices, contact Joan Hartwell at joanh@aol.com or 415-479-9101

Wednesday, October 10 1:00PM **MEMBERSHIP/VOLUNTEER COMMITTEE**

Help us recruit new members and volunteers. Contact Jane Solomons at 415-492-8041 or cartersolo@comcast.net for more information.

Wednesday, October 10 11:00AM **TRIP TO "POTOMAC" YACHT**

Join us on a trip to the "floating White House," in Jack London Square. This was President Franklin Roosevelt's personal yacht during his years of service. This outing is limited to 18 guests. We will meet at the Smith Ranch Park and Ride promptly at 11:00AM. Members and volunteers are invited to join us. Lunch out will follow the tour. For more information and to RSVP, please contact Carole Sherick at csherick@gmail.com or 415-479-0930.

Friday, October 12 1:30PM **PROGRAM COMMITTEE**

Help plan and implement the many social events and programs offered by San Rafael Village. Contact Carole Sherick at 415-479-0930 or csherick@gmail.com for more information.

Tuesday, October 16 2:30PM **SCRABBLE**

This is a casual game on the third Tuesday of the month. If you are interested in playing, please contact Barbara Rozen at broze@att.net or 415-472-6610.

Wednesday, October 17 3:00-4:30PM **BOOK CHAT**

Newcomers welcome! Participants describe a book they've read recently or in the past, or just listen. Meeting this month at the home of Alison Fuller. Contact Barbara Rozen at 415-472-6610 or broze@att.net for more information and to RSVP. PLEASE NOTE: IT IS NECESSARY TO RSVP **24 HOURS** IN ADVANCE.

Friday, October 19

1:30PM

STEERING COMMITTEE

Contact Sparkie Spaeth at 415-250-3172 or oksparkie@aol.com

Tuesday, October 23

11:30AM

LUNCH OUT!

Our October Lunch Out will revisit a favorite place everyone has enjoyed, and the food is delicious! We can look forward to a “stunning outdoor deck and captivating view of the San Rafael Harbor...exciting variety of foods that tantalize every taste, and a homey, cozy experience.” In addition, they have VALET PARKING! Please be prepared to pay in cash and add a 20% tip, in exchange, we will be given individual checks.

Pier 15 Restaurant, 15 Harbor Street, San Rafael. Please RSVP to Val Stilson at valerie.stilson@sbcglobal.net or call 415-479-1439

Thursday, October 25

2:00PM

BOOK CLUB

Now meeting on the fourth Thursday of the month in a private home in Terra Linda. This month we will be reading “Americanah,” by Chimamanda Ngozi Adichie. By all accounts this is a very enjoyable read. Join us for a stimulating and entertaining discussion. If interested please call Karen Gray at 714-403-3345.

Friday, October 26

2:00PM

MEMOIR WRITING GROUP

Susan Mines facilitates our Memoir Writing Group. Contact Susan at souzele@comcast.net or 415-479-0351 for information.

Are you a theater lover? Do you especially enjoy local small theater? Sandy Levitan, a Village volunteer, has been promoting and enjoying the local theater scene for a long time. You may know her through her involvement with OLLIE program. She is offering to share her knowledge with Marin Village theater lovers. Are you interested? Would you like to get notice of the productions that Sandy recommends? Contact Sandy at sandrilevitan@comcast.net. Or 415-246-1912.

Marin Senior Fair

Wednesday, October 24 9:00 am – 3:00 pm

Marin Exhibit Hall

Avenues of the Flags, San Rafael

Special Offers for Twin Cities Villages Members

Join Marin Villages at the FREE event, featuring over 130 exhibitors with valuable information and resources, including legal and financial services, housing and transportation, fitness, hobbies and activities, technology and more. There will be music and entertainment abound.

We are looking for volunteers to help us at our booth. If you are interested in filling a 2-hour shift.

Special Events “Around the Villages”

Aging...BETTER

A Marin Village Community Event

WHEN: Saturday, October 6, 2018 1 – 4 p.m.

WHERE: Novato City Hall, 901 Sherman Ave., Novato

SPEAKERS:

- José Alberto López-Domínguez, Ph.D., Buck Institute for Research on Aging, will address the current understanding of the aging process in relation to the development of degenerative diseases such as Alzheimer’s and Parkinson’s.
- Richard Caro, Ph.D., co-founder of Tech-enhanced Life, a Public Benefit corporation with the mission of improving the quality of life of older adults and their families, will discuss his work focusing on the intersection of aging and technology.
- Lisa Brinkmann, Executive Director of Marin Villages, will speak about our services, programs and support for helping older adults remain active, connected and independent in the place they call home.

Join us for this interactive event. Refreshments will be served. Call 415-457-4633 to register.

Sudha's Treasures is Returning!

Town Center in Corte Madera

(Same location as last year next to Crate & Barrel)

You're invited to the

Sneak Preview Party

**Friday, October 26th from 4-8 PM
6PM**

Hors d'oeuvres and Wine served

Wholesale prices - jewelry, gifts, & scarves.

Get your holiday shopping done early!

Store opening

October 27 - November 11 10AM -

You are warmly invited to meet celebrated designer, Sudha Pennathur, at the sale of her rare collection of jewelry, scarves, and holiday gifts created by Master Craftsmen of India. Sudha’s unique designs are featured in such prestigious stores as Bergdorf Goodman, Neiman Marcus, Harrods, Saks Fifth Ave, The Smithsonian, and the Sundance Catalog. Sudha will be donating all proceeds of the sale to: Berkeley Rep, Whistlestop, North Bay Children's Center and Marin Villages.