



Dear friends and neighbors,

As May approaches many of us are either thinking about, procrastinating or actually working on “spring cleaning”. We were in the midst of pulling items out of closets and wondering what to do with them when news of a June Pop-Up Sale came to our attention. We were delighted, problem solved and motivation provided. See the article further below for how you can both donate your soon-to-be treasures as well as help out.

SHOWCASE AND SPRING PARTY
Featuring
Mill Valley Village Artists and Creators
Saturday, May 18th
2:00 - 5:00pm
Scout Hall at 177 East Blithedale and 30 Mountain View Ave



Drop in for Sips and Snacks
Celebrate Spring and our Creative Community
Applaud our Artists
Chat with your Village Friends

Your fellow villagers will be there to share their paintings, drawings, collages, fabric art, quilting, knitting, photography, sculpture, ceramics and handwork, as well as written works of fiction, poetry and more. AND this is a family and friend event so please invite all to join us at what should be a very fun time. Looking forward to seeing you there.

THE PLAZA GATHERING

Yes...we are doing it again
every Third Thursday at 4pm
Members, Volunteers, Friends,
Friends of Friends
At the Depot Plaza

Thursday, May 16th

Please consider dropping by for our next gathering on the plaza. Now that the weather is warming it is a special treat meeting and greeting outside. Members, volunteers, friends, friends of friends are all invited to join us each Third Thursday. We meet at the picnic tables at 4pm to hang out, have a little snack and chat, meeting new people and seeing Village friends in person. This is a very low-key, relaxed time with a bit of everything, from snacks to beverages to M&Ms to popcorn to some of our favorite four-legged friends. You are welcome to BYOB (Bring Your Own Beverage) and join us. We are usually around for an hour or more so plan accordingly. And please feel free to bring friends and introduce them to the village. We are a welcoming bunch.

Marin Villages 2024 Pop-up Thrift Boutique: June 6 - 10th
Now Taking Donations of Gently Used Items
Fridays and Saturdays 11 - 4 - until FULL



Yes, the Pop-Up is happening EARLY this year. The sale will run **June 6 - 10**, but first, your donations are needed! If you have been spring cleaning, this is the perfect place for your lightly loved items. Your donations of gently used goods can be dropped off **Fridays and Saturdays, 11:00am - 4:00pm**, until they are FULL. Each year they reach capacity and eventually have to turn donations away, so don't be disappointed, the sooner you donate the better.

Curbside drop-off is located between mall entrances on the east side of the Northgate Mall, just across the parking lot from HomeGoods. There will be a sign on the sidewalk outside (near the Cinemark Century Theater entrance) letting you know you're in the right place. Just pull right up to the curb at the sign.

They will gladly ACCEPT:

- Women's clothing, accessories, shoes and purses
- Jewelry
- Artwork and collectibles
- Kitchenware
- Home decor items, including small-scale furnishings, rugs, lamps and baskets
- Games and puzzles
- Linens
- Luggage

Due to space constraints this year they CANNOT accept:

- Large furniture
- Men's clothing or shoes
- Sports equipment
- Kid's clothing
- Toys
- Tools or gardening equipment
- Computers, monitors or other electronics
- Office supplies
- Books
- CDs & DVDs (no VHS or Betamax either!)

If you are able to volunteer to help collect and sort items (it's fun!), please contact John Power (john@marinvillages.org or 415-457-4633).

**Join us at Gravity Tavern for Lunch
Monday (Memorial Day) May 27th at 1pm**



Our fourth Monday lunches are a great opportunity to catch up with village friends and meet others. This month we return for our second foray to Gravity Tavern, after a very successful first visit a while back. As these luncheons are quite popular we urge you to make sure to reserve your seat as soon as you know you can come. Contact Cathy Dunlap (415-608-8175 or millvalleyvillagenews@gmail.com) no later than the week before so she can make sure there are enough seats reserved for all. Please bring cash.

Are You Signed Up for AlertMarin?



On March 23rd at 10:00 am the County of Marin tested our local emergency warning system by sending out a test message. If you did not receive it, you may not be registered. This alert system may save your life, in a real emergency. So be sure that you (and your neighbors and family) are signed up at AlertMarin.org.

Mill Valley Village - May Events

We hope you will join us at one or more of the Mill Valley Village activities listed below. You can also find these events on our website at www.mvvillage.org under either the **Events** or **Calendar** tab. To request to be sent our monthly newsletter by email just send a note to us at: millvalleyvillageprograms@gmail.com. And be sure to look for upcoming Marin Villages events in the *Village Square*, sent to all villagers the second Tuesday of the month.

Wednesdays, May 1 and 15, Men's "Coffee", 11:30am

This is an informal gathering with no particular agenda beyond the company of friends. We encourage you, whether a volunteer or member, to come join in. The group meets at restaurants around Mill Valley the first and third Wednesdays at 11:30am. To be put on the reminder list for meetings contact Irv Gubman (415-250-6155 or irvgubman@gmail.com).

Wednesday, May 1, Movie Group, 4pm

Once a month we get together via Zoom to meet, greet, enjoy each other's company and talk about that month's selected movie. In advance, we watch the movie and then talk about what struck us about it, what we liked (or not), what it made us think about, remember or yearn for...and on and on. Mill Valley Village volunteers and members who are interested in joining this group, please contact Seela Lewis (seelalewis@gmail.com).

Fridays, May 3, 10, 17, 24 and 31 "All Day" Hiking Group, 9am

Our hiking group is for serious hikers wishing to spend the day on the wonderful trails of Marin County. Hikes are scheduled weekly on Fridays and vary from moderate to strenuous. We take 45-60 minute lunch breaks with some of the most beautiful views around. What a great way to get some good healthy exercise and get to know your Village neighbors better! If you are interested in joining us on the trail please contact Julian Brandes (jjb94941@gmail.com or 415-845-8392) for more information.

Mondays, May 6, 13, 20 and 27, “Back Before Lunch Hikes”, 9am

These hikes, aimed at those looking for a shorter hiking option than our Friday hikes, have typically been 3.5 to 5 miles long, with an elevation gain of 600-800 feet and lasting about 2 hours. The group meets early Monday mornings and is “back before lunch”. The hike is very popular, not only for the wonderful hiking venues but for the connections forged on the trail. Sara Byruck is the long-time group coordinator and hike leader. For more information or to get on Sara’s email list contact her at sbyruck@gmail.com.

Mondays, May 6 and 20, Storytelling Workshops, 2pm

We gather twice per month for 90 minutes to read aloud short selections from our works in progress, followed by discussion, quiet writing time and more sharing. The group meets the first and third Mondays of each month from 2:00 to 3:30. The group is currently full. Please email Cindy at Cindy@theygybe.net for questions and further details.

Tuesday, May 7, Recent Articles Group, 10:10am

Do you sometimes read a great article and want to discuss it with interesting Villagers? Join the Recent Articles Group on the first Tuesday of the month from 10:10 to 11:30. We explore any topic except politics and religion. For details contact Sue Steele (xerty.10@gmail.com or 415-388-7832).

Tuesday, May 7, Caregiving and Family - Challenges and Rewards, 1pm

Are you caring for a family member or friend? This group meets the first Tuesday of the month at a home near downtown Mill Valley. First convened in early 2015, the group has as its goal providing “support that recognizes one’s inner strengths and resiliency, no matter the circumstances”. If such a group might appeal to you, villagers are invited to contact Sara Byruck (sbyruck@gmail.com or 617-599-8116). Sara would be delighted to chat with you to see if it feels right. Give her a call.

Tuesdays, May 7, 14, 21 and 28, Knitting and Needlework Group, 3pm

Have a knitting or needlework project you would like to undertake in the company of friends? If so this group might be for you. We meet weekly to discuss potential projects, enjoy each other’s company and encourage each other as progress is made. Beginners are welcome. Mill Valley Village members and volunteers are welcome to contact Sara Byruck (617-599-8116 or sbyruck@gmail.com) for more information.

Wednesday, May 8, Coffee at the Sweetwater, 10:30am

Please join us at our monthly get-togethers second Wednesdays at 10:30 in the Sweetwater Music Hall. It is a casual plan, you come and go as you have time, sit and chat with friends and meet new ones. It is a great opportunity to get to meet other villagers and get to know more about the village. You are welcome to bring your own “cuppa” as the cafe is not open, although a pot of coffee and donuts are provided.

Wednesday, May 15, Third Wednesday Walkers, 10am

We hold 2-3 mile flat terrain walks or excursions in places of interest, urban or rural, ocean or mountain, often carpooling to destinations and staying for lunch at local restaurants. We love to “get outta town”...but mostly within 20 to 40 minutes’ drive, or ferry or bus or train ride. Gathering in Mill Valley at 9:30 or 10 we are usually home by 2. To get on the list to be sent details contact Karen Robbins (415-519-3420 or karobbins@comcast.net).

Thursday, May 16, Third Thursday Book Club, 1pm

This book club meets the third Thursday of each month. Both book clubs, for local village volunteers and members, are kept small to encourage discussion and camaraderie, and are currently full. When openings become available they will be posted in the newsletter. For questions please contact Ginnie Job (ginniejob4@gmail.com).

Thursday, May 16, GATHERING ON THE PLAZA, 4pm

Members, volunteers, friends, friends of friends and curious passers-by are invited to join us at the picnic tables on the Plaza to hang out, have a little snack, get outta the house, meet new people and see Village friends in person. This is a **BYOB** event so bring your favorite beverage (and friends) and come join us. We'll be looking for you!

Saturday, May 18th, Showcase and Spring Party, 2 - 5pm

Please come join us for sips and snacks as we celebrate Spring, our village community and all sorts of creativity. We will be at Scout Hall from 2 - 5 and hope you will drop by to enjoy the company and the works on display. There are two entrances - an accessible entry at 30 Mountain View Avenue and an entry with steps at 177 East Blithedale. Volunteers and members, please consider offering rides to friends and neighbors to reduce the number of cars and to make drop-offs easier. And if you are one of the heartier groups able to walk a block or two, parking a short walk away will leave closer spaces for those who need them. Thanks for your help on this. AND this is a family and friend event so please invite all to join us at what should be a very fun event. Hope to see you there.

Tuesday, May 21, Third Tuesday Book Club. 1pm

This book club, led by Beth Brandes (brb94941@gmail.com) and Carolyn Burwell (carburwell@gmail.com), meets monthly on the third Tuesday. Like the "Third Thursday Book Club", it is kept small to encourage discussion and camaraderie, and is currently full. When openings become available that opportunity will be posted in the newsletter.

Monday, May 27, Gravity Tavern, 1pm

This month we return to downtown Mill Valley and **Gravity Tavern**. Our first visit there was a big success. The plan is simple, you bring cash, order what you want, and we add it up, calculate tax and tip and make change. Contact Cathy Dunlap (415-608-8175 or millvalleyvillagenews@gmail.com) as soon as you know you can come, but no later than the week before so we have enough seats reserved for all.

Mill Valley Village - Ongoing Programs



Back Before Lunch Hike - Mondays



Knitting and Needlework Group - Tuesdays



Hiking Group - Fridays



Recent Articles Group - First Tuesday



Caregiving Discussion Group - First Tuesday



Movie Group - First Wednesday



Coffee at the Sweetwater - Second Wednesday



Book Club - Third Tuesday



Third Wednesday Walkers - Third Wednesday



Book Club - Third Thursday

**JOIN US
On The PLAZA**

MEMBERS
VOLUNTEERS
FRIENDS
FRIENDS OF FRIENDS

Plaza Gathering - Third Thursday



Lunch Group - Fourth Monday



Storytelling Workshops - First and Third Mondays



Men's Coffee - First and Third Wednesdays

**Until next month, stay well.
We look forward to seeing you soon.**

